

The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

HAND CYCLING RESULTS

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1546	ALASTAIR	CORPS-BELL	1	00:47:25	1	00:47:25	1	M	1	M40	UK HANDCYCLING ASS

OPEN RACE RESULTS

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1534	IAN	CRAMPTON	1	01:13:13	1	01:13:13	1	M	1	M40	DURHAM CITY HARRIERS
1062	ALAN	SHEPHERD	2	01:13:41	2	01:13:39	2	M	2	M40	MORPETH HARRIERS
1642	RICHARD	LOWSON	3	01:14:47	3	01:14:46	3	M	1	MSNR	YORK KNAVESMIRE HARRIERS
781	MICHAEL	PLUCKROSE	4	01:15:26	4	01:15:25	4	M	3	M40	CARLISLE TRI
1737	DANIEL	FLINT	5	01:15:55	5	01:15:53	5	M	2	MSNR	BLAYDON RUNNERS
544	COLIN	ROBSON	6	01:16:29	6	01:16:27	6	M	3	MSNR	UNATT
1660	DAVID	DANIELS	7	01:16:34	7	01:16:32	7	M	4	MSNR	UNATT
1585	JOHN	FRENCH	8	01:16:41	8	01:16:41	8	M	5	MSNR	UNATT
567	GARY	MOORE	9	01:16:44	9	01:16:42	9	M	4	M40	NORTH SHIELDS
865	SAM	WALSH	10	01:17:57	10	01:17:54	10	M	6	MSNR	UNATT
62	HOWARD	SEAL	11	01:18:35	11	01:18:31	11	M	7	MSNR	DERWENT AC
1066	CHRISTOPHER	HOWIE	12	01:18:51	12	01:18:49	12	M	5	M40	GLAXO HOAD HILL HARRIERS
919	PAUL	BAINBRIDGE	13	01:19:11	13	01:19:08	13	M	8	MSNR	SOUTH SHIELDS HARRIERS
1451	MARK	LIKEMAN	14	01:19:25	14	01:19:24	14	M	9	MSNR	HEATON HARRIERS
813	GEORGE	ARTHUR	15	01:19:40	15	01:19:38	15	M	6	M40	SOUTH SHIELDS HARRIERS
669	CHRIS	NEIL	16	01:20:13	16	01:20:11	16	M	10	MSNR	CUMBERLAND AC
347	CRAIG	DEACON	17	01:20:19	17	01:20:17	17	M	11	MSNR	JARROW & HEBBURN AC
512	TREVOR	MARTIN	18	01:20:30	18	01:20:25	18	M	7	M40	CARLISLE TRI
115	JOHN	ROONEY	19	01:20:57	19	01:20:55	19	M	12	MSNR	NAILSEA RC
1505	MARK	HOPKINS	20	01:21:37	20	01:21:23	20	M	8	M40	UNATT
1153	MICHAEL	JONES	21	01:21:56	21	01:21:52	21	M	9	M40	SOUTH SHIELDS HARRIERS
1314	STUART	STODDART	22	01:22:03	23	01:21:59	22	M	10	M40	EDEN RUNNERS
85	CARL	PLATT	23	01:22:05	26	01:22:04	23	M	13	MSNR	TRENTAM RC
1080	RICHARD	MACE	24	01:22:07	27	01:22:04	24	M	14	MSNR	CITY OF SHEFFIELD AC
41	KEVIN	GRAHAM	25	01:22:09	24	01:22:02	25	M	15	MSNR	EDINBURGH AC



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
14	JOHN	BANKS	26	01:22:11	28	01:22:06	26	M	11	M40	UNATT
1473	HARRY	EARL	27	01:22:13	25	01:22:03	27	M	16	MSNR	BORDER HARRIERS
1308	JOHN	WOODHOUSE	28	01:22:14	22	01:21:56	28	M	17	MSNR	UNATT
433	LES	SMITH	29	01:22:29	29	01:22:25	29	M	18	MSNR	HEATON HARRIERS
635	DAVID	MOIR	30	01:22:34	30	01:22:30	30	M	12	M40	WALLSEND HARRIERS
1245	SIMON	GIBBS	31	01:22:36	32	01:22:33	31	M	19	MSNR	UNATT
721	KEVIN	CONCHAR	32	01:22:40	31	01:22:31	32	M	20	MSNR	DUMFRIES RC
986	JOSH	HEBSON	33	01:22:55	33	01:22:50	33	M	21	MSNR	UNATT
1138	GARETH	MELVIN	34	01:23:27	34	01:23:20	34	M	22	MSNR	BORDER HARRIERS
1693	JONATHAN	BROWN	35	01:23:47	35	01:23:33	35	M	13	M40	CARLISLE TRI
709	JOASIA	ZAKRZEWSKI	36	01:23:47	36	01:23:39	1	F	1	FSNR	DUMFRIES RC
1058	DAVID	ATKINSON	37	01:23:52	37	01:23:47	36	M	23	MSNR	SWALEDALE RR
430	GAVIN	BANNISTER	38	01:24:10	39	01:24:05	37	M	1	M50	UNATT
764	IAN	HARKNESS	39	01:24:15	40	01:24:13	38	M	24	MSNR	UNATT
459	ADAM	BREARLEY	40	01:24:21	42	01:24:18	39	M	25	MSNR	UNATT
1663	PAUL	DAVIDSON	41	01:24:27	43	01:24:22	40	M	26	MSNR	UNATT
1682	DANE	BARWISE	42	01:24:28	41	01:24:17	41	M	27	MSNR	RERC
1630	DARREN	ROOK	43	01:24:31	44	01:24:28	42	M	14	M40	BORDER HARRIERS
501	MARC	PENN	44	01:24:40	45	01:24:36	43	M	28	MSNR	BLENGDALE RUNNERS
888	ALAN	BAXTER	45	01:24:46	46	01:24:37	44	M	29	MSNR	UNATT
1343	BEN	FORSTER	46	01:24:52	47	01:24:49	45	M	30	MSNR	SOUTH SHIELDS HARRIERS
335	THEO	PLATT	47	01:25:10	48	01:24:58	46	M	31	MSNR	UNATT
1187	STEPHEN	MARTIN	48	01:26:07	49	01:25:53	47	M	15	M40	UNATT
1365	CRAIG	HORSEMAN	49	01:26:26	50	01:26:14	48	M	32	MSNR	CARLISLE TRI
1614	BOB	RILEY	50	01:26:34	52	01:26:26	49	M	16	M40	CUMBERLAND FELL RUNNERS
48	IVAN	NEWTON	51	01:26:38	51	01:26:24	50	M	17	M40	TYNEDALE HARRIERS
188	CHRIS	AULD	52	01:26:39	53	01:26:32	51	M	33	MSNR	HEATON HARRIERS
1567	CHARLES	LOWTHER	53	01:26:41	55	01:26:38	52	M	34	MSNR	UNATT
932	KEVIN	BELL	54	01:26:45	54	01:26:36	53	M	35	MSNR	BORDER HARRIERS
1670	MICHAEL	MICHALK	55	01:26:52	56	01:26:49	54	M	36	MSNR	UNATT
981	STUART	KELLY	56	01:27:09	57	01:26:58	55	M	37	MSNR	SERPENTINE
1114	STU	WINDSOR	57	01:27:22	58	01:27:12	56	M	38	MSNR	UNATT
1723	GARY	DOVER	58	01:27:23	59	01:27:20	57	M	18	M40	GLAXO HOAD HILL HARRIERS
460	JUDITH	NUTT	59	01:27:25	60	01:27:20	2	F	2	FSNR	ELSWICK AC



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
363	ADAM	CAMPION	60	01:27:32	61	01:27:25	58	M	39	MSNR	KESWICK AC
1327	VICKY	HINDSON	61	01:27:49	63	01:27:45	3	F	3	FSNR	WALLSEND HARRIERS
1105	STEPHEN	WESTON	62	01:27:51	62	01:27:40	59	M	40	MSNR	UNATT
373	DAVID	WRIGHT	63	01:27:54	64	01:27:46	60	M	41	MSNR	HEATON HARRIERS
1286	RICHARD	SECULAR	64	01:28:07	65	01:27:53	61	M	42	MSNR	UNATT
626	NEIL	BOWMER	65	01:28:19	68	01:28:13	62	M	19	M40	UNATT
1013	DAVID	JARDIN	66	01:28:21	67	01:28:08	63	M	43	MSNR	ELSWICK AC
1009	TONY	DAVIS	67	01:28:25	66	01:28:04	64	M	2	M50	DERWENT AC
1685	ERIC	LEWIS	68	01:28:32	69	01:28:28	65	M	20	M40	BLAYDON RUNNERS
393	RICHARD	ROBERTS	69	01:28:37	70	01:28:34	66	M	21	M40	FRA
1331	JOHN	WIDDRINGTON	70	01:28:38	38	01:24:02	67	M	44	MSNR	UNATT
83	CHRISTINE	HOLMES	71	01:28:40	71	01:28:37	4	F	4	FSNR	TRENTAM RC
496	EDDY(DENISE)	GRAHAM	72	01:28:48	72	01:28:38	5	F	5	FSNR	BLENGDALE RUNNERS
1648	STUART	READ	73	01:28:50	73	01:28:45	68	M	45	MSNR	UNATT
29	KEVIN	SCOTT	74	01:29:01	74	01:28:51	69	M	46	MSNR	UNATT
49	PAUL	BROWN	75	01:29:04	75	01:28:58	70	M	22	M40	WALLSEND HARRIERS
1175	IAN	MCDUGALL	76	01:29:17	76	01:29:11	71	M	23	M40	CUMBERLAND AC
189	IAIN	MCKINNON	77	01:29:42	78	01:29:35	72	M	47	MSNR	HEATON HARRIERS
1611	MIKE	STUBBS	78	01:29:49	80	01:29:40	73	M	48	MSNR	UNATT
1309	DARREN	LITTLE	79	01:29:58	83	01:29:46	74	M	49	MSNR	UNATT
1193	RAY	GILL	80	01:30:01	84	01:29:55	75	M	24	M40	DALLAM
598	S	COCKAYNE	81	01:30:03	77	01:29:13	76	M	25	M40	UNATT
1721	PHIL	CASSUN	82	01:30:04	81	01:29:42	77	M	50	MSNR	DERWENT AC
599	MICHAEL	JONES	83	01:30:08	85	01:30:01	78	M	51	MSNR	UNATT
407	MIKE	BROWN	84	01:30:16	86	01:30:06	79	M	52	MSNR	CARLISLE TRI
949	DARREN	LEE	85	01:30:20	79	01:29:39	80	M	53	MSNR	UNATT
1129	IAN	O'CONNOR	86	01:30:27	82	01:29:45	81	M	26	M40	UNATT
969	CLARE	MANSER	87	01:30:30	89	01:30:24	6	F	6	FSNR	DURHAM CITY HARRIERS
1234	ALAN	CORNTHWAITE	88	01:30:34	92	01:30:25	82	M	54	MSNR	CUMBERLAND FELL RUNNERS
975	EDWARD	BURY	89	01:30:35	90	01:30:24	83	M	27	M40	UNATT
1240	NEIL	CLUBBS	90	01:30:38	87	01:30:13	84	M	55	MSNR	UNATT
1589	JON	HERRING	91	01:30:38	91	01:30:24	85	M	56	MSNR	UNATT
1348	DAVID	TAYLOR	92	01:30:51	93	01:30:34	86	M	57	MSNR	UNATT
53	STEVEN	RATCLIFFE	93	01:30:56	94	01:30:42	87	M	58	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
478	IAN	CARRICK	94	01:31:01	95	01:30:45	88	M	28	M40	UNATT
619	ANDREW	MAXWELL	95	01:31:06	88	01:30:18	89	M	59	MSNR	UNATT
1216	ANDREW	PROCTER	96	01:31:09	97	01:30:57	90	M	60	MSNR	UNATT
1304	LINDA	BONE	97	01:31:21	100	01:31:09	7	F	7	FSNR	SOUTH SHIELDS HARRIERS
526	OLIVER	JARDINE	98	01:31:24	98	01:31:05	91	M	61	MSNR	HEATON HARRIERS
1213	STEPHEN	HACKLEY	99	01:31:32	101	01:31:09	92	M	62	MSNR	DERWENT AC
1700	KEVIN	PLUMMER	100	01:31:36	99	01:31:06	93	M	29	M40	UNATT
321	ROBBIE	ARMSTRONG	101	01:31:42	104	01:31:27	94	M	30	M40	UNATT
522	LAURA	JARDINE	102	01:31:45	103	01:31:26	8	F	8	FSNR	HEATON HARRIERS
930	GEOF	THORPE	103	01:31:48	102	01:31:12	95	M	63	MSNR	UNATT
1429	JEREMY	SMITH	104	01:31:50	106	01:31:37	96	M	31	M40	CLAREMONT ROAD RUNNERS
36	NEIL	OSGOOD	105	01:31:57	105	01:31:27	97	M	64	MSNR	UNATT
1606	STEVEN	HEWITT	106	01:31:57	109	01:31:49	98	M	65	MSNR	UNATT
916	IAIN	HANNIGAN	107	01:32:11	108	01:31:47	99	M	32	M40	UNATT
1222	ANGUS	MCMILLAN	108	01:32:20	111	01:32:11	100	M	3	M50	UNATT
193	STEVEN	JONES	109	01:32:20	110	01:32:04	101	M	66	MSNR	UNATT
951	STEVE	COLEMAN	110	01:32:22	112	01:32:12	102	M	33	M40	ASTLEY & TYLOSLEY RR
573	HELEN	JOHNSON	111	01:32:23	113	01:32:16	9	F	9	FSNR	HEATON HARRIERS
728	GINA	HOWORTH	112	01:32:29	114	01:32:21	10	F	10	FSNR	WALLSEND HARRIERS
359	JAMES	ROSE	113	01:32:42	115	01:32:33	103	M	67	MSNR	UNATT
1072	PHILIP	CHARLTON	114	01:32:46	117	01:32:39	104	M	4	M50	LOW FELL RC
1540	CALLUM	O'NEILL	115	01:32:51	96	01:30:50	105	M	68	MSNR	UNATT
1285	MARK	BLACKWELL	116	01:32:54	107	01:31:38	106	M	69	MSNR	UNATT
663	ROB	WILLIAMS	117	01:32:56	118	01:32:40	107	M	70	MSNR	LIVERPOOL RC
876	STEVE	HEIGHWAY	118	01:33:07	121	01:33:01	108	M	34	M40	WOOTTOM R R
458	DEBORAH	THOMAS	119	01:33:11	123	01:33:07	11	F	11	FSNR	TRENTHAM RC
1053	SIMON	DICKSON	120	01:33:19	120	01:32:59	109	M	71	MSNR	UNATT
766	JESSICA	WILSON-YOUNG	121	01:33:22	127	01:33:20	12	F	12	FSNR	UNATT
718	RICHARD	BECK	122	01:33:26	125	01:33:12	110	M	72	MSNR	UNATT
1458	KARL	TODD	123	01:33:27	122	01:33:06	111	M	73	MSNR	UNATT
953	SCOTT	CARRUTHERS	124	01:33:28	119	01:32:46	112	M	74	MSNR	UNATT
583	STEPHEN	CAMPBELL	125	01:33:33	116	01:32:37	113	M	75	MSNR	ARAGONS TRI
1428	GARY	TEBBUTT	126	01:33:34	126	01:33:17	114	M	5	M50	POCKLINGTON RUNNERS
380	EMMA	WALTON	127	01:33:39	129	01:33:32	13	F	13	FSNR	WALLSEND HARRIERS



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1448	LINDSAY	CROSSAN	128	01:33:40	131	01:33:38	115	M	35	M40	UNATT
1339	NICK	HIGHAM	129	01:33:41	124	01:33:11	116	M	36	M40	LANCASTER & MORECAMBE
1081	NEIL	BRYSON	130	01:33:46	133	01:33:43	117	M	37	M40	UNATT
103	KEITH	RENS	131	01:33:50	130	01:33:33	118	M	6	M50	UNATT
541	IAN	POSTLETHWAITE	132	01:33:55	136	01:33:53	119	M	7	M50	GLAXO HOAD HILL HARRIERS
1126	JONATHAN	BRAVER	133	01:33:58	134	01:33:43	120	M	76	MSNR	CARLISLE TRI
609	NIALL	CHEYNE	134	01:34:03	138	01:33:57	121	M	38	M40	SWALEDALE RR
18	ANDY	RENDER	135	01:34:11	132	01:33:41	122	M	77	MSNR	ANNAN & DISTRICT
653	TONY	JEWELL	136	01:34:21	135	01:33:49	123	M	8	M50	CUMBERLAND FELL RUNNERS
1565	MAIRI	CRAWFORD	137	01:34:25	140	01:34:05	14	F	14	FSNR	CARLISLE TRI
1322	JOHN	BARNES	138	01:34:25	143	01:34:19	124	M	78	MSNR	UNATT
1289	DARREN	FISHWICK	139	01:34:28	139	01:34:00	125	M	39	M40	UNATT
1722	JOSEPH	ALCOCK	140	01:34:38	142	01:34:12	126	M	79	MSNR	UNATT
1632	PHILIPPA	WAKEFIELD	141	01:34:46	137	01:33:55	15	F	15	FSNR	BORDER HARRIERS
1581	LINDA	HARDY	142	01:34:55	154	01:34:50	16	F	16	FSNR	UNATT
1248	GRAHAM	MYTTON	143	01:34:57	151	01:34:44	127	M	80	MSNR	UNATT
329	DAVID	CLAYBROOK	144	01:34:58	141	01:34:05	128	M	81	MSNR	UNATT
1247	WILLIAM	TAYLOR	145	01:34:59	148	01:34:41	129	M	40	M40	UNATT
1646	ANDREW	DONNELLY	146	01:34:59	145	01:34:34	130	M	82	MSNR	UNATT
1295	JOE	HOLDSWORTH	147	01:35:08	144	01:34:21	131	M	83	MSNR	HORSWORTH HARRIERS
814	NEIL	HARRIS	148	01:35:11	157	01:34:58	132	M	41	M40	UNATT
1726	DANIEL	CUPIT	149	01:35:14	158	01:35:04	133	M	84	MSNR	UNATT
1416	STEVEN	PAGAN	150	01:35:18	149	01:34:41	134	M	85	MSNR	CARLISLE TRI
1054	DAVID	BARNES	151	01:35:19	150	01:34:43	135	M	42	M40	UNATT
1435	ANDREW	PIPES	152	01:35:23	160	01:35:09	136	M	86	MSNR	UNATT
1073	IAN	MCMILLAN	153	01:35:26	156	01:34:57	137	M	43	M40	UNATT
1046	BEN	TICKLE	154	01:35:30	152	01:34:46	138	M	87	MSNR	UNATT
899	PAUL	WADESON	155	01:35:33	159	01:35:08	139	M	88	MSNR	FAIRLANDS VALLEY PAR
1471	STUART	LIGHTFOOT	156	01:35:36	153	01:34:46	140	M	89	MSNR	UNATT
854	CHRIS	DAVISON	157	01:35:40	163	01:35:24	141	M	44	M40	CARLISLE TRI
1477	JONATHAN	DAY	158	01:35:44	146	01:34:36	142	M	90	MSNR	UNATT
1364	TIM	COUSINS	159	01:35:47	161	01:35:17	143	M	91	MSNR	UNATT
197	DERMOT	PATERSON	160	01:35:51	164	01:35:26	144	M	9	M50	UNATT
1401	IAN	MITCHELL	161	01:35:54	166	01:35:28	145	M	45	M40	HELM HILL RUNNERS



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1148 G		BARRATT	162	01:35:59	171	01:35:52	146	M	92	MSNR	UNATT
1490 ROSS		GANDY	163	01:36:00	173	01:35:56	147	M	93	MSNR	UNATT
119 BRUCE		WALKER	164	01:36:03	170	01:35:51	148	M	46	M40	UNATT
1128 SHARON		DIXON	165	01:36:05	174	01:35:58	17	F	1	F40	UNATT
283 PAUL		HRYNISZAK	166	01:36:06	165	01:35:27	149	M	94	MSNR	UNATT
597 MOLLIE		COCKAYNE	167	01:36:13	162	01:35:23	18	F	17	FSNR	UNATT
1649 ADAM		CONNOR	168	01:36:19	179	01:36:15	150	M	10	M50	UNATT
1577 ANDREW		KENNEDY	169	01:36:23	168	01:35:45	151	M	47	M40	ANNAN & DISTRICT
842 TOM		BREWIS	170	01:36:26	169	01:35:49	152	M	95	MSNR	UNATT
695 BILL		ROGERS	171	01:36:27	177	01:36:09	153	M	48	M40	BORDER HARRIERS
1025 ADRIAN		WHITE	172	01:36:30	128	01:33:24	154	M	49	M40	UNATT
1668 IAN		MILLAR	173	01:36:42	185	01:36:28	19	F	2	F40	UNATT
308 DEREK		ROSS	174	01:36:44	155	01:34:50	155	M	96	MSNR	UNATT
1123 TOY		HARLING	175	01:36:49	182	01:36:23	156	M	97	MSNR	BORDER HARRIERS
1687 VIC		RICHARDS	176	01:36:56	183	01:36:26	157	M	50	M40	AMBLESIDE AC
883 ANDREW		GARNER	177	01:37:00	188	01:36:37	158	M	51	M40	UNATT
747 MIKE		BEECHEY	178	01:37:01	189	01:36:37	159	M	52	M40	KESWICK AC
446 MATTHEW		SPEIGHT	179	01:37:03	196	01:36:48	160	M	98	MSNR	UNATT
20 ANDY		SQUIRES	180	01:37:05	190	01:36:39	161	M	53	M40	ALNWICK HARRIERS
322 STUART		KNOTT	181	01:37:08	186	01:36:32	162	M	99	MSNR	UNATT
1425 GARY		LUKE	182	01:37:08	194	01:36:46	163	M	54	M40	UNATT
624 RUSSELL		BISSET	183	01:37:15	187	01:36:35	164	M	100	MSNR	UNATT
1190 KEVIN		SCOTT	184	01:37:17	180	01:36:20	165	M	55	M40	EDEN RUNNERS
1321 GRAHAM		ANDERSON	185	01:37:18	192	01:36:44	166	M	11	M50	UNATT
1369 ROBB		CARTER	186	01:37:18	202	01:37:10	167	M	101	MSNR	KESWICK AC
1039 SIMON		DERMONT	187	01:37:22	175	01:36:03	168	M	56	M40	UNATT
248 TIM		TINNISWOOD	188	01:37:26	201	01:37:09	169	M	102	MSNR	WIGTON ROAD RUNNERS
406 NEIL		MERCER	189	01:37:30	204	01:37:17	170	M	103	MSNR	UNATT
550 PETER		SMITH	190	01:37:35	203	01:37:11	171	M	12	M50	QUAKERS RC
564 MAUREEN		CARRIGAN	191	01:37:39	197	01:36:57	20	F	1	F50	UNATT
1709 JOHN		MARTIN	192	01:37:58	207	01:37:37	172	M	104	MSNR	UNATT
1498 DAVID		PAGAN	193	01:38:04	206	01:37:27	173	M	1	M60	UNATT
1464 PAUL		COWING	194	01:38:07	213	01:37:51	174	M	105	MSNR	CARLISLE TRI
1719 STEVEN		SLOAN	195	01:38:08	199	01:36:59	175	M	106	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
444	LIZ	WILSON	196	01:38:10	210	01:37:46	21	F	18	FSNR	UNATT
419	RICHARD	GRICE	197	01:38:15	172	01:35:55	176	M	107	MSNR	UNATT
412	GORDON	LONG	198	01:38:18	219	01:38:12	177	M	13	M50	LOW FELL RC
820	NICK	BURRUS	199	01:38:22	217	01:38:07	178	M	108	MSNR	UNATT
504	RUTH	HOLMES	200	01:38:22	220	01:38:17	22	F	19	FSNR	GARDEN CITY RUNNERS
56	DAVID	MURRAY	201	01:38:28	212	01:37:49	179	M	57	M40	UNATT
1336	THOMAS	BIRCHALL	202	01:38:30	216	01:38:04	180	M	109	MSNR	UNATT
1414	GRAHAM	RAMAGE	203	01:38:31	215	01:38:03	181	M	110	MSNR	CALDERGLEN HARRIERS
839	R A	CRAIG	204	01:38:38	218	01:38:07	182	M	58	M40	UNATT
81	MARK	WIGHTMAN	205	01:38:39	209	01:37:40	183	M	111	MSNR	UNATT
738	PAUL	SAMSON	206	01:38:44	205	01:37:25	184	M	112	MSNR	UNATT
17	JOHN	EVANS	207	01:38:45	214	01:37:57	185	M	59	M40	UNATT
1745	LITRA	ENTRY	208	01:38:47	147	01:34:37	186	M	113	MSNR	UNATT
1249	MELANIE	BREWIS	209	01:38:47	225	01:38:35	23	F	20	FSNR	UNATT
752	JONATHAN	CLEMSON	210	01:38:48	195	01:36:47	187	M	60	M40	PRESTON HARRIERS
423	DAVID	LANCASTER	211	01:38:49	221	01:38:25	188	M	114	MSNR	UNATT
798	GEORGE	WALKER	212	01:38:56	223	01:38:31	189	M	14	M50	BELFAST HARRIERS
787	DAVID	SMITH	213	01:39:01	222	01:38:26	190	M	61	M40	CARLISLE TRI
1578	DAMIEN	STEEL	214	01:39:03	176	01:36:08	191	M	115	MSNR	UNATT
1311	PAUL	WILSON	215	01:39:05	211	01:37:46	192	M	62	M40	ELLENBOROUGH AC
1111	CHRIS	CROOK	216	01:39:08	191	01:36:41	193	M	63	M40	UNATT
1351	RICHARD	MAXTED	217	01:39:11	230	01:38:40	194	M	116	MSNR	STEEL CITY STRIDERS
481	JOE	COX	218	01:39:12	235	01:38:53	195	M	117	MSNR	UNATT
1461	CRAIG	ROME	219	01:39:13	236	01:38:54	196	M	118	MSNR	UNATT
1143	JAMES	TOSE	220	01:39:14	237	01:38:54	197	M	119	MSNR	UNATT
170	CHRISTOPHER	DICKSON	221	01:39:16	227	01:38:38	198	M	120	MSNR	UNATT
9	ADRIAN	METCALF	222	01:39:16	231	01:38:42	199	M	121	MSNR	UNATT
992	LES	CAVANAGH	223	01:39:17	238	01:38:55	200	M	64	M40	LOW FELL RC
683	TOM	BROCKLEBANK	224	01:39:18	241	01:39:00	201	M	122	MSNR	UNATT
392	GRAHAM	FRASER	225	01:39:18	233	01:38:49	202	M	2	M60	ALLEN VALLEY STRIDERS
642	MATTHEW	BREWIS	226	01:39:19	229	01:38:39	203	M	123	MSNR	UNATT
1615	LUKE	GOW	227	01:39:21	167	01:35:37	204	M	124	MSNR	UNATT
1694	PAUL	GRAVES	228	01:39:23	251	01:39:19	205	M	125	MSNR	UNATT
845	GRAHAM	HANSE	229	01:39:23	244	01:39:06	206	M	65	M40	CARLISLE TRI



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1415	ROBERT	DIXON	230	01:39:27	239	01:38:55	207	M	66	M40	UNATT
851	TOM	POULTON	231	01:39:32	234	01:38:51	208	M	126	MSNR	UNATT
1163	GARRY	DAVIDSON	232	01:39:34	245	01:39:07	209	M	67	M40	UNATT
1068	ALEX	MCKENNA	233	01:39:35	232	01:38:48	210	M	127	MSNR	UNATT
27	ALISTAIR	BULLOCH	234	01:39:49	240	01:38:56	211	M	128	MSNR	CUMBERLAND FELL RUNNERS
1751	JONATHAN	TOOGOOD	235	01:39:49	248	01:39:16	212	M	129	MSNR	UNATT
1653	JOHN	SMITH	236	01:39:50	200	01:37:04	213	M	130	MSNR	UNATT
556	LINDA	STRACHAN	237	01:39:51	250	01:39:18	24	F	21	FSNR	UNATT
1061	NEIL	MCDONALD	238	01:39:54	224	01:38:32	214	M	68	M40	UNATT
1352	TONY	MILLS	239	01:39:59	253	01:39:38	215	M	69	M40	UNATT
1337	STEPHEN	PURVIS	240	01:40:04	260	01:39:56	216	M	131	MSNR	UNATT
408	KEVIN	CHAPLOW	241	01:40:09	249	01:39:17	217	M	70	M40	UNATT
1310	DAVID	GOODALL	242	01:40:10	261	01:39:59	218	M	71	M40	CUMBERLAND AC
1430	DANIEL	ASKEW	243	01:40:19	252	01:39:34	219	M	132	MSNR	UNATT
1512	DARREN	WILDEY	244	01:40:26	247	01:39:12	220	M	133	MSNR	CARLISLE TRI
352	TED	SMITH	245	01:40:32	262	01:40:00	221	M	72	M40	UNATT
434	BRIAN	CORKHILL	246	01:40:33	181	01:36:22	222	M	73	M40	UNATT
1071	DANIEL	RANKINE	247	01:40:37	263	01:40:06	223	M	134	MSNR	UNATT
681	DANIEL	TURNER	248	01:40:39	228	01:38:38	224	M	135	MSNR	UNATT
1342	BEN	HARPER	249	01:40:39	198	01:36:57	225	M	136	MSNR	UNATT
110	SAM	VERRY	250	01:40:39	208	01:37:39	226	M	137	MSNR	UNATT
1297	DAVID	BAILEY	251	01:40:43	270	01:40:36	227	M	138	MSNR	UNATT
1573	ALUN	BROWN	252	01:40:44	269	01:40:30	228	M	139	MSNR	UNATT
608	MARK	HODGSON	253	01:40:51	259	01:39:54	229	M	74	M40	UNATT
672	MARK	HAMILTON	254	01:40:56	267	01:40:24	230	M	3	M60	CARLISLE ASPATRIA AC
1559	PETER	WEAVING	255	01:41:01	272	01:40:41	231	M	15	M50	UNATT
1292	DAVID	HARPER	256	01:41:02	243	01:39:05	232	M	140	MSNR	UNATT
117	JON	WEBSTER	257	01:41:06	271	01:40:39	233	M	75	M40	KENDAL AC
397	HELEN	MAIER	258	01:41:12	264	01:40:06	25	F	3	F40	UNATT
1679	KATIE	MOULDS	259	01:41:12	268	01:40:25	26	F	22	FSNR	UNATT
1243	JAMIE	BOSWELL	260	01:41:18	265	01:40:21	234	M	141	MSNR	UNATT
1584	ANTHONY	TURNER	261	01:41:19	277	01:40:51	235	M	142	MSNR	UNATT
737	GARETH	WHITE	262	01:41:21	274	01:40:46	236	M	143	MSNR	TRI LAKELAND
1707	DAVID	PENRICE	263	01:41:26	278	01:40:51	237	M	76	M40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
996	ANN	STUART	264	01:41:28	281	01:41:09	27	F	2	F50	BROMSGROVE AND REDDITCH
424	RICHARD W	HALL	265	01:41:32	255	01:39:44	238	M	16	M50	UNATT
1228	RUSSELL	CRONE	266	01:41:33	184	01:36:26	239	M	77	M40	UNATT
751	MARK	GRAHAM	267	01:41:35	273	01:40:44	240	M	144	MSNR	UNATT
755	EMMA	REEVES	268	01:41:37	282	01:41:10	28	F	23	FSNR	UNATT
622	MARK	WILLIAMS	269	01:41:37	178	01:36:11	241	M	78	M40	UNATT
901	ROSIE	ALLISTER	270	01:41:38	284	01:41:15	29	F	24	FSNR	UNATT
1672	NIC	TINSON	271	01:41:43	285	01:41:17	242	M	79	M40	UNATT
345	MATTHEW	MAVIR	272	01:41:43	279	01:40:57	243	M	145	MSNR	UNATT
77	PHILIP	CUETO	273	01:41:45	289	01:41:24	244	M	146	MSNR	DERWENT AC
849	WENDY	SHARTON	274	01:41:46	287	01:41:18	30	F	4	F40	UNATT
925	JAMES	PATTINSON	275	01:41:47	266	01:40:22	245	M	147	MSNR	UNATT
1713	LYNDSEY	SMITH	276	01:41:50	193	01:36:44	31	F	25	FSNR	UNATT
106	ERRICK	HANNAH	277	01:41:52	290	01:41:29	246	M	17	M50	CUMBERLAND AC
634	EMMA	MOIR	278	01:41:53	286	01:41:17	32	F	5	F40	UNATT
1275	MARK	HEDLEY	279	01:41:54	258	01:39:52	247	M	148	MSNR	UNATT
15	PAUL	GARDINER	280	01:41:55	291	01:41:29	248	M	149	MSNR	UNATT
1100	IAN	PHILLIPS	281	01:42:04	295	01:41:46	249	M	150	MSNR	UNATT
1520	MARTYN	COWARD	282	01:42:04	242	01:39:02	250	M	151	MSNR	UNATT
979	MARTIN	JOHN	283	01:42:06	293	01:41:40	251	M	18	M50	UNATT
383	HANNAH	GILLETT	284	01:42:11	292	01:41:35	33	F	26	FSNR	UNATT
743	KEVIN	ALLEN	285	01:42:13	303	01:41:58	252	M	152	MSNR	UNATT
293	JANE	GREENING	286	01:42:14	294	01:41:43	34	F	27	FSNR	TYNEDALE HARRIERS
1274	ALIX	SHEPHERD	287	01:42:17	288	01:41:23	253	M	153	MSNR	UNATT
852	CHRIS	MILLER	288	01:42:18	300	01:41:55	254	M	154	MSNR	LOW FELL RC
1440	LAURA	MURPHY	289	01:42:21	283	01:41:11	35	F	28	FSNR	WALLSEND HARRIERS
229	KEN	MCENTEE	290	01:42:28	306	01:42:05	255	M	19	M50	HEATON HARRIERS
1166	EMMA	MCKNERPIEY	291	01:42:30	299	01:41:52	36	F	29	FSNR	UNATT
1647	PAUL	WEAVING	292	01:42:36	312	01:42:15	256	M	80	M40	CUMBERLAND FELL RUNNERS
706	COLIN	ROBINSON	293	01:42:39	298	01:41:51	257	M	81	M40	UNATT
651	RYAN	BURNS	294	01:42:43	296	01:41:46	258	M	155	MSNR	UNATT
1421	LEE	WILLIAMS	295	01:42:47	307	01:42:06	259	M	156	MSNR	UNATT
844	ED	STUDHOLME	296	01:42:51	308	01:42:06	260	M	157	MSNR	UNATT
966	STEVEN	ROYAL	297	01:42:55	317	01:42:24	261	M	158	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1550	JEFF	MARSHALL	298	01:43:01	313	01:42:15	262	M	159	MSNR	UNATT
542	DIANE	GALLIMORE	299	01:43:03	321	01:42:34	37	F	6	F40	BORDER HARRIERS
1454	RICHARD	HODGKINS	300	01:43:04	309	01:42:06	263	M	160	MSNR	UNATT
19	GRAHAM	PETTIE	301	01:43:07	324	01:42:38	264	M	20	M50	UNATT
691	JOHN	POPE	302	01:43:12	275	01:40:47	265	M	21	M50	UNATT
513	JON	HUDSON	303	01:43:17	302	01:41:57	266	M	82	M40	UNATT
586	IAN	SPENCER	304	01:43:17	331	01:42:50	267	M	83	M40	ELVET STRIDERS
604	ANTHONY	LEES	305	01:43:19	337	01:42:56	268	M	84	M40	UNATT
722	ANTHONY	IRVING	306	01:43:19	320	01:42:33	269	M	161	MSNR	BORDER HARRIERS
1590	JAN TORE	SKORSHAMMER	307	01:43:20	329	01:42:49	270	M	85	M40	SPEREN SPASERKLOSS
1146	MARK	BIRCH	308	01:43:21	343	01:43:01	271	M	162	MSNR	UNATT
78	BOBBY	NAJAF	309	01:43:23	352	01:43:16	272	M	22	M50	LOW FELL RC
76	JOHN	OKEY	310	01:43:23	348	01:43:08	273	M	163	MSNR	UNATT
962	KERI	PEARSON	311	01:43:26	330	01:42:49	38	F	30	FSNR	UNATT
47	JAN	TREETOPS	312	01:43:26	326	01:42:42	274	M	86	M40	UNATT
1006	ANTHONY	WINTLE	313	01:43:28	346	01:43:05	275	M	164	MSNR	UNATT
1742	ANNA	LIGHTFOOT	314	01:43:32	325	01:42:40	39	F	31	FSNR	UNATT
726	DAVID	CARRIER	315	01:43:33	310	01:42:10	276	M	87	M40	UNATT
1678	MARK	GIBSON	316	01:43:33	328	01:42:48	277	M	165	MSNR	UNATT
82	BRIAN	STORY	317	01:43:34	297	01:41:46	278	M	88	M40	UNATT
1561	NICHOLAS	BROWN	318	01:43:35	322	01:42:35	279	M	166	MSNR	UNATT
1518	CLAIRE	BURRELL	319	01:43:41	355	01:43:22	40	F	32	FSNR	UNATT
191	CRAG	JARVIS	320	01:43:45	339	01:42:57	280	M	167	MSNR	UNATT
1652	ANDREW	BARR	321	01:43:47	254	01:39:38	281	M	168	MSNR	UNATT
202	MICHAEL	NELSON	322	01:43:50	276	01:40:49	282	M	169	MSNR	UNATT
1281	MARC	RICHARDSON	323	01:43:51	280	01:40:57	283	M	170	MSNR	SUNDERLAND STROLLERS
1144	HELEN	YOUNG	324	01:43:52	349	01:43:09	41	F	33	FSNR	CARLISLE TRI
1633	STEVEN	DORAN	325	01:43:53	344	01:43:03	284	M	171	MSNR	UNATT
826	FIONA	PALLISER	326	01:43:54	353	01:43:16	42	F	34	FSNR	UNATT
1264	TRACEY	CURRIE	327	01:43:55	226	01:38:35	43	F	35	FSNR	UNATT
1088	MARTYN	GIBSON	328	01:43:57	354	01:43:16	285	M	172	MSNR	UNATT
1419	GENEVIEVE	FREEMAN	329	01:43:57	361	01:43:29	44	F	36	FSNR	CALDERGLEN HARRIERS
1082	KAREN	MACKINNON	330	01:43:58	369	01:43:49	45	F	7	F40	UNATT
1528	WILL	JAMES	331	01:43:59	257	01:39:50	286	M	173	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
594 A		LOWTHIAN	332	01:44:03	374	01:43:55	287	M	23	M50	LOW FELL RC
61	WILLIAM	DOIDGE	333	01:44:07	367	01:43:44	288	M	4	M60	LOW FELL RC
823	GARY	TURNBULL	334	01:44:07	372	01:43:52	289	M	24	M50	UNATT
1645	DAMIEN	WEBB	335	01:44:08	301	01:41:56	290	M	174	MSNR	UNATT
1151	CRAIG	LAVERICK	336	01:44:11	305	01:42:02	291	M	175	MSNR	UNATT
152	JOHN	STANKEVICIUS	337	01:44:20	351	01:43:15	292	M	176	MSNR	BLENGDALE RUNNERS
552	IAN	ECKERSLEY	338	01:44:22	380	01:44:05	293	M	5	M60	UNATT
1265	STEVEN	BATTY	339	01:44:27	366	01:43:40	294	M	89	M40	UNATT
1484	ALLAN	KAY	340	01:44:32	373	01:43:53	295	M	6	M60	100 MARATHON CLUB
848	TONY	BRISCOE	341	01:44:32	381	01:44:07	296	M	90	M40	UNATT
1580	DANIEL	BENNETT	342	01:44:36	378	01:44:03	297	M	177	MSNR	UNATT
1133	STEPHEN	HILL	343	01:44:36	327	01:42:46	298	M	91	M40	UNATT
1217	GREG	KELLY	344	01:44:37	376	01:44:02	299	M	92	M40	UNATT
398	NICK	SYMONDS	345	01:44:45	364	01:43:35	300	M	93	M40	UNATT
289	BENJAMIN	HESLOP	346	01:44:45	370	01:43:49	301	M	178	MSNR	CROSSFIT CARLISLE
40	TERRY	HERBERT	347	01:44:47	384	01:44:19	302	M	25	M50	NORTH EAST VETS AC
21	MARK	DOCTOR	348	01:44:47	386	01:44:20	303	M	179	MSNR	ALNWICK HARRIERS
1272	STUART	MCKEE	349	01:44:48	246	01:39:08	304	M	180	MSNR	UNATT
1290	GUY	PATTISON	350	01:44:52	335	01:42:55	305	M	181	MSNR	UNATT
1608	PETER	JENKINSON	351	01:44:55	316	01:42:22	306	M	94	M40	UNATT
1349	HOWARD	KIRKBRIDE	352	01:44:55	389	01:44:28	307	M	95	M40	UNATT
1032	STEPHEN	BURNETT	353	01:44:58	334	01:42:54	308	M	182	MSNR	UNATT
1382	DAVID	WILLAMS	354	01:44:58	385	01:44:19	309	M	183	MSNR	UNATT
1563	DAVID	LIDDLE	355	01:45:04	318	01:42:25	310	M	96	M40	UNATT
931	WILLIAM	MARTIN	356	01:45:07	359	01:43:27	311	M	97	M40	UNATT
1334	FLOYD	EVANS	357	01:45:10	390	01:44:30	312	M	184	MSNR	UNATT
111	DAVID	BUFFHAM	358	01:45:11	398	01:44:49	313	M	26	M50	UNATT
989	SARAH	WATSON	359	01:45:13	375	01:43:59	46	F	37	FSNR	UNATT
1697	VICKI	CARTER	360	01:45:15	368	01:43:46	47	F	38	FSNR	UNATT
768	MICHAEL	PEEL	361	01:45:16	256	01:39:45	314	M	98	M40	UNATT
574	KARL	HINDLE	362	01:45:23	365	01:43:35	315	M	185	MSNR	UNATT
306	LORNA	GOLD	363	01:45:25	362	01:43:31	48	F	39	FSNR	CENTURION RC
545	AARON	VAUGHAN	364	01:45:26	387	01:44:21	316	M	186	MSNR	UNATT
1743	PAUL	UPEX	365	01:45:30	393	01:44:39	317	M	187	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
39	NIGEL	MILLS	366	01:45:31	412	01:45:09	318	M	27	M50	UNATT
429	MATHEW	WARDUNEC	367	01:45:31	340	01:42:58	319	M	188	MSNR	UNATT
1514	MAUREEN	DICKSON	368	01:45:32	336	01:42:55	49	F	3	F50	DUMFRIES RC
166	TONI	CHAPLIN-ARMER	369	01:45:33	345	01:43:03	50	F	8	F40	BORDER HARRIERS
154	JOHN	BAMFORD	370	01:45:38	388	01:44:23	320	M	99	M40	UNATT
1268	IAIN	PEERS	371	01:45:43	400	01:44:54	321	M	100	M40	UNATT
998	NEIL	LEITCH	372	01:45:46	405	01:44:59	322	M	101	M40	UNATT
674	JIM	WATSON	373	01:45:46	360	01:43:27	323	M	7	M60	UNATT
1535	FRANK	SKACHILL	374	01:45:46	347	01:43:05	324	M	28	M50	DUMFRIES RC
1399	RICHARD	DOUGLAS	375	01:45:49	431	01:45:42	325	M	189	MSNR	UNATT
1708	KEITH	PATTISON	376	01:45:49	410	01:45:06	326	M	102	M40	UNATT
1305	CRAIG	PARKINSON	377	01:45:50	419	01:45:16	327	M	103	M40	UNATT
960	LEANNE	RUDD	378	01:45:52	417	01:45:14	51	F	40	FSNR	UNATT
959	IAN	RUDD	379	01:45:52	418	01:45:14	328	M	29	M50	UNATT
548	ROGER	QUAYLE	380	01:45:52	414	01:45:12	329	M	30	M50	UNATT
1438	KYLE	ALLEN	381	01:45:57	392	01:44:38	330	M	190	MSNR	UNATT
43	MIKE	MARTIN	382	01:46:02	338	01:42:56	331	M	8	M60	UNATT
1568	RACHEL	BUCHANAN	383	01:46:03	420	01:45:20	52	F	41	FSNR	UNATT
1392	JOANNE	HAZELL	384	01:46:05	421	01:45:21	53	F	42	FSNR	UNATT
791	EDWARD	KNAPPER	385	01:46:08	406	01:45:00	332	M	191	MSNR	UNATT
220	RICHARD	WEYMES	386	01:46:12	426	01:45:37	333	M	192	MSNR	UNATT
221	DARREN	STEPHENSON	387	01:46:12	427	01:45:37	334	M	193	MSNR	UNATT
1099	DAVID	ATKINSON	388	01:46:13	401	01:44:54	335	M	194	MSNR	UNATT
1696	ANDREW	CARTER	389	01:46:15	397	01:44:47	336	M	104	M40	UNATT
149	MARK	ASHTON	390	01:46:19	403	01:44:56	337	M	105	M40	UNATT
484	BRIAN	KINSELLA	391	01:46:25	430	01:45:41	338	M	31	M50	UNATT
301	KEVIN	MCCAIG	392	01:46:27	438	01:46:09	339	M	32	M50	DUMFRIES HARRIERS
1516	GWYN-ARFON	WILLIAMS	393	01:46:28	357	01:43:23	340	M	195	MSNR	ERYRI HARRIERS
1686	MICK	TURNBULL	394	01:46:28	311	01:42:14	341	M	106	M40	UNATT
1110	TREVOR	ATKINSON	395	01:46:28	356	01:43:23	342	M	33	M50	UNATT
1753	GARY	THWAITES	396	01:46:30	429	01:45:40	343	M	196	MSNR	UNATT
314	KEITH	PERCIVAL	397	01:46:31	411	01:45:08	344	M	34	M50	DUMFRIES HARRIERS
741	NEIL	JAMIESON	398	01:46:31	445	01:46:26	345	M	35	M50	UNATT
269	ANDREW	HICKSON	399	01:46:46	423	01:45:29	346	M	107	M40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
465	DAVID	JACKSON	400	01:46:49	350	01:43:10	347	M	197	MSNR	HOWGILL HARRIERS
1443	PAUL	O'NEIL	401	01:46:53	304	01:41:58	348	M	198	MSNR	UNATT
1008	JEANETTE	CORRIE	402	01:46:58	446	01:46:27	54	F	9	F40	UNATT
1395	GOEFF	MOSS	403	01:47:02	435	01:45:48	349	M	199	MSNR	UNATT
109	DAVID	HARRISON	404	01:47:02	391	01:44:31	350	M	36	M50	KESWICK AC
268	CHRIS	BIGGIN	405	01:47:13	451	01:46:36	351	M	108	M40	UNATT
257	JOHN	BELL	406	01:47:14	342	01:43:00	352	M	109	M40	ROYAL NAVY
113	NADIA	STOCK	407	01:47:16	452	01:46:40	55	F	43	FSNR	UNATT
1651	NIGEL	HALL	408	01:47:16	363	01:43:33	353	M	110	M40	UNATT
1338	ROB	DAVIES	409	01:47:19	341	01:42:58	354	M	111	M40	UNATT
1284	MARK	STUDHOLME	410	01:47:23	371	01:43:50	355	M	200	MSNR	UNATT
1294	ANDY	RUTLAND	411	01:47:23	439	01:46:12	356	M	201	MSNR	UNATT
1600	SEB	MILNE	412	01:47:24	447	01:46:30	357	M	202	MSNR	UNATT
1184	DAN	CORRIGAN	413	01:47:24	442	01:46:17	358	M	203	MSNR	UNATT
251	MATTHEW	LAWLEY	414	01:47:25	382	01:44:13	359	M	112	M40	UNATT
1674	ANDREW	GRAVES	415	01:47:25	457	01:46:46	360	M	204	MSNR	UNATT
910	STUART	DOWSON	416	01:47:26	314	01:42:17	361	M	205	MSNR	UNATT
923	BRIAN	JONES	417	01:47:30	425	01:45:35	362	M	113	M40	UNATT
715	KIM	CLARK	418	01:47:32	467	01:47:22	56	F	4	F50	KESWICK AC
688	DAVID	POSTILL	419	01:47:33	433	01:45:44	363	M	206	MSNR	UNATT
568	JANINE	CARTMELL	420	01:47:34	465	01:47:17	57	F	10	F40	BARROW-IN-FURNESS
1622	CARMEL	BOWES	421	01:47:35	469	01:47:27	58	F	44	FSNR	UNATT
1604	C	TURNER	422	01:47:36	377	01:44:02	364	M	207	MSNR	UNATT
1183	STEVE	VINEY	423	01:47:37	432	01:45:43	365	M	9	M60	UNATT
1551	JOHN	GIBBONS	424	01:47:39	315	01:42:17	366	M	208	MSNR	UNATT
1728	ALAN	BAYLEY	425	01:47:44	464	01:47:16	367	M	114	M40	UNATT
1056	IAIN	POVEY	426	01:47:47	468	01:47:23	368	M	115	M40	NEW MARSKE HARRIES
1165	WARREN	MATTHEWS	427	01:47:48	408	01:45:03	369	M	209	MSNR	UNATT
1596	STEVEN	ARCHIBALD	428	01:47:52	402	01:44:54	370	M	210	MSNR	UNATT
1641	CHRIS	KNOX	429	01:47:55	404	01:44:57	371	M	37	M50	UNATT
720	JOHN	HAWKINS	430	01:47:57	319	01:42:30	372	M	116	M40	UNATT
999	STEPHEN	HARDING	431	01:47:58	436	01:45:58	373	M	211	MSNR	UNATT
1437	DEREK	O'WARE	432	01:48:03	448	01:46:33	374	M	212	MSNR	DARMILLING
255	CATHY	YOUNG	433	01:48:06	434	01:45:44	59	F	5	F50	BLYTH RC



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1468	CARL	DOUGLAS	434	01:48:09	486	01:48:04	375	M	213	MSNR	UNATT
1449	ALI	SYED	435	01:48:09	487	01:48:05	376	M	117	M40	UNATT
240	KIRSTY	THOMPSON	436	01:48:10	415	01:45:12	60	F	45	FSNR	UNATT
572	CHRIS	BONE	437	01:48:11	333	01:42:53	377	M	214	MSNR	UNATT
1117	JIM	FISHER	438	01:48:16	323	01:42:35	378	M	215	MSNR	UNATT
961	AMANDA	DEXTER	439	01:48:19	480	01:47:51	61	F	46	FSNR	SCOTTISH ATHLETIC
1494	JULIE	HUNTER	440	01:48:19	453	01:46:41	62	F	47	FSNR	GLAXO HOAD HILL HARRIERS
1492	ARTIN	THRELFALL	441	01:48:20	443	01:46:18	379	M	216	MSNR	UNATT
1020	LES	GLEDHILL	442	01:48:20	460	01:46:56	380	M	38	M50	UNATT
480	IAN	GLENCROSS	443	01:48:23	449	01:46:33	381	M	39	M50	UNATT
906	STEVE	DUGGAN	444	01:48:23	484	01:48:02	382	M	217	MSNR	UNATT
256	EVERTON	WILLIAMS	445	01:48:28	379	01:44:03	383	M	40	M50	ARMY
565	RAYMOND	STEPHENSON	446	01:48:30	458	01:46:50	384	M	118	M40	UNATT
1417	MARK	CADDY	447	01:48:31	399	01:44:52	385	M	218	MSNR	UNATT
30	DIANE	SHAW	448	01:48:31	485	01:48:02	63	F	11	F40	KESWICK AC
1444	ALASTAIR	MARTIN	449	01:48:33	332	01:42:51	386	M	119	M40	UNATT
1357	ROB	MARTIN	450	01:48:35	475	01:47:48	387	M	219	MSNR	UNATT
1491	STEPHEN	WARD	451	01:48:36	450	01:46:34	388	M	220	MSNR	UNATT
203	IAN	ROBERTSON	452	01:48:38	463	01:47:13	389	M	120	M40	UNATT
1624	DAVID	FERRIE	453	01:48:40	502	01:48:33	390	M	121	M40	UNATT
563	NICK	WILSON	454	01:48:44	495	01:48:21	391	M	122	M40	UNATT
657	ANDREW	MYERS	455	01:48:48	358	01:43:26	392	M	221	MSNR	UNATT
1555	SAMUEL	WRIGHT	456	01:48:48	416	01:45:12	393	M	222	MSNR	UNATT
1370	SARAH	ALLAN	457	01:48:49	477	01:47:49	64	F	12	F40	UNATT
702	WILLIAM	GAYTER	458	01:48:51	509	01:48:43	394	M	123	M40	UNATT
532	MARIAN	MCPHAIL	459	01:48:52	441	01:46:14	65	F	6	F50	DUMFRIES RC
187	CLARE	BATES	460	01:48:53	482	01:47:54	66	F	48	FSNR	ALLEN VALLEY STRIDERS
1729	DAVID	MASON	461	01:48:56	409	01:45:04	395	M	124	M40	UNATT
186	EMMA	GRAHAM	462	01:49:00	462	01:47:08	67	F	49	FSNR	UNATT
693	DAVID	HORNE	463	01:49:01	488	01:48:06	396	M	125	M40	NORTH YORKS POLICE
1704	PHILIP	DIXON	464	01:49:05	428	01:45:39	397	M	223	MSNR	UNATT
1470	MATTHEW	JAMES	465	01:49:06	422	01:45:21	398	M	224	MSNR	UNATT
1453	STUART	BARKES	466	01:49:07	383	01:44:15	399	M	225	MSNR	UNATT
965	BRYAN	HODGSON	467	01:49:08	505	01:48:35	400	M	226	MSNR	SCOTTISH ATHLETIC



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1384	ANDREW	JORDAN	468	01:49:10	494	01:48:19	401	M	227	MSNR	UNATT
1090	THOMAS	TOWLE	469	01:49:10	491	01:48:14	402	M	228	MSNR	UNATT
1038	JULIAN	COULTHARD	470	01:49:11	500	01:48:31	403	M	41	M50	BORDER HARRIERS
891	DARREN	HENDERSON	471	01:49:13	407	01:45:01	404	M	229	MSNR	UNATT
1168	JACK	BRIGGS	472	01:49:21	510	01:48:44	405	M	230	MSNR	UNATT
973	MELISSA	BROWN	473	01:49:21	493	01:48:18	68	F	50	FSNR	UNATT
1326	ANDREW	LOWSON	474	01:49:21	492	01:48:18	406	M	231	MSNR	UNATT
765	PAUL	OWEN	475	01:49:23	466	01:47:19	407	M	126	M40	UNATT
476	ROBERT	JOHNSTONE	476	01:49:34	517	01:48:58	408	M	127	M40	UNATT
1564	BARRY	DAVIDSON	477	01:49:37	413	01:45:10	409	M	232	MSNR	UNATT
729	BRUCE	HELME	478	01:49:44	498	01:48:24	410	M	233	MSNR	UNATT
1426	MICHAEL	NIEVES	479	01:49:46	478	01:47:49	411	M	234	MSNR	UNATT
1317	MARK	COSTELLO	480	01:49:49	471	01:47:36	412	M	235	MSNR	UNATT
488	MARTIN	BELL	481	01:49:49	394	01:44:43	413	M	236	MSNR	UNATT
97	PETER	KEEN	482	01:49:52	395	01:44:43	414	M	128	M40	UNATT
94	GRANT	VAN BOYD	483	01:49:53	396	01:44:43	415	M	237	MSNR	UNATT
593	PAUL	COULSON	484	01:49:54	476	01:47:48	416	M	129	M40	UNATT
710	SARAH	THOMAS	485	01:49:55	525	01:49:06	69	F	13	F40	UNATT
987	JOHN	NEWSHAM	486	01:49:56	456	01:46:45	417	M	238	MSNR	UNATT
1607	NATALIE	DICKS	487	01:49:58	472	01:47:36	70	F	51	FSNR	UNATT
1746	SAMUEL	ATKINSON	488	01:49:59	459	01:46:54	418	M	239	MSNR	UNATT
1410	RHYS	GRIFFITHS	489	01:50:00	534	01:49:21	419	M	240	MSNR	UNATT
477	EMMA	CARRICK	490	01:50:00	474	01:47:43	71	F	52	FSNR	EDEN RUNNERS
560	JOANNE	MCLEOD	491	01:50:02	506	01:48:35	72	F	14	F40	UNATT
1394	ANDREW	THOMPSON	492	01:50:06	554	01:49:56	420	M	241	MSNR	UNATT
1125	RORY	MCNEILL	493	01:50:11	526	01:49:09	421	M	242	MSNR	UNATT
928	TRISH	KAY	494	01:50:11	549	01:49:47	73	F	15	F40	NEWTON AYCLIFFE
337	CHARLOTTE	ALCOCK	495	01:50:14	518	01:48:58	74	F	7	F50	UNATT
227	JOANNE	MARSDEN	496	01:50:15	544	01:49:36	75	F	53	FSNR	TYNEDALE HARRIERS
911	JENNY	FRIEND	497	01:50:16	511	01:48:45	76	F	16	F40	UNATT
647	ALISTAIR	MCGUFFIE	498	01:50:17	546	01:49:38	422	M	243	MSNR	RED ROSE
646	NATALIE	MCGUFFIE	499	01:50:18	547	01:49:40	77	F	54	FSNR	RED ROSE
908	RYAN	STEWART	500	01:50:18	424	01:45:29	423	M	244	MSNR	UNATT
1569	STEVEN	JOHNSTON	501	01:50:21	535	01:49:22	424	M	130	M40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1101	SARAH	MOIR	502	01:50:22	529	01:49:14	78	F	55	FSNR	UNATT
326	PAUL	TODD	503	01:50:22	521	01:49:03	425	M	245	MSNR	UNATT
1174	GILL	MULHOLLAND	504	01:50:23	514	01:48:54	79	F	56	FSNR	UNATT
1030	MICHAEL	HALL	505	01:50:24	569	01:50:15	426	M	131	M40	UNATT
209	EMMA	BACKHOUSE	506	01:50:24	553	01:49:55	80	F	57	FSNR	UNATT
183	PAUL	FEDDON	507	01:50:25	437	01:46:02	427	M	246	MSNR	UNATT
1609	TIM	FERRIS	508	01:50:29	444	01:46:18	428	M	247	MSNR	UNATT
937	SARAH	TEALE	509	01:50:30	497	01:48:21	81	F	58	FSNR	UNATT
938	DEREK	LOCKHART	510	01:50:30	496	01:48:21	429	M	248	MSNR	UNATT
1566	STUART	RUME	511	01:50:32	561	01:50:03	430	M	249	MSNR	UNATT
694	MICHAEL	COWIN	512	01:50:33	483	01:48:00	431	M	250	MSNR	UNATT
1374	JAMIE-LEE	JOHNSTONE	513	01:50:35	532	01:49:17	82	F	59	FSNR	UNATT
1373	STEPHEN	HOOLICAN	514	01:50:35	530	01:49:16	432	M	251	MSNR	UNATT
1015	PAUL	ROSS	515	01:50:36	527	01:49:09	433	M	252	MSNR	UNATT
1178	DAVID	SIVEWRIGHT	516	01:50:37	507	01:48:40	434	M	132	M40	UNATT
1014	NATALIE	ROONEY	517	01:50:37	528	01:49:09	83	F	60	FSNR	UNATT
589	LEANNE	NELSON	518	01:50:37	508	01:48:41	84	F	61	FSNR	UNATT
1283	KAREN	SAWARD	519	01:50:44	481	01:47:51	85	F	62	FSNR	SWALEDALE RR
1544	A	KAY	520	01:50:46	519	01:48:59	435	M	253	MSNR	UNATT
1689	SIOBONNE	BREWSTER	521	01:50:48	560	01:50:02	86	F	63	FSNR	BORROWDALE FELL RUNNERS
1360	DEREK	WALSH	522	01:50:49	558	01:50:01	436	M	133	M40	UNATT
58	VIV	WINTER	523	01:50:50	523	01:49:04	87	F	17	F40	UNATT
736	WAYNE	HORSLEY	524	01:50:51	473	01:47:40	437	M	254	MSNR	UNATT
25	WILLIAM	GRAY	525	01:50:53	572	01:50:29	438	M	134	M40	LOW FELL RC
944	ANN-MARIE	SWALLOW	526	01:50:56	559	01:50:01	88	F	64	FSNR	UNATT
881	ADELE	ROCHE	527	01:50:58	479	01:47:50	89	F	18	F40	HOWGILL HARRIERS
1158	DAVID	DONOGHUE	528	01:50:59	552	01:49:54	439	M	135	M40	UNATT
1130	DAVID	RICE	529	01:51:01	503	01:48:34	440	M	255	MSNR	CARLISLE TRI
1712	ROBBIE	MATHER	530	01:51:01	573	01:50:36	441	M	256	MSNR	UNATT
425	DERYCK	HUTCHINSON	531	01:51:04	580	01:50:49	442	M	42	M50	KESWICK AC
323	MARK	GREAVES	532	01:51:05	537	01:49:24	443	M	136	M40	CUMBERLAND AC
1207	LORENA	CHRISTIE	533	01:51:10	566	01:50:13	90	F	65	FSNR	UNATT
45	ROWENA	EVANS	534	01:51:11	461	01:47:03	91	F	66	FSNR	UNATT
1543	CAROLINE	SMITH	535	01:51:12	542	01:49:34	92	F	67	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
861	SARAH	CHAUDHRI	536	01:51:12	545	01:49:37	93	F	19	F40	CUMBERLAND AC
1031	MICHAEL	THOMPSON	537	01:51:17	531	01:49:16	444	M	43	M50	UNATT
1029	ROBERT	HOGG	538	01:51:23	576	01:50:41	445	M	10	M60	UNATT
920	ANDREW	TURNER	539	01:51:24	564	01:50:09	446	M	257	MSNR	UNATT
299	DAVID	DICKINSON	540	01:51:30	578	01:50:44	447	M	258	MSNR	UNATT
298	GARY	HAWKINS	541	01:51:30	579	01:50:44	448	M	259	MSNR	UNATT
100	DAVE	FINLAYSON	542	01:51:35	454	01:46:41	449	M	44	M50	UNATT
700	MALCOLM	GRAHAM	543	01:51:38	440	01:46:13	450	M	260	MSNR	UNATT
1479	JILL	GARDINER	544	01:51:39	536	01:49:22	94	F	68	FSNR	UNATT
1363	KAREN	OLIPHANT	545	01:51:39	602	01:51:11	95	F	20	F40	UNATT
80	NICOLA	FINNTIALIE	546	01:51:41	577	01:50:42	96	F	69	FSNR	UNATT
1219	RAYMOND	WILLIAMSON	547	01:51:44	520	01:49:02	451	M	45	M50	UNATT
873	STU	LIGHTFOOT	548	01:51:49	470	01:47:32	452	M	261	MSNR	UNATT
915	ANDREW	BUTLER	549	01:51:50	455	01:46:43	453	M	137	M40	UNATT
333	SIMON	HOWARD	550	01:51:52	538	01:49:31	454	M	262	MSNR	UNATT
1744	ASHLEY	GRAHAM	551	01:51:55	589	01:50:57	455	M	263	MSNR	UNATT
1070	ALLAN	BROADBENT	552	01:51:55	603	01:51:12	456	M	11	M60	POOLSAC
1530	SIMON	GOODMAN	553	01:51:55	540	01:49:32	457	M	138	M40	UNATT
1750	AMANDA	BARRON	554	01:51:59	617	01:51:43	97	F	70	FSNR	WIGTON ROAD RUNNERS
377	JULIAN	GRAHAM	555	01:52:00	522	01:49:03	458	M	264	MSNR	BLENGDALE RUNNERS
1269	RODERICK	CRAWFORD	556	01:52:01	587	01:50:54	459	M	139	M40	UNATT
24	NIALL	JOHNSON	557	01:52:02	516	01:48:56	460	M	140	M40	UNATT
171	AILISH	O'CALLAGHAN	558	01:52:06	611	01:51:29	98	F	71	FSNR	UNATT
1323	STEPHEN	SHORT	559	01:52:08	539	01:49:31	461	M	46	M50	UNATT
135	NICOLA	CARRUTHERS	560	01:52:13	568	01:50:14	99	F	72	FSNR	UNATT
416	AMY	BASTOW	561	01:52:17	607	01:51:28	100	F	73	FSNR	UNATT
1439	ALLAN	KIMMETT	562	01:52:18	581	01:50:49	462	M	141	M40	UNATT
1531	LISA	POWE	563	01:52:19	512	01:48:49	101	F	74	FSNR	UNATT
127	SHEENA	MURRAY	564	01:52:20	550	01:49:51	102	F	21	F40	UNATT
863	PETER	RAGAN	565	01:52:23	570	01:50:20	463	M	47	M50	UNATT
1278	TOM	MARTIN	566	01:52:31	563	01:50:07	464	M	142	M40	UNATT
254	RALPH	DICKINSON	567	01:52:34	565	01:50:11	465	M	48	M50	BLYTH RC
1532	MATTHEW	RUCH	568	01:52:36	524	01:49:04	466	M	265	MSNR	UNATT
1254	TERRY	MCINTYRE	569	01:52:37	582	01:50:50	467	M	49	M50	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
990	DAVID	COPELAND	570	01:52:37	555	01:49:58	468	M	266	MSNR	UNATT
805	ANTHONY	HALL	571	01:52:39	633	01:52:27	469	M	143	M40	UNATT
461	AMANDA	BIRKETT	572	01:52:41	596	01:51:07	103	F	75	FSNR	UNATT
462	KENNETH	YOUNG	573	01:52:41	595	01:51:07	470	M	144	M40	UNATT
539	CAROL	WHITTLE	574	01:52:44	594	01:51:06	104	F	22	F40	GLAXO HOAD HILL HARRIERS
1192	PAUL	BALBIRNIE	575	01:52:46	490	01:48:08	471	M	145	M40	UNATT
611	COLIN	LE-VOI	576	01:52:53	543	01:49:34	472	M	146	M40	UNATT
1345	ANDREW	REID	577	01:52:57	624	01:51:56	473	M	267	MSNR	UNATT
341	RICHARD	RIDLEY	578	01:52:58	635	01:52:28	474	M	268	MSNR	UNATT
902	DAVID	MOSSOP	579	01:53:00	634	01:52:27	475	M	147	M40	UNATT
670	STEVEN	REID	580	01:53:01	625	01:52:00	476	M	269	MSNR	UNATT
982	ROBIN	SHARP	581	01:53:05	632	01:52:26	477	M	148	M40	UNATT
1486	BARRIE	STUDHOLM	582	01:53:05	541	01:49:32	478	M	270	MSNR	UNATT
632	NICOLA	DAVISON	583	01:53:07	647	01:52:47	105	F	76	FSNR	KESWICK AC
884	RUSSELL	BECKWITH	584	01:53:11	489	01:48:07	479	M	271	MSNR	UNATT
148	MARK	GREEN	585	01:53:13	600	01:51:10	480	M	272	MSNR	UNATT
843	CHRIS	THOMPSON	586	01:53:13	515	01:48:54	481	M	273	MSNR	UNATT
1162	MARGARET	HAWLEY	587	01:53:14	567	01:50:13	106	F	8	F50	CUMBERLAND AC
507	TREVOR	SALLIS	588	01:53:16	606	01:51:21	482	M	149	M40	UNATT
1106	CRAIG	NICHOLSON	589	01:53:17	631	01:52:23	483	M	50	M50	UNATT
804	JOANNE	SECULAR-HALL	590	01:53:17	658	01:53:04	107	F	77	FSNR	UNATT
1226	DAVID	BOOTH	591	01:53:19	608	01:51:28	484	M	150	M40	UNATT
1752	HELEN	PARKER	592	01:53:19	637	01:52:29	108	F	78	FSNR	UNATT
1500	COLIN	FARNDON	593	01:53:20	513	01:48:52	485	M	151	M40	UNATT
1665	TOM	MCDONAGH	594	01:53:22	504	01:48:34	486	M	152	M40	UNATT
1756	JOSEPH	WALKER	595	01:53:22	641	01:52:33	487	M	12	M60	UNATT
1522	NATALIE	TAYLOR	596	01:53:25	591	01:51:03	109	F	23	F40	UNATT
716	CHRIS	CLARK	597	01:53:29	668	01:53:18	488	M	13	M60	KESWICK AC
26	DAVIE	WARD	598	01:53:30	643	01:52:39	489	M	274	MSNR	UNATT
1136	EMILY	WOOD	599	01:53:30	605	01:51:20	110	F	79	FSNR	UNATT
978	JAMES	GRIERSON	600	01:53:36	588	01:50:54	490	M	51	M50	DUMFRIES RC
143	JON	LEWTHWAITE	601	01:53:39	556	01:49:58	491	M	275	MSNR	UNATT
1005	ROBIN	CLARK	602	01:53:39	639	01:52:31	492	M	153	M40	UNATT
1004	VICKI	CLARKE	603	01:53:39	640	01:52:32	111	F	80	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
679	PETER	MILES	604	01:53:42	642	01:52:36	493	M	154	M40	UNATT
1730	MIKE	BROWN	605	01:53:47	499	01:48:26	494	M	276	MSNR	UNATT
1521	COLIN	MCGONAGLE	606	01:53:47	662	01:53:10	495	M	277	MSNR	UNATT
639	DAWN	GILL	607	01:53:49	673	01:53:23	112	F	9	F50	DALLAM
1553	EMMA	OSBOUNE	608	01:53:50	644	01:52:42	113	F	81	FSNR	UNATT
877	STEVEN	BUTTERWORTH	609	01:53:50	501	01:48:31	496	M	155	M40	UNATT
531	ANTHONY	NICHOLSON	610	01:53:50	676	01:53:27	497	M	156	M40	UNATT
1533	STEPHEN	SALE	611	01:53:53	571	01:50:21	498	M	157	M40	UNATT
644	BARRIE	EVANS	612	01:53:53	599	01:51:09	499	M	14	M60	ELVET STRIDERS
1747	MARK	LIDDINGTON	613	01:53:58	686	01:53:46	500	M	278	MSNR	UNATT
290	HANNAH	JOHNSON	614	01:53:58	655	01:53:01	114	F	82	FSNR	UNATT
1320	ANDRE	AISLABIE	615	01:54:00	575	01:50:39	501	M	52	M50	UNATT
1016	GRAEME	LATIMER	616	01:54:00	653	01:52:56	502	M	158	M40	UNATT
1017	NICOLA	LATIMER	617	01:54:00	654	01:52:56	115	F	24	F40	WIGTON ROAD RUNNERS
1690	RICHARD	WOODWARD	618	01:54:07	592	01:51:03	503	M	279	MSNR	UNATT
1755	EDDIE	GILFILLAN	619	01:54:07	626	01:52:04	504	M	159	M40	UNATT
1480	IAN	WAUGH	620	01:54:10	619	01:51:48	505	M	280	MSNR	UNATT
1482	JANETTE	HOPE	621	01:54:13	679	01:53:29	116	F	83	FSNR	UNATT
761	GAVIN	CHAMBERLAIN	622	01:54:16	548	01:49:46	506	M	281	MSNR	UNATT
1718	STEVEN	RATHALL	623	01:54:17	660	01:53:08	507	M	282	MSNR	UNATT
687	DEBORAH	CURLE	624	01:54:18	666	01:53:15	117	F	25	F40	UNATT
1359	KATHERINE	ULLRICH	625	01:54:19	645	01:52:44	118	F	84	FSNR	UNATT
896	JILL	VAN LIESHOUT	626	01:54:20	669	01:53:20	119	F	26	F40	UNATT
1302	FRED	WOOD	627	01:54:21	551	01:49:52	508	M	53	M50	SUNDERLAND STROLLERS
1277	RUTH	MARSHALL	628	01:54:22	663	01:53:14	120	F	27	F40	WALLSEND HARRIERS
439	DAVINA	LONSDALE	629	01:54:22	584	01:50:53	121	F	28	F40	BLYTH RC
838	CARL	PEARSON	630	01:54:23	670	01:53:20	509	M	283	MSNR	DERWENT AC
686	JEM	SINCLAIR	631	01:54:27	597	01:51:07	510	M	54	M50	UNATT
773	IAIN	ALLAN	632	01:54:28	627	01:52:04	511	M	160	M40	UNATT
1069	SHARRON	CLARK	633	01:54:30	674	01:53:25	122	F	85	FSNR	WIGTON ROAD RUNNERS
808	DANIEL	HINKLEY	634	01:54:31	557	01:50:00	512	M	284	MSNR	UNATT
1702	PAUL	GARESSE	635	01:54:31	593	01:51:05	513	M	285	MSNR	UNATT
1244	DALE	DICKINSON	636	01:54:33	598	01:51:07	514	M	286	MSNR	UNATT
1406	MENNA	LEWIS	637	01:54:33	694	01:54:04	123	F	10	F50	HOWGILL HARRIERS



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1177	SIMON	STAMPER	638	01:54:34	630	01:52:21	515	M	287	MSNR	UNATT
1194	ROBERT	CAMERON	639	01:54:37	687	01:53:55	516	M	55	M50	GLAXO HOAD HILL HARRIERS
1206	PIERS	TUPMAN	640	01:54:40	590	01:51:00	517	M	161	M40	UNATT
1112	MARC	ODELL	641	01:54:42	681	01:53:36	518	M	288	MSNR	UNATT
38	MIKE	CRONE	642	01:54:44	620	01:51:48	519	M	162	M40	UNATT
1033	SIMON	FLATMAN	643	01:54:45	703	01:54:26	520	M	289	MSNR	UNATT
698	WESLEY	DAVIS	644	01:54:45	683	01:53:41	521	M	290	MSNR	UNATT
1446	STEVE	KEIGHTLEY	645	01:54:46	615	01:51:41	522	M	163	M40	UNATT
950	SIMON	BROOKS	646	01:54:47	636	01:52:28	523	M	291	MSNR	UNATT
1661	MIKE	MCKENZIE	647	01:54:47	699	01:54:19	524	M	56	M50	CUMBERLAND AC
1681	STEVE	PHILLIPS	648	01:54:50	604	01:51:15	525	M	292	MSNR	UNATT
1631	RIA	LAURIE	649	01:54:51	656	01:53:02	124	F	86	FSNR	UNATT
1044	MIKE	BELL	650	01:54:55	586	01:50:53	526	M	293	MSNR	EDEN RUNNERS
1107	CHRIS	JOHNSTON	651	01:54:55	585	01:50:53	527	M	164	M40	UNATT
1698	STEPHEN	BLACKWELL	652	01:54:56	677	01:53:28	528	M	294	MSNR	UNATT
1273	GARY	BARWISE	653	01:54:56	533	01:49:17	529	M	295	MSNR	UNATT
942	STEPHEN JAMES	WATSON	654	01:55:01	601	01:51:10	530	M	165	M40	UNATT
707	HANNAH	DONOVAN	655	01:55:03	612	01:51:29	125	F	87	FSNR	UNATT
1024	DARREN	GLEGG	656	01:55:03	700	01:54:21	531	M	166	M40	UNATT
1239	IAN	BLACK	657	01:55:04	618	01:51:45	532	M	167	M40	UNATT
1135	WILLIAM	CUNNINGHAM	658	01:55:14	690	01:53:58	533	M	168	M40	UNATT
1034	GARY	BRADDOCK	659	01:55:17	583	01:50:51	534	M	169	M40	UNATT
218	HEATHER	GLEGG	660	01:55:18	709	01:54:35	126	F	29	F40	UNATT
1260	NEIL	STEWART	661	01:55:24	562	01:50:03	535	M	296	MSNR	UNATT
74	JANE	MOTTRAM	662	01:55:27	689	01:53:56	127	F	11	F50	CUMBERLAND FELL RUNNERS
1720	KATHRYN	BALLARD	663	01:55:27	646	01:52:45	128	F	88	FSNR	UNATT
88	LAURA	DONOGHUE	664	01:55:31	702	01:54:24	129	F	89	FSNR	UNATT
1677	REBECCA	GILBERT	665	01:55:31	730	01:55:15	130	F	90	FSNR	UNATT
296	LAURA	SWANSTON	666	01:55:33	609	01:51:28	131	F	91	FSNR	UNATT
577	CLAIRE	CANNON-PARK	667	01:55:40	692	01:54:01	132	F	92	FSNR	UNATT
1583	RICHARD	GODDARD	668	01:55:42	574	01:50:37	536	M	57	M50	UNATT
1400	BOB	NEWBY	669	01:55:47	695	01:54:05	537	M	170	M40	UNATT
1000	STEPHANIE	GREEN	670	01:55:53	704	01:54:27	133	F	30	F40	UNATT
367	BRIAN	SHIEL	671	01:55:56	710	01:54:36	538	M	171	M40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
176	LYN	BROWN	672	01:55:58	691	01:53:59	134	F	12	F50	UNATT
1636	PAUL	HAMMOND	673	01:56:01	650	01:52:55	539	M	297	MSNR	UNATT
1259	ANDREW	MCINTYRE	674	01:56:02	697	01:54:16	540	M	298	MSNR	UNATT
977	DONNA	GRAHAM	675	01:56:03	746	01:55:31	135	F	31	F40	UNATT
1120	BRIAN	BLEWITT	676	01:56:04	739	01:55:20	541	M	172	M40	UNATT
46	CLAIRE	PATTERSON	677	01:56:05	628	01:52:11	136	F	32	F40	UNATT
267	JOANNE	DOWNEY	678	01:56:07	714	01:54:48	137	F	33	F40	UNATT
1164	PRADEEP	BHAGAWAN	679	01:56:07	759	01:55:43	542	M	58	M50	UNATT
1749	ANDREW	BROUGH	680	01:56:10	765	01:55:56	543	M	299	MSNR	UNATT
1152	GILLIAN	MOORE	681	01:56:10	664	01:53:14	138	F	93	FSNR	NORTH SHIELDS POLY
432	HEATHER	WOOD	682	01:56:13	661	01:53:09	139	F	34	F40	UNATT
970	MICHAEL	BARBOUR	683	01:56:15	613	01:51:29	544	M	173	M40	UNATT
1386	DAVID	HARRISON	684	01:56:16	614	01:51:35	545	M	174	M40	UNATT
1714	LUCINDA	BURROUGH	685	01:56:16	735	01:55:18	140	F	94	FSNR	UNATT
155	MICHAEL	TALLANTIRE	686	01:56:17	731	01:55:15	546	M	175	M40	UNATT
782	STEVEN	MCINTOSH	687	01:56:18	717	01:54:54	547	M	300	MSNR	UNATT
652	ADAM	COWARD	688	01:56:18	667	01:53:15	548	M	301	MSNR	UNATT
587	MARK	CHRISTER	689	01:56:19	716	01:54:53	549	M	302	MSNR	UNATT
703	JO	LEWIS	690	01:56:21	749	01:55:32	141	F	35	F40	UNATT
671	JACKIE	HOLMES	691	01:56:21	760	01:55:43	142	F	95	FSNR	CARLISLE TRI
1586	JOHN	LEWIS	692	01:56:21	748	01:55:32	550	M	176	M40	UNATT
1483	KATHERINE	HARVEY	693	01:56:22	752	01:55:38	143	F	96	FSNR	UNATT
1195	JOANNE	SIMMS	694	01:56:25	678	01:53:28	144	F	97	FSNR	NORTH SHIELDS
1501	CHLOE	ROBINSON	695	01:56:29	725	01:55:06	145	F	98	FSNR	UNATT
1634	JAMES	O'NEILL	696	01:56:30	610	01:51:28	551	M	303	MSNR	UNATT
1063	JULIA	FORSYTH	697	01:56:32	762	01:55:48	146	F	99	FSNR	UNATT
1683	MITCHELL	GRAHAM	698	01:56:32	649	01:52:54	552	M	304	MSNR	UNATT
1064	ALISON	WALKER	699	01:56:36	718	01:54:57	147	F	100	FSNR	EDEN RUNNERS
976	JOHN	CROMBIE	700	01:56:37	672	01:53:22	553	M	59	M50	UNATT
144	STUART	CROOK	701	01:56:42	657	01:53:02	554	M	305	MSNR	UNATT
812	JOHN	CHILTON	702	01:56:45	736	01:55:18	555	M	177	M40	UNATT
67	SARAH	THOMPSON	703	01:56:45	787	01:56:25	148	F	101	FSNR	KESWICK AC
521	STEVEN	ARMSTRONG	704	01:56:47	629	01:52:14	556	M	306	MSNR	UNATT
867	JOHN	BLOCKLEY	705	01:56:50	719	01:54:57	557	M	60	M50	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
95	TONY	WOODBURN	706	01:56:50	616	01:51:41	558	M	307	MSNR	UNATT
822	MARK	BARTRIP	707	01:56:53	621	01:51:49	559	M	308	MSNR	UNATT
790	LEANNE	NORRIS	708	01:56:53	713	01:54:47	149	F	102	FSNR	UNATT
828	JEFFREY	WARD	709	01:56:55	698	01:54:16	560	M	178	M40	UNATT
479	CHRIS	COLLETT	710	01:56:56	622	01:51:54	561	M	179	M40	UNATT
1517	LEE	HOLLIDAY	711	01:56:57	755	01:55:40	562	M	309	MSNR	UNATT
555	MARTIN	DODD	712	01:56:58	665	01:53:14	563	M	180	M40	UNATT
1045	TOM	CARTER	713	01:57:00	771	01:56:09	564	M	181	M40	UNATT
1602	PHILIP	PRATT	714	01:57:01	800	01:56:52	565	M	182	M40	UNATT
79	CAROLINE	NAJAFI	715	01:57:08	761	01:55:43	150	F	36	F40	LOW FELL RC
1142	PAUL	JENNINGS	716	01:57:08	798	01:56:48	566	M	310	MSNR	UNATT
995	MICHAEL	BRIGGS	717	01:57:09	747	01:55:31	567	M	61	M50	UNATT
1353	NEIL	MCNICHOLAS	718	01:57:11	652	01:52:55	568	M	183	M40	TRI LAKELAND
1354	CLAIRE	MCNICHOLAS	719	01:57:11	651	01:52:55	151	F	103	FSNR	UNATT
807	LUCY	SIDDLE	720	01:57:12	741	01:55:25	152	F	104	FSNR	UNATT
114	JO	BUCKLEY	721	01:57:16	777	01:56:13	153	F	105	FSNR	SUNDERLAND HARRIERS
1450	SARAH	CAWTHORN	722	01:57:17	772	01:56:09	154	F	106	FSNR	WALLSEND HARRIERS
666	ALAN	BROWN	723	01:57:20	740	01:55:24	569	M	15	M60	UNATT
1599	LOUISE	BROWN	724	01:57:21	785	01:56:23	155	F	107	FSNR	UNATT
1413	MATT	HOUSE	725	01:57:24	784	01:56:22	570	M	184	M40	UNATT
35	CHRIS	WINSPEAR	726	01:57:25	802	01:56:57	571	M	185	M40	UNATT
1022	ROB	SCOTT	727	01:57:27	623	01:51:54	572	M	186	M40	UNATT
1427	HELEN	LAVELLE	728	01:57:34	808	01:57:13	156	F	108	FSNR	UNATT
1288	JULIAN	BILLINGHURST	729	01:57:35	682	01:53:37	573	M	187	M40	UNATT
64	GARRY	VERNON	730	01:57:37	721	01:55:03	574	M	188	M40	REAL BUZZ RUN BRITAIN
320	STEPHEN	COATES	731	01:57:43	732	01:55:15	575	M	311	MSNR	UNATT
588	PAUL	CHRISTER	732	01:57:45	780	01:56:19	576	M	189	M40	UNATT
471	MELODY	HAMILTON	733	01:57:48	773	01:56:09	157	F	13	F50	UNATT
1079	MATTHEW	BELL	734	01:57:49	693	01:54:01	577	M	312	MSNR	UNATT
1542	THOMAS	FISHER	735	01:57:51	778	01:56:15	578	M	313	MSNR	UNATT
474	KAREN	DUNBAR	736	01:57:52	809	01:57:13	158	F	37	F40	UNATT
1727	TRISH	BLYTH	737	01:57:52	816	01:57:31	159	F	38	F40	UNATT
342	HAILEY	ASBRIDGE	738	01:57:52	696	01:54:06	160	F	109	FSNR	UNATT
827	GRANT	SEATON	739	01:57:53	648	01:52:53	579	M	314	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
535	RUTH	WOOD	740	01:58:00	781	01:56:19	161	F	39	F40	NORTH EAST VETS AC
503	IAN	TOMLINSON	741	01:58:02	706	01:54:28	580	M	315	MSNR	UNATT
940	STEVE	MEAKIN	742	01:58:03	638	01:52:29	581	M	190	M40	UNATT
769	MELISSA	HART	743	01:58:05	801	01:56:56	162	F	110	FSNR	KESWICK AC
799	GEORGIA	GANNON	744	01:58:06	803	01:56:57	163	F	111	FSNR	UNATT
667	CARL	DENE	745	01:58:09	726	01:55:10	582	M	191	M40	UNATT
344	STEPHEN	JACKSON	746	01:58:09	708	01:54:31	583	M	316	MSNR	UNATT
1231	DAVID	HETHERINGTON	747	01:58:11	675	01:53:26	584	M	192	M40	UNATT
864	JOHN	KERR	748	01:58:13	671	01:53:21	585	M	317	MSNR	UNATT
533	JOANNE	SHORT	749	01:58:16	789	01:56:27	164	F	40	F40	UNATT
836	ALEX	HEMPTON	750	01:58:17	711	01:54:45	165	F	41	F40	UNATT
1077	KEVIN	HOWLAND	751	01:58:19	659	01:53:05	586	M	193	M40	UNATT
1407	ANDREW	JOHNSTONE	752	01:58:26	807	01:57:05	587	M	318	MSNR	UNATT
307	EMILY	TAIT	753	01:58:28	769	01:56:00	166	F	112	FSNR	UNATT
236	MARK	PERCIVAL	754	01:58:30	823	01:57:48	588	M	194	M40	UNATT
887	ROCHELLE	EVANS	755	01:58:33	766	01:55:56	167	F	113	FSNR	UNATT
1095	KEITH	GRIFFITHS	756	01:58:33	685	01:53:45	589	M	319	MSNR	UNATT
1396	HEIDI	JACKSON	757	01:58:37	788	01:56:26	168	F	114	FSNR	UNATT
258	ADRIAN	SCHULTZ	758	01:58:39	707	01:54:28	590	M	320	MSNR	ARMY
872	RICHARD	STEEL	759	01:58:41	742	01:55:28	591	M	321	MSNR	UNATT
869	DAVID	TRIPPITT	760	01:58:41	743	01:55:29	592	M	195	M40	UNATT
402	PAULINE	TYSON	761	01:58:42	750	01:55:35	169	F	42	F40	HOWGILL HARRIERS
1266	CHRISTOHER	CLIFFORD-HIRST	762	01:58:44	720	01:54:59	593	M	322	MSNR	UNATT
1597	JAMES	JOHNSTONE	763	01:58:45	763	01:55:49	594	M	62	M50	KESWICK AC
1598	KATE	FRAMPTON	764	01:58:45	764	01:55:49	170	F	14	F50	KESWICK AC
680	SUSAN	SMITH	765	01:58:47	734	01:55:17	171	F	43	F40	MORPETH HARRIERS
1738	GEOFF	BULLMAN	766	01:58:48	821	01:57:41	595	M	323	MSNR	UNATT
1469	CAMILLA	JAMES	767	01:58:51	724	01:55:05	172	F	115	FSNR	UNATT
1378	MARK	CAMPBELL	768	01:58:56	817	01:57:32	596	M	196	M40	UNATT
1389	JENNIFER	REES	769	01:58:58	840	01:58:19	173	F	116	FSNR	NORTH SHIELDS
605	GARETH	JOHNSTONE	770	01:59:01	770	01:56:02	597	M	324	MSNR	UNATT
875	CLARK	DOUGLAS	771	01:59:04	684	01:53:43	598	M	325	MSNR	UNATT
1023	MIKE	TRAVIS	772	01:59:08	680	01:53:35	599	M	63	M50	UNATT
331	KEVIN	BORLASE	773	01:59:09	806	01:57:01	600	M	64	M50	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
582	ANDY	SWEETMAN	774	01:59:11	737	01:55:18	601	M	197	M40	UNATT
1346	P	FOSTER	775	01:59:14	705	01:54:27	602	M	198	M40	UNATT
656	PATRICK	NEESON	776	01:59:17	782	01:56:21	603	M	199	M40	SWALEDALE RR
199	CLARE	CRESWELL	777	01:59:18	794	01:56:40	174	F	117	FSNR	UNATT
200	JOHN	LLOYD	778	01:59:19	795	01:56:40	604	M	326	MSNR	UNATT
1242	GLEN	CARRUTHERS	779	01:59:19	688	01:53:55	605	M	65	M50	UNATT
357	NIGEL	MCEWEN	780	01:59:20	779	01:56:18	606	M	16	M60	UNATT
1659	ANN	PATTINSON	781	01:59:21	796	01:56:45	175	F	44	F40	UNATT
724	JOHN	MCDERMOTT	782	01:59:23	819	01:57:40	607	M	66	M50	UNATT
1757	CHRIS	MELLOR	783	01:59:24	830	01:57:59	608	M	327	MSNR	UNATT
130	DAVID	BENN	784	01:59:25	774	01:56:09	609	M	328	MSNR	UNATT
440	GILLIAN	DONALDSON	785	01:59:30	793	01:56:36	176	F	45	F40	SALTWELL HARRIER
1362	SEBASTIAN	BUSZKO	786	01:59:33	843	01:58:27	610	M	329	MSNR	UNATT
93	TIM	HODGSON	787	01:59:38	738	01:55:18	611	M	330	MSNR	UNATT
1238	DERRY	EILBECK	788	01:59:39	701	01:54:21	612	M	331	MSNR	UNATT
1160	M	SOWERBY	789	01:59:39	727	01:55:10	613	M	332	MSNR	UNATT
28	GEOFF	RENYARD	790	01:59:40	815	01:57:30	614	M	67	M50	UNATT
929	ANDREW	CRAMMAN	791	01:59:41	712	01:54:45	615	M	333	MSNR	UNATT
1603	JAMES	DUNLOP	792	01:59:42	775	01:56:09	616	M	334	MSNR	UNATT
1684	LAUREN	BALDWIN	793	01:59:44	723	01:55:03	177	F	118	FSNR	UNATT
543	NEIL	BALDWIN	794	01:59:44	722	01:55:03	617	M	68	M50	UNATT
1587	MIKE	PARKER	795	01:59:44	715	01:54:49	618	M	69	M50	UNATT
1145	DAMIAN	BURNS	796	01:59:46	797	01:56:46	619	M	200	M40	UNATT
445	BEN	ROBINSON	797	01:59:46	751	01:55:36	620	M	335	MSNR	UNATT
912	LUKE	BERRETT	798	01:59:48	812	01:57:17	621	M	336	MSNR	UNATT
788	KATH	SMITH	799	01:59:48	756	01:55:41	178	F	15	F50	CARLISLE TRI
913	TOM	WOOD	800	01:59:48	813	01:57:18	622	M	337	MSNR	UNATT
784	MARGARET	LOWIS	801	01:59:49	757	01:55:42	179	F	16	F50	CARLISLE TRI
472	CHERYL	EASTBURN	802	01:59:49	831	01:58:00	180	F	119	FSNR	UNATT
1361	COLIN	WEST	803	01:59:52	857	01:59:05	623	M	70	M50	UNATT
215	JEFFREY	BLAIR	804	01:59:53	845	01:58:31	624	M	71	M50	UNATT
1188	ROGER	CAIRNS	805	01:59:59	827	01:57:52	625	M	201	M40	UNATT
1703	JONNY	CHAPMAN	806	02:00:00	862	01:59:11	626	M	338	MSNR	UNATT
727	MARTIN	COLBENSON	807	02:00:07	804	01:57:00	627	M	202	M40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1315	NICK	HALL	808	02:00:08	753	01:55:38	628	M	339	MSNR	UNATT
1571	PETER	ARMSTRONG	809	02:00:09	754	01:55:39	629	M	340	MSNR	UNATT
1371	BRENDAN	MCCORD	810	02:00:11	859	01:59:07	630	M	341	MSNR	UNATT
1021	EMMA	RITCHIE	811	02:00:12	850	01:58:36	181	F	120	FSNR	UNATT
870	LOU	CAMPBELL	812	02:00:13	792	01:56:30	182	F	121	FSNR	UNATT
677	DARREN	MOUNSEY	813	02:00:13	842	01:58:26	631	M	203	M40	UNATT
426	MARTYN	KEY	814	02:00:16	883	02:00:05	632	M	342	MSNR	UNATT
665	JOHN	SULLIVAN	815	02:00:17	824	01:57:49	633	M	72	M50	UNATT
1176	ALISTAIR	BELL	816	02:00:19	829	01:57:54	634	M	343	MSNR	UNATT
409	CAROLINE	HACKNEY	817	02:00:21	865	01:59:18	183	F	122	FSNR	UNATT
1576	NICOLA	KENNEDY	818	02:00:21	858	01:59:06	184	F	46	F40	ANNAN & DISTRICT
1459	LINDSAY	TODD	819	02:00:22	841	01:58:23	185	F	123	FSNR	UNATT
890	FENNER	PEARSON	820	02:00:26	768	01:55:58	635	M	204	M40	UNATT
889	WARREN	PEARSON	821	02:00:26	767	01:55:58	636	M	205	M40	UNATT
1191	PAUL	BEWLEY	822	02:00:31	758	01:55:42	637	M	344	MSNR	UNATT
898	SIMON	BAGE	823	02:00:32	783	01:56:21	638	M	345	MSNR	UNATT
968	IAN	MORRIS	824	02:00:37	728	01:55:11	639	M	17	M60	UNATT
128	CAROLINE	EDEN	825	02:00:38	866	01:59:30	186	F	47	F40	UNATT
785	ROBERT	DENBY	826	02:00:44	877	01:59:57	640	M	346	MSNR	UNATT
1159	DONALD	WHITE	827	02:00:46	864	01:59:16	641	M	206	M40	UNATT
770	TREVOR	SMITH	828	02:00:50	835	01:58:09	642	M	73	M50	UNATT
158	KYLIE	MCCARTHY	829	02:00:51	849	01:58:34	187	F	124	FSNR	UNATT
243	RICHARD	POTTER	830	02:00:52	729	01:55:13	643	M	347	MSNR	UNATT
659	PHIL	MCMUNRO	831	02:00:52	854	01:58:46	644	M	348	MSNR	UNATT
244	PAUL	HIGGINS	832	02:00:53	733	01:55:15	645	M	349	MSNR	UNATT
1462	STEVE	JOHNSTON	833	02:00:54	888	02:00:16	646	M	350	MSNR	UNATT
895	JO	ATKINSON	834	02:00:55	853	01:58:40	188	F	125	FSNR	UNATT
1601	COLLETTE	THWAITES	835	02:00:56	836	01:58:09	189	F	126	FSNR	UNATT
1232	PATRICK	WOLSTENHOLME	836	02:00:58	745	01:55:30	647	M	351	MSNR	UNATT
725	STUART	LOCKWOOD	837	02:00:58	744	01:55:30	648	M	207	M40	UNATT
129	GAY	EASTOE	838	02:01:02	814	01:57:28	190	F	17	F50	BLENGDALE RUNNERS
1625	KEITH	HARBOTTLE	839	02:01:05	822	01:57:47	649	M	208	M40	UNATT
914	ALISON	O'NEIL	840	02:01:08	776	01:56:12	191	F	127	FSNR	UNATT
1692	ANDREW	DIXON	841	02:01:09	863	01:59:13	650	M	352	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1301	ALISON	EVANS	842	02:01:12	790	01:56:27	192	F	48	F40	SOUTH RIBBLE RUNNERS
1003	CHRISTOPHER JAM	DICKER	843	02:01:14	909	02:01:04	651	M	353	MSNR	UNATT
399	CLAIRE	PRATT	844	02:01:17	871	01:59:38	193	F	49	F40	UNATT
1710	GARY	WILSON	845	02:01:18	799	01:56:51	652	M	209	M40	UNATT
1040	SUSAN	BIDDY	846	02:01:19	856	01:59:00	194	F	128	FSNR	UNATT
1695	MARK	THOMPSON	847	02:01:20	848	01:58:33	653	M	210	M40	SALTWELL HARRIERS
280	SETH	ALLAN	848	02:01:20	818	01:57:33	654	M	354	MSNR	UNATT
662	JULIE	RICHARDSON	849	02:01:24	805	01:57:00	195	F	129	FSNR	YORK KNAVESMIRE HARRIERS
1526	JAMIE	WOODCOCK	850	02:01:26	839	01:58:15	655	M	355	MSNR	UNATT
904	GARY	MCKEE	851	02:01:27	786	01:56:23	656	M	211	M40	UNATT
1051	SAMANTHA	WALSHAW	852	02:01:31	826	01:57:51	196	F	50	F40	UNATT
1554	SHAUN	TODHUNTER	853	02:01:33	870	01:59:35	657	M	356	MSNR	UNATT
1119	ANDREW	BELL	854	02:01:34	811	01:57:16	658	M	357	MSNR	UNATT
723	BETH	IRVING	855	02:01:36	875	01:59:48	197	F	130	FSNR	UNATT
1691	KATHRYN	ARMSTRONG	856	02:01:39	872	01:59:42	198	F	131	FSNR	UNATT
1052	PAUL	BANCROFT	857	02:01:40	923	02:01:40	659	M	74	M50	UNATT
775	LOUISE	WALDING	858	02:01:45	904	02:00:49	199	F	51	F40	UNATT
570	GAIL	BRANTHWAITE	859	02:01:46	791	01:56:28	200	F	132	FSNR	UNATT
880	TERRY	ROCHE	860	02:01:49	851	01:58:39	660	M	75	M50	HOWGILL HARRIERS
1431	JACKIE	LEECH	861	02:01:51	899	02:00:38	201	F	52	F40	UNATT
12	JAMIE	SNAITH	862	02:01:53	825	01:57:50	661	M	358	MSNR	UNATT
1185	ALEXANDRA	BONNARD	863	02:01:55	867	01:59:30	202	F	133	FSNR	HEATON HARRIERS
1508	DAVID	FRANCIS	864	02:01:57	917	02:01:25	662	M	18	M60	UNATT
524	GRAHAM	BARKE	865	02:01:58	838	01:58:14	663	M	359	MSNR	UNATT
449	GARY	PATERSON	866	02:02:00	869	01:59:34	664	M	360	MSNR	UNATT
1666	SHARON	MCDONAGH	867	02:02:01	810	01:57:14	203	F	53	F40	UNATT
847	CRAIG	HARROD	868	02:02:05	846	01:58:31	665	M	212	M40	UNATT
252	NEIL	HARRISON	869	02:02:05	820	01:57:40	666	M	213	M40	UNATT
595	JAYNE	GEBBIE	870	02:02:15	881	02:00:02	204	F	54	F40	UNATT
1181	IAN	HORNER	871	02:02:17	828	01:57:53	667	M	361	MSNR	UNATT
1182	ASHLEY	MCCALL	872	02:02:19	832	01:58:05	668	M	362	MSNR	UNATT
1669	ROSE	TODHUNTER	873	02:02:21	915	02:01:22	205	F	18	F50	ALLEN VALLEY STRIDERS
1754	ADAM	HEARDMAN	874	02:02:22	847	01:58:32	669	M	76	M50	UNATT
260	STEVE	HAMPTON	875	02:02:30	833	01:58:05	670	M	77	M50	ROYAL NAVY



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
536	EMILY	WOODCOCK	876	02:02:35	889	02:00:17	206	F	134	FSNR	UNATT
1481	LYNN	LANCASTER	877	02:02:39	844	01:58:29	207	F	55	F40	UNATT
1367	EMMA	SIMPSON	878	02:02:39	887	02:00:14	208	F	135	FSNR	UNATT
689	JULIE	ROSS	879	02:02:40	885	02:00:10	209	F	56	F40	UNATT
850	GEOFF	HARRINGTON	880	02:02:41	886	02:00:12	671	M	19	M60	CUMBERLAND AC
219	AMANDA	GREEN	881	02:02:41	924	02:01:47	210	F	136	FSNR	UNATT
661	CLAIRE	ATKINSON	882	02:02:43	837	01:58:13	211	F	137	FSNR	UNATT
735	TIM	SULLIVAN	883	02:02:43	932	02:02:11	672	M	214	M40	UNATT
617	ANDREW	MCMANUS	884	02:02:46	834	01:58:06	673	M	363	MSNR	UNATT
1673	KATHRYN	BRYANT	885	02:02:49	861	01:59:10	212	F	138	FSNR	UNATT
1121	DEAN	BLEWITT	886	02:02:58	934	02:02:13	674	M	364	MSNR	UNATT
1740	AUDREY	O'KELLY	887	02:03:01	910	02:01:09	213	F	57	F40	UNATT
1701	MALCOLM	SCOTT	888	02:03:02	925	02:01:48	675	M	365	MSNR	UNATT
734	MELCHIOR	SINGO	889	02:03:02	937	02:02:29	676	M	215	M40	UNATT
1398	STEVEN	TYLER	890	02:03:04	941	02:02:32	677	M	366	MSNR	UNATT
1605	MARK	WILKINSON	891	02:03:14	936	02:02:26	678	M	216	M40	UNATT
730	GEMMA	FOLEY	892	02:03:15	852	01:58:39	214	F	139	FSNR	UNATT
1509	CRAIG	MALENEY	893	02:03:22	890	02:00:18	679	M	367	MSNR	UNATT
921	PAUL	TODD	894	02:03:27	895	02:00:32	680	M	368	MSNR	UNATT
1735	ANDREW	PAPE	895	02:03:31	905	02:00:49	681	M	369	MSNR	UNATT
1623	DOUG	WILSON	896	02:03:31	878	01:59:57	682	M	370	MSNR	UNATT
1324	PHILIP	LLOYD	897	02:03:35	892	02:00:20	683	M	371	MSNR	UNATT
627	CHRIS	LITTLE	898	02:03:36	880	02:00:01	684	M	372	MSNR	UNATT
1422	JULIE	HIND	899	02:03:40	938	02:02:30	215	F	58	F40	WALLSEND HARRIERS
897	PAUL	VAN LISSHOUT	900	02:03:44	944	02:02:45	685	M	78	M50	UNATT
1711	DARREN	BRYCESON	901	02:03:45	939	02:02:30	686	M	373	MSNR	UNATT
1733	LEE	LAWSON	902	02:03:46	893	02:00:23	687	M	374	MSNR	UNATT
362	ALEXANDRA	ROBINSON	903	02:03:48	935	02:02:14	216	F	140	FSNR	UNATT
1657	MAXINE	WILSON	904	02:03:48	911	02:01:12	217	F	59	F40	UNATT
1157	JORDAN	BURGESS	905	02:03:51	873	01:59:43	688	M	375	MSNR	UNATT
971	SARAH	WHITE	906	02:03:53	922	02:01:39	218	F	141	FSNR	UNATT
1205	SUSAN	MILBURN	907	02:03:54	949	02:03:15	219	F	142	FSNR	UNATT
664	WENDY	SULLIVAN	908	02:03:56	918	02:01:28	220	F	60	F40	UNATT
879	STEPHANIE	SHARP	909	02:03:58	902	02:00:41	221	F	61	F40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1393	PAUL	THOMPSON	910	02:04:01	920	02:01:31	689	M	79	M50	UNATT
907	GRANT	WALKER	911	02:04:08	860	01:59:08	690	M	376	MSNR	UNATT
699	IAN	MILBURN	912	02:04:10	855	01:58:58	691	M	217	M40	UNATT
1644	BEN	MACKNESS	913	02:04:14	927	02:02:00	692	M	377	MSNR	UNATT
939	LEE	SHERRIFF	914	02:04:17	884	02:00:08	222	F	143	FSNR	UNATT
628	FIONA	LITTLE	915	02:04:19	903	02:00:43	223	F	144	FSNR	UNATT
1433	STACEY	DAVIDSON	916	02:04:23	948	02:03:14	224	F	145	FSNR	WALLSEND HARRIERS
1529	DANNY	PITMAN	917	02:04:25	928	02:02:00	693	M	378	MSNR	UNATT
749	MATHEW	DODD	918	02:04:25	929	02:02:01	694	M	379	MSNR	UNATT
750	JONATHAN	DODD	919	02:04:30	930	02:02:07	695	M	380	MSNR	UNATT
1463	JAMES	IRVING	920	02:04:33	876	01:59:53	696	M	381	MSNR	UNATT
1717	MELISSA	GRIMSHAW	921	02:04:34	882	02:00:02	225	F	146	FSNR	SOUTH RIBBLE RUNNERS
1089	TONY	LOWREY	922	02:04:35	891	02:00:19	697	M	218	M40	EDEN RUNNERS
141	DAVID	JOHNSTONE	923	02:04:37	906	02:00:54	698	M	219	M40	UNATT
1715	LUCY	PEEL	924	02:04:39	958	02:03:41	226	F	147	FSNR	UNATT
302	JONATHAN	GRAY	925	02:04:40	933	02:02:11	699	M	382	MSNR	UNATT
759	CATHERINE	KEEVIL	926	02:04:40	945	02:02:49	227	F	148	FSNR	SAM AYRES
1155	CHRIS	SANDERSON	927	02:04:41	966	02:03:59	700	M	383	MSNR	UNATT
760	JANE	BLACKETT	928	02:04:45	913	02:01:15	228	F	62	F40	MORPETH HARRIERS
1263	GRAHAM	CURRIE	929	02:04:47	868	01:59:30	701	M	384	MSNR	UNATT
1262	LIAM	O'NEILL	930	02:04:50	874	01:59:43	702	M	385	MSNR	UNATT
279	MATTHEW	ALLAN	931	02:04:50	908	02:01:03	703	M	386	MSNR	UNATT
789	IAN	LOWIS	932	02:04:51	965	02:03:55	704	M	80	M50	CARLISLE TRI
463	LAURA	BARRY	933	02:04:51	962	02:03:52	229	F	149	FSNR	UNATT
821	NICOLA	THOMPSON	934	02:04:53	898	02:00:36	230	F	150	FSNR	UNATT
1026	PETER	DUTFIELD	935	02:04:58	894	02:00:24	705	M	81	M50	UNATT
1487	GRAEME	STEVENSON	936	02:05:06	919	02:01:29	706	M	220	M40	UNATT
1132	MARGARET	MASTERTON	937	02:05:07	879	01:59:57	231	F	63	F40	UNATT
34	ANDREW	BAILEY	938	02:05:07	975	02:04:15	707	M	387	MSNR	UNATT
517	JOANNE	PORTER	939	02:05:20	897	02:00:34	232	F	151	FSNR	ELVET STRIDERS
868	GARETH	TOSH	940	02:05:25	896	02:00:33	708	M	221	M40	UNATT
985	CHRISTOPHER	DODD	941	02:05:33	914	02:01:20	709	M	388	MSNR	UNATT
676	JIM	WELSH	942	02:05:34	901	02:00:39	710	M	222	M40	CUMBERLAND AC
797	SARAH	PURDHAM	943	02:05:36	1003	02:05:36	233	F	152	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1355	KELLY	CROSBIE	944	02:05:41	916	02:01:23	234	F	153	FSNR	UNATT
1122	SUE	FRANK	945	02:05:41	961	02:03:50	235	F	19	F50	UNATT
800	GARY	HEWER	946	02:05:47	983	02:04:21	711	M	223	M40	UNATT
1404	CHRIS	FOREMAN	947	02:05:50	946	02:02:53	712	M	224	M40	SALTWELL HARRIERS
1411	GEORGE	KING	948	02:05:51	995	02:05:07	713	M	389	MSNR	UNATT
1250	GIOVANNI	PILLITERRI	949	02:05:55	1005	02:05:42	714	M	225	M40	UNATT
1741	IAN	SHAW	950	02:06:01	900	02:00:38	715	M	390	MSNR	UNATT
1298	KEV	KENDAL	951	02:06:08	955	02:03:32	716	M	391	MSNR	HOWGILL HARRIERS
311	HELEN JULIA	EDWARDS	952	02:06:10	968	02:04:05	236	F	64	F40	UNATT
1048	VICTORIA	BLYD	953	02:06:10	988	02:04:31	237	F	154	FSNR	UNATT
310	DEBORA	BRADY	954	02:06:10	969	02:04:05	238	F	155	FSNR	UNATT
1041	ALAN	CREIGHTON	955	02:06:13	907	02:00:58	717	M	82	M50	UNATT
783	KARL	DOUGLAS	956	02:06:15	942	02:02:38	718	M	226	M40	UNATT
585	PAUL	WILLS	957	02:06:16	979	02:04:18	719	M	392	MSNR	UNATT
1595	JOE	MCEWAN	958	02:06:18	940	02:02:31	720	M	393	MSNR	UNATT
1074	SHARON	COWMAN	959	02:06:19	921	02:01:34	239	F	156	FSNR	UNATT
753	SUE	CLEMSON	960	02:06:28	926	02:01:55	240	F	65	F40	PRESTON HARRIERS
1149	CHRIS	BAYLISS	961	02:06:29	980	02:04:20	721	M	83	M50	UNATT
958	TRACEY	HORSEMAN	962	02:06:33	963	02:03:52	241	F	66	F40	UNATT
1455	IAN	CLARK	963	02:06:34	912	02:01:14	722	M	227	M40	UNATT
1109	TIM	BAUGH	964	02:06:37	951	02:03:23	723	M	228	M40	UNATT
415	JUDITH	HERON	965	02:06:41	985	02:04:21	242	F	67	F40	UNATT
174	ALISON	LITTLE	966	02:06:41	984	02:04:21	243	F	1	F60	UNATT
841	DAVID	MCCAUL	967	02:06:41	981	02:04:20	724	M	229	M40	UNATT
810	PAUL	BUTTON	968	02:06:46	931	02:02:07	725	M	84	M50	UNATT
1466	STEPHEN	JOHNSON	969	02:06:47	971	02:04:07	726	M	230	M40	UNATT
1060	IREN	ZOCHIOU	970	02:06:55	1004	02:05:38	244	F	157	FSNR	SUNDERLAND STRIDERS
682	LISA	OVINGTON	971	02:07:02	1009	02:06:07	245	F	158	FSNR	UNATT
584	KAREN	HAROLD	972	02:07:16	970	02:04:06	246	F	159	FSNR	UNATT
410	STEPHEN	BINCH	973	02:07:20	1017	02:06:28	727	M	231	M40	UNATT
162	GRANT	STEEL	974	02:07:23	977	02:04:16	728	M	394	MSNR	UNATT
163	KAY	CROOK	975	02:07:24	978	02:04:16	247	F	160	FSNR	UNATT
457	GARY	IRELAND	976	02:07:25	991	02:04:51	729	M	395	MSNR	UNATT
997	CRAIG	DAVIDSON	977	02:07:26	960	02:03:49	730	M	396	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
984	RACHAEL	COTTAM	978	02:07:28	989	02:04:33	248	F	161	FSNR	UNATT
101	JACKIE	AISTON	979	02:07:30	967	02:04:01	249	F	68	F40	UNATT
794	LUCY	COWTON	980	02:07:32	956	02:03:40	250	F	69	F40	UNATT
1612	YVONNE	MCKENZIE	981	02:07:34	1007	02:05:56	251	F	20	F50	UNATT
561	DAVID	KIDD	982	02:07:34	950	02:03:19	731	M	85	M50	UNATT
1445	STEPHANIE	CROSS	983	02:07:34	943	02:02:44	252	F	162	FSNR	UNATT
924	CAROLE	MILLER	984	02:07:35	1014	02:06:17	253	F	70	F40	CARLISLE TRI
277	SIMON	ALLAN	985	02:07:39	964	02:03:52	732	M	397	MSNR	UNATT
946	ALISON	GRIFFITHS	986	02:07:41	974	02:04:14	254	F	163	FSNR	UNATT
1065	LYNNE	HOWIE	987	02:07:41	973	02:04:14	255	F	71	F40	GLAXO HOAD HILL HARRIERS
99	CRAIG	THOMSON	988	02:07:43	1002	02:05:30	733	M	232	M40	UNATT
692	MARTYN	SCOTT	989	02:07:43	953	02:03:25	734	M	398	MSNR	UNATT
1010	STEVE	GOLDING	990	02:07:43	954	02:03:26	735	M	399	MSNR	UNATT
1640	JILL	COOKE	991	02:07:49	990	02:04:38	256	F	72	F40	UNATT
1280	GEMMA	ARMSTRONG	992	02:07:49	1000	02:05:24	257	F	164	FSNR	UNATT
1385	MARCUS	DODDS	993	02:07:50	959	02:03:44	736	M	400	MSNR	UNATT
182	JOHN	HARTLEY	994	02:07:53	994	02:04:59	737	M	86	M50	UNATT
534	DAVE	POTTS	995	02:07:57	1012	02:06:14	738	M	233	M40	UNATT
1610	KEITH	BELL	996	02:07:58	1049	02:07:42	739	M	234	M40	UNATT
606	PETER	BRETT	997	02:08:01	1015	02:06:18	740	M	235	M40	UNATT
1619	MARK	EVANS	998	02:08:12	982	02:04:20	741	M	401	MSNR	UNATT
1452	DAVID	DORAN	999	02:08:12	952	02:03:23	742	M	402	MSNR	UNATT
295	NICOLA	ENGLISH	1000	02:08:18	1037	02:07:24	258	F	165	FSNR	ALLEN VALLEY STRIDERS
809	FLEUR-MICHELLE	COIFFAIT	1001	02:08:25	1020	02:06:34	259	F	166	FSNR	UNATT
1420	KAREN	ROCKLIFFE	1002	02:08:28	1011	02:06:08	260	F	167	FSNR	UNATT
118	GRAHAM	DENNEY	1003	02:08:29	997	02:05:14	743	M	236	M40	UNATT
746	FRAZER	MITCHELL	1004	02:08:31	1038	02:07:25	744	M	237	M40	UNATT
696	MALCOLM	LYONS	1005	02:08:31	1039	02:07:26	745	M	238	M40	UNATT
607	SHARON	HOSKIN	1006	02:08:33	947	02:03:10	261	F	73	F40	UNATT
1588	ROSIE	CHAPLES	1007	02:08:33	1018	02:06:28	262	F	168	FSNR	UNATT
442	ANTHONY	DOHERTY	1008	02:08:34	976	02:04:15	746	M	239	M40	UNATT
223	DAVID	WOODS	1009	02:08:34	1047	02:07:39	747	M	240	M40	UNATT
955	MICHAEL	ELWICK	1010	02:08:36	1040	02:07:32	748	M	403	MSNR	UNATT
578	STUART	ROBB	1011	02:08:39	1028	02:06:53	749	M	87	M50	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
633	ROBERT	HOPE	1012	02:08:46	1024	02:06:42	750	M	20	M60	UNATT
90	KIROM	BARKER	1013	02:08:47	1016	02:06:18	263	F	74	F40	UNATT
855	LOUISE	SMITH	1014	02:08:48	996	02:05:11	264	F	75	F40	UNATT
602	ADAM	NELSON	1015	02:08:52	1029	02:06:59	751	M	404	MSNR	UNATT
1524	STEVEN	HIGGINS	1016	02:08:53	1030	02:06:59	752	M	405	MSNR	UNATT
926	AMY	HUGHES	1017	02:08:54	1022	02:06:39	265	F	169	FSNR	UNATT
1616	VALERIE	TURNER	1018	02:08:56	999	02:05:22	266	F	21	F50	UNATT
506	DAVID	BARNES	1019	02:08:58	957	02:03:40	753	M	406	MSNR	UNATT
208	VICKY	MATTESS	1020	02:09:00	1058	02:08:08	267	F	170	FSNR	UNATT
900	KENNETH	WEIR	1021	02:09:02	1001	02:05:25	754	M	88	M50	UNATT
1493	RYAN	DEARLIM	1022	02:09:03	1032	02:07:01	755	M	407	MSNR	UNATT
1460	KATE	DUFFY	1023	02:09:05	1054	02:07:57	268	F	171	FSNR	WALLSEND HARRIERS
974	ALISTAIR	HOWES	1024	02:09:06	972	02:04:11	756	M	241	M40	UNATT
1676	BEN	HOLMES	1025	02:09:07	1006	02:05:53	757	M	408	MSNR	UNATT
1086	LINDA	GILLESPIE	1026	02:09:11	1026	02:06:45	269	F	22	F50	UNATT
776	LISSA	WALKER	1027	02:09:18	1065	02:08:22	270	F	172	FSNR	UNATT
795	DARREN	THOMPSON	1028	02:09:19	993	02:04:58	758	M	409	MSNR	UNATT
1499	BECKY	FARNDON	1029	02:09:21	992	02:04:53	271	F	173	FSNR	UNATT
1347	CRAIG	HATCH	1030	02:09:33	998	02:05:20	759	M	242	M40	UNATT
1218	VANESSA	WALLACE	1031	02:09:37	1008	02:06:04	272	F	174	FSNR	UNATT
1372	CHRISTINE	REAY	1032	02:09:42	1025	02:06:42	273	F	23	F50	UNATT
993	SUSAN	BROXTON	1033	02:09:42	1034	02:07:08	274	F	175	FSNR	UNATT
16	STEPHEN	BRAITHWAITE	1034	02:09:47	1035	02:07:11	760	M	410	MSNR	UNATT
1237	KEVIN	MCGHIE	1035	02:09:47	986	02:04:27	761	M	243	M40	UNATT
1436	JOHN	STEPHENS	1036	02:09:47	1087	02:09:24	762	M	89	M50	LOW FELL RC
1523	SIMON	BROOKS	1037	02:09:49	1073	02:08:53	763	M	411	MSNR	UNATT
1236	LUKE	MCGHIE	1038	02:09:49	987	02:04:30	764	M	412	MSNR	UNATT
1716	SARAH	MOFFAT	1039	02:09:52	1044	02:07:36	275	F	176	FSNR	HOWGILL HARRIERS
1075	HEIDI	WRGHT	1040	02:09:56	1063	02:08:19	276	F	177	FSNR	UNATT
824	ANDREW	CARR	1041	02:10:07	1092	02:09:52	765	M	413	MSNR	UNATT
405	BECKY	MCFALL	1042	02:10:14	1010	02:06:07	277	F	178	FSNR	UNATT
1057	EMMA	ROUTLEDGE	1043	02:10:21	1098	02:10:07	278	F	76	F40	UNATT
226	KELLIE	BRADBURN-SIMS	1044	02:10:23	1083	02:09:19	279	F	179	FSNR	UNATT
1545	NICOLA	WARD	1045	02:10:28	1072	02:08:49	280	F	180	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
551 R		WILKINSON	1046	02:10:34	1066	02:08:27	766	M	21	M60	UNATT
376	CATHERINE	COXON	1047	02:10:36	1013	02:06:16	281	F	181	FSNR	SOUTH RIBBLE RUNNERS
991	LORNA	GRIERSON	1048	02:10:38	1085	02:09:23	282	F	182	FSNR	UNATT
1118	MARIE	MCCAIG	1049	02:10:38	1086	02:09:23	283	F	183	FSNR	UNATT
553	ALEXANDRA	GILL	1050	02:10:43	1021	02:06:36	284	F	184	FSNR	UNATT
684	EMMA	GILLESPIE	1051	02:10:44	1033	02:07:06	285	F	185	FSNR	UNATT
328	ELLEN	TURNER	1052	02:10:45	1045	02:07:36	286	F	186	FSNR	UNATT
717	MATTHEW	BIRKETT	1053	02:10:47	1077	02:09:06	767	M	414	MSNR	UNATT
447	DAVID	PRING	1054	02:10:47	1090	02:09:43	768	M	415	MSNR	UNATT
1635	SHAUN	RUTHERFORD	1055	02:10:50	1023	02:06:40	769	M	416	MSNR	UNATT
1139	NICOLA	FELL	1056	02:10:53	1064	02:08:19	287	F	187	FSNR	UNATT
1161	SIMON	NICHOLSON	1057	02:10:57	1027	02:06:52	770	M	417	MSNR	UNATT
631	BENJAMIN	PAXON	1058	02:11:04	1115	02:10:43	771	M	418	MSNR	UNATT
360	JANET	BATTY	1059	02:11:07	1076	02:09:03	288	F	188	FSNR	UNATT
515	CHRISTOPHER	COOK	1060	02:11:07	1036	02:07:19	772	M	419	MSNR	UNATT
673	DAVID	ROBINSON	1061	02:11:08	1055	02:07:57	773	M	244	M40	UNATT
315	REBECCA	GILL	1062	02:11:09	1056	02:08:00	289	F	189	FSNR	UNATT
435	JENNY	RELF	1063	02:11:21	1099	02:10:07	290	F	77	F40	UNATT
1381	EMMA	MORLEY	1064	02:11:22	1031	02:07:00	291	F	190	FSNR	UNATT
1519	RORY	GOODMAN	1065	02:11:31	1114	02:10:37	774	M	420	MSNR	UNATT
421	ADAM	PATTISON	1066	02:11:31	1112	02:10:34	775	M	421	MSNR	UNATT
1225	KIRSTIE	BELL	1067	02:11:36	1104	02:10:19	292	F	191	FSNR	UNATT
936	ANNE	ELDRED	1068	02:11:39	1068	02:08:35	293	F	24	F50	UNATT
473	JAQUI	AIREY	1069	02:11:47	1067	02:08:34	294	F	78	F40	UNATT
833	NATALIE	LAWSON	1070	02:11:56	1042	02:07:35	295	F	192	FSNR	UNATT
834	DAVID	LAWSON	1071	02:11:56	1043	02:07:35	776	M	245	M40	UNATT
739	SAMANTHA	NICKLIN	1072	02:11:57	1062	02:08:15	296	F	193	FSNR	UNATT
894	CLAIRE	HAUGHAN	1073	02:11:57	1061	02:08:15	297	F	194	FSNR	ACTC
133	MIKE	MILBURN	1074	02:12:01	1048	02:07:40	777	M	90	M50	UNATT
1341	LORNA	VAN GRIETHUYSEN	1075	02:12:01	1050	02:07:45	298	F	195	FSNR	UNATT
401	JAMES	BEWICK	1076	02:12:03	1078	02:09:08	778	M	22	M60	UNATT
168	COLIN	LISLE	1077	02:12:04	1059	02:08:08	779	M	246	M40	UNATT
167	BRIAN	TREBILCOCK	1078	02:12:04	1060	02:08:09	780	M	247	M40	UNATT
620	ALASTAIR	CONN	1079	02:12:05	1019	02:06:28	781	M	91	M50	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
566	ANDREW	WILLIAMSON	1080	02:12:05	1053	02:07:56	782	M	422	MSNR	UNATT
60	JULIE	JOHNSTONE	1081	02:12:17	1095	02:09:58	299	F	79	F40	UNATT
1488	TONY	MCGUIRK	1082	02:12:22	1093	02:09:55	783	M	248	M40	UNATT
1059	NEIL	SAVAGE	1083	02:12:23	1094	02:09:55	784	M	249	M40	UNATT
1489	DAVID	SQUIRE	1084	02:12:26	1079	02:09:13	785	M	250	M40	UNATT
1558	HELEN	DOBSON	1085	02:12:27	1117	02:10:47	300	F	196	FSNR	UNATT
1664	JOHN	CAVANAGH	1086	02:12:29	1133	02:12:10	786	M	423	MSNR	UNATT
1582	FIONA	TODD	1087	02:12:29	1101	02:10:14	301	F	197	FSNR	UNATT
1643	JENNE	WEBB	1088	02:12:33	1105	02:10:19	302	F	198	FSNR	UNATT
1113	KRISTINA	GASH	1089	02:12:33	1127	02:11:43	303	F	199	FSNR	UNATT
234	CHERYL	GILL	1090	02:12:38	1051	02:07:54	304	F	200	FSNR	SOUTH RIBBLE RUNNERS
112	HELEN	MARNEY	1091	02:12:40	1082	02:09:18	305	F	80	F40	UNATT
1018	ABBIE	YOUNG	1092	02:12:41	1119	02:11:03	306	F	201	FSNR	GLAXO HOAD HILL HARRIERS
340	LYNSEY	DAWSON	1093	02:12:43	1057	02:08:00	307	F	202	FSNR	UNATT
370	ALISON	MCKIE	1094	02:12:44	1075	02:09:02	308	F	203	FSNR	CARLISLE TRI
763	JANE	QUEENAN	1095	02:12:45	1070	02:08:47	309	F	204	FSNR	UNATT
762	DEREK	QUEENAN	1096	02:12:46	1071	02:08:48	787	M	424	MSNR	UNATT
853	TONY	LOPEZ-GOMEZ	1097	02:12:46	1052	02:07:55	788	M	425	MSNR	UNATT
1671	LISA	FRANCIS	1098	02:12:47	1110	02:10:28	310	F	205	FSNR	UNATT
1307	NICK	LEWIS	1099	02:12:47	1041	02:07:32	789	M	251	M40	UNATT
1655	DAVID	LEARY	1100	02:12:48	1103	02:10:16	790	M	23	M60	KESWICK AC
580	JONATHAN	MAJOR	1101	02:12:50	1080	02:09:14	791	M	426	MSNR	UNATT
1332	BRYAN	SMITH	1102	02:12:51	1046	02:07:37	792	M	252	M40	UNATT
1705	JOYCE	ARCHIBALD	1103	02:12:53	1096	02:09:59	311	F	1	F70	CLAREMONT ROAD RUNNERS
371	KEITH	STUART	1104	02:12:57	1120	02:11:03	793	M	427	MSNR	FETCH EVERYONE RUN
933	GARRY	NICHOLS	1105	02:13:07	1081	02:09:15	794	M	428	MSNR	UNATT
1241	GRACE	ALDRIDGE	1106	02:13:15	1102	02:10:14	312	F	206	FSNR	UNATT
231	MARTIN	GRAINGER	1107	02:13:15	1089	02:09:37	795	M	429	MSNR	UNATT
285	ANN	SLAYMAKER	1108	02:13:25	1091	02:09:45	313	F	81	F40	UNATT
181	DANIEL	WISE	1109	02:13:26	1069	02:08:35	796	M	430	MSNR	UNATT
1621	EWAN	MCCUTCHEON	1110	02:13:50	1088	02:09:32	797	M	253	M40	UNATT
1180	KERRY	CLIFTON	1111	02:13:56	1084	02:09:21	314	F	207	FSNR	SOUTH RIBBLE RUNNERS
1654	MAUREEN	NELSON	1112	02:14:02	1109	02:10:26	315	F	82	F40	UNATT
1037	CARLOS	GRIMALD	1113	02:14:04	1121	02:11:05	798	M	431	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1383	CHRISTINE	ALCOCK	1114	02:14:07	1097	02:10:02	316	F	83	F40	CARLISLE TRI
1076	ROBERT ANDREW	KEVAN	1115	02:14:12	1074	02:08:58	799	M	254	M40	UNATT
1688	MICHAEL	FORD	1116	02:14:17	1122	02:11:14	800	M	432	MSNR	UNATT
264	HARRIET	CHAPPELL	1117	02:14:22	1130	02:11:59	317	F	208	FSNR	UNATT
591	LIAM	BARNES	1118	02:14:26	1128	02:11:46	801	M	433	MSNR	UNATT
1156	NEIL	BOUSFIELD	1119	02:14:32	1124	02:11:35	802	M	255	M40	UNATT
1287	DAVIE	KEENAN	1120	02:14:38	1106	02:10:20	803	M	92	M50	UNATT
1091	DARREN	BURNES	1121	02:14:42	1116	02:10:45	804	M	256	M40	UNATT
1189	BARBARA	OSBORNE	1122	02:14:43	1160	02:14:03	318	F	209	FSNR	UNATT
1539	WENDY	CARR	1123	02:14:43	1146	02:13:03	319	F	210	FSNR	UNATT
105	RICHARD	HARRISON	1124	02:14:53	1148	02:13:11	805	M	434	MSNR	UNATT
1084	CHRISTOPHER	POULSON	1125	02:14:53	1147	02:13:11	806	M	435	MSNR	UNATT
1050	JENNA	WRIGHT	1126	02:15:05	1125	02:11:39	320	F	211	FSNR	UNATT
1388	MARIE	O'NEIL	1127	02:15:05	1126	02:11:40	321	F	212	FSNR	UNATT
1116	PETER	MOREY	1128	02:15:12	1113	02:10:36	807	M	93	M50	UNATT
1556	RACHEL	HARDING	1129	02:15:15	1143	02:12:59	322	F	213	FSNR	UNATT
1557	GILLIAN	MANIHERA	1130	02:15:15	1145	02:13:00	323	F	214	FSNR	UNATT
1613	JACQUI	LOWES	1131	02:15:15	1144	02:12:59	324	F	84	F40	UNATT
1230	BILL	KIRKPATRICK	1132	02:15:16	1176	02:14:59	808	M	24	M60	UNATT
494	HELEN	DAINTREE	1133	02:15:19	1141	02:12:47	325	F	85	F40	UNATT
858	TAMAR	BOBBETT	1134	02:15:19	1142	02:12:48	326	F	215	FSNR	UNATT
829	MIRANDA	HOUSBY	1135	02:15:22	1129	02:11:56	327	F	216	FSNR	UNATT
96	NATHAN	CHAPPLES	1136	02:15:23	1100	02:10:13	809	M	436	MSNR	UNATT
22	DOROTHY	THOMPSON	1137	02:15:24	1107	02:10:24	328	F	25	F50	UNATT
1541	KELLY	GULLEN	1138	02:15:24	1108	02:10:24	329	F	217	FSNR	UNATT
1579	KERRY	ATKINSON	1139	02:15:31	1155	02:13:42	330	F	218	FSNR	UNATT
972	TANYA	BROWN	1140	02:15:34	1167	02:14:21	331	F	86	F40	SCOTTISH ATHLETIC
196	GAYNOR	SCRAFTON	1141	02:15:45	1118	02:11:00	332	F	87	F40	UNATT
140	TIM	COLLINS	1142	02:15:45	1131	02:12:02	810	M	257	M40	UNATT
1457	GRAHAM	CLARK	1143	02:15:54	1111	02:10:32	811	M	437	MSNR	UNATT
1548	ANDREW	ROTTON	1144	02:15:55	1138	02:12:37	812	M	94	M50	UNATT
1680	PAULINE	ELLIOTT	1145	02:16:11	1178	02:15:18	333	F	26	F50	ALLEN VALLEY STRIDERS
1377	EMMA	LINDSAY	1146	02:16:12	1154	02:13:36	334	F	219	FSNR	UNATT
1617	ELAINE	ARMSTRONG	1147	02:16:18	1151	02:13:25	335	F	88	F40	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1618	LEE	THORBURN	1148	02:16:18	1152	02:13:26	813	M	258	M40	UNATT
803	PHILIP	GREAVES	1149	02:16:19	1166	02:14:17	814	M	259	M40	UNATT
324	DEBORAH	REDMOND	1150	02:16:26	1169	02:14:27	336	F	89	F40	CUMBERLAND AC
1552	PAUL	ZANACCHI	1151	02:16:33	1123	02:11:14	815	M	438	MSNR	UNATT
13	SUSAN	BARNES	1152	02:16:37	1136	02:12:31	337	F	90	F40	UNATT
11	GREG	BARNES	1153	02:16:37	1135	02:12:30	816	M	260	M40	UNATT
351	DAWN	SYKES	1154	02:16:38	1158	02:13:51	338	F	91	F40	UNATT
649	GLEN	DITCHBURN	1155	02:16:42	1187	02:15:53	817	M	95	M50	UNATT
603	ANDY	NELSON	1156	02:16:49	1177	02:15:03	818	M	261	M40	UNATT
1527	KEVIN	GREEN	1157	02:16:50	1139	02:12:41	819	M	96	M50	UNATT
922	DAVID	FOSTER	1158	02:17:09	1164	02:14:14	820	M	439	MSNR	UNATT
1012	ANDREW	HARPER	1159	02:17:13	1134	02:12:19	821	M	262	M40	UNATT
1330	JOHN	TRENELL	1160	02:17:14	1159	02:13:58	822	M	440	MSNR	UNATT
1093	TONY	CARRIGAN	1161	02:17:17	1173	02:14:38	823	M	441	MSNR	UNATT
862	ALISON	NORDON	1162	02:17:19	1140	02:12:45	339	F	220	FSNR	UNATT
1387	NEIL	COCKBAIN	1163	02:17:37	1163	02:14:11	824	M	263	M40	UNATT
1049	DAWN	SHERRARD	1164	02:17:37	1162	02:14:11	340	F	221	FSNR	UNATT
1215	PETER	BLACKMORE	1165	02:17:41	1132	02:12:07	825	M	442	MSNR	UNATT
92	JO	HUTCHINSON	1166	02:17:48	1196	02:16:30	341	F	2	F60	CARLISLE TRI
754	TRACY	MCDERMOTT	1167	02:17:50	1157	02:13:45	342	F	92	F40	UNATT
427	JOANNE	COLEBY	1168	02:17:55	1189	02:16:02	343	F	222	FSNR	UNATT
648	IAIN	LIVINGSTONE	1169	02:17:58	1137	02:12:33	826	M	264	M40	UNATT
630	GAYLE	ALLISON	1170	02:18:00	1208	02:17:22	344	F	223	FSNR	UNATT
554	LISA	SHUTTLEWORTH	1171	02:18:01	1171	02:14:33	345	F	224	FSNR	UNATT
660	JULIE	BARCOCK	1172	02:18:01	1172	02:14:33	346	F	27	F50	UNATT
1094	PETER	HINCHLIFFE	1173	02:18:02	1150	02:13:24	827	M	97	M50	UNATT
1391	PETER W	IVINSON	1174	02:18:06	1156	02:13:43	828	M	265	M40	UNATT
212	JAMES	HARGREAVES	1175	02:18:06	1175	02:14:58	829	M	443	MSNR	UNATT
470	ELIZABETH	DUGGAN	1176	02:18:08	1149	02:13:23	347	F	3	F60	KENDAL AC
204	HELEN	FELL	1177	02:18:18	1182	02:15:43	348	F	225	FSNR	UNATT
259	ADAM	WALTON	1178	02:18:18	1161	02:14:07	830	M	444	MSNR	UNATT
1279	JOANNA	DAULBY	1179	02:18:18	1188	02:15:53	349	F	226	FSNR	UNATT
1208	CHRIS	LUND	1180	02:18:48	1197	02:16:31	831	M	445	MSNR	UNATT
184	JOANNA	HINVEST	1181	02:18:57	1199	02:16:52	350	F	227	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
339	CAROLINE	HALSHAW	1182	02:18:59	1165	02:14:15	351	F	228	FSNR	SOUTH RIBBLE RUNNERS
1087	KATIE	PIKE	1183	02:19:03	1168	02:14:25	352	F	229	FSNR	UNATT
44	DAVE	BUTLER	1184	02:19:08	1153	02:13:28	832	M	446	MSNR	UNATT
1575	CHRIS	THOMSON	1185	02:19:09	1213	02:17:49	833	M	447	MSNR	UNATT
1043	RUSSEL	FLYNN	1186	02:19:11	1210	02:17:27	834	M	266	M40	UNATT
1574	SUSAN	ROUTLEDGE	1187	02:19:12	1184	02:15:51	353	F	28	F50	UNATT
530	JENNY	CLARKE	1188	02:19:26	1221	02:18:13	354	F	230	FSNR	UNATT
1699	FAYYAZ	CHAUDHRI	1189	02:19:27	1209	02:17:24	835	M	98	M50	CUMBERLAND AC
678	LISA	MASON	1190	02:19:34	1194	02:16:18	355	F	231	FSNR	UNATT
1405	LYNN	CLEMMITT	1191	02:19:36	1181	02:15:42	356	F	93	F40	UNATT
1340	LINDSEY	CLARK	1192	02:19:41	1232	02:18:50	357	F	94	F40	LANCASTER & MORECAMBE
1223	VICTORIA	RAWES	1193	02:19:45	1185	02:15:51	358	F	232	FSNR	UNATT
1731	MICHAEL	FOSTER	1194	02:19:46	1244	02:19:35	836	M	448	MSNR	UNATT
1380	PAUL	ARMSTRONG	1195	02:19:47	1243	02:19:34	837	M	449	MSNR	UNATT
87	HELEN	SMITH	1196	02:19:47	1215	02:17:54	359	F	233	FSNR	KESWICK AC
917	STACEY	MORTON	1197	02:19:49	1170	02:14:27	360	F	234	FSNR	UNATT
964	SIMON	CARVER	1198	02:19:54	1217	02:17:58	838	M	267	M40	UNATT
963	JULIA	CARVER	1199	02:19:54	1218	02:17:59	361	F	95	F40	UNATT
621	GILLIAN	ELLISON	1200	02:20:07	1183	02:15:44	362	F	235	FSNR	UNATT
571	DAVID	SWAINSON	1201	02:20:08	1237	02:19:15	839	M	450	MSNR	UNATT
562	MICHELLE	RICHARDSON	1202	02:20:08	1236	02:19:15	363	F	236	FSNR	UNATT
744	LISA	REEVES	1203	02:20:15	1216	02:17:57	364	F	237	FSNR	UNATT
519	JANE	WORSLEY	1204	02:20:17	1229	02:18:32	365	F	96	F40	UNATT
1078	KENNETH	LOWE	1205	02:20:19	1174	02:14:56	840	M	99	M50	UNATT
245	WENDY	FORSTER	1206	02:20:21	1201	02:17:07	366	F	238	FSNR	UNATT
1271	JOHN	MILLINGTON	1207	02:20:21	1191	02:16:04	841	M	100	M50	UNATT
1251	DAN	BINNS	1208	02:20:22	1193	02:16:17	842	M	451	MSNR	UNATT
1594	CONOR	MILLER	1209	02:20:25	1198	02:16:37	843	M	452	MSNR	UNATT
1432	RICHARD	MORRIS	1210	02:20:27	1204	02:17:15	844	M	268	M40	UNATT
1047	LEANNE	DONALD	1211	02:20:30	1225	02:18:22	367	F	239	FSNR	UNATT
487	JOHN	GRAHAM	1212	02:20:35	1179	02:15:29	845	M	453	MSNR	UNATT
1379	PAMELA	MCGOWAN	1213	02:20:40	1238	02:19:16	368	F	240	FSNR	UNATT
1036	DAVID	HEATHERINGTON	1214	02:20:42	1192	02:16:06	846	M	101	M50	UNATT
453	DAVID	HANDYSIDE	1215	02:20:44	1220	02:18:09	847	M	454	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
905	LESLEY	NIELSON	1216	02:20:46	1211	02:17:29	369	F	241	FSNR	UNATT
489	GEORGE	CHARLTON	1217	02:20:57	1186	02:15:51	848	M	455	MSNR	UNATT
1246	STEPHEN	BLACKWELL	1218	02:20:59	1180	02:15:36	849	M	269	M40	UNATT
207	SUSAN	STEEL	1219	02:21:00	1234	02:18:55	370	F	242	FSNR	UNATT
156	CAROLE	STEEL	1220	02:21:00	1235	02:18:55	371	F	29	F50	UNATT
1098	FAYE	STUBBS	1221	02:21:21	1249	02:20:00	372	F	243	FSNR	UNATT
516	SARAH	SPROAT	1222	02:21:25	1227	02:18:28	373	F	244	FSNR	UNATT
1739	REBECCA	BRIGHTY	1223	02:21:26	1190	02:16:02	374	F	245	FSNR	UNATT
1511	RACHAEL	MURPHY	1224	02:21:27	1195	02:16:28	375	F	246	FSNR	UNATT
1173	IAN	MITCHELL	1225	02:21:43	1248	02:19:50	850	M	25	M60	UNATT
1442	SHARON	MATTHEWS	1226	02:21:45	1200	02:16:57	376	F	97	F40	UNATT
1092	JOHN	SHEMMINGS	1227	02:21:49	1214	02:17:53	851	M	270	M40	UNATT
50	NICOLA	THOMPSON	1228	02:21:51	1202	02:17:07	377	F	247	FSNR	UNATT
1108	LISA	HODGSON	1229	02:21:52	1203	02:17:07	378	F	248	FSNR	UNATT
1502	ANDREA	MCNAMEE	1230	02:22:01	1246	02:19:38	379	F	98	F40	UNATT
1167	GILL	BREWER	1231	02:22:01	1245	02:19:38	380	F	99	F40	UNATT
1736	ANDREW	GRAHAM	1232	02:22:06	1260	02:20:54	852	M	456	MSNR	UNATT
1220	MICHAEL	BARER	1233	02:22:12	1207	02:17:18	853	M	102	M50	UNATT
1221	HEATHER	BRUNSKELL-EVANS	1234	02:22:12	1206	02:17:18	381	F	4	F60	UNATT
1662	ANDY	KING	1235	02:22:32	1205	02:17:17	854	M	271	M40	UNATT
1282	ALISON	WESTWORTH	1236	02:22:36	1257	02:20:46	382	F	249	FSNR	UNATT
68	JENNY	KURZYK	1237	02:22:43	1264	02:21:25	383	F	250	FSNR	UNATT
136	JENNA YNE	MANUEL	1238	02:22:45	1233	02:18:52	384	F	100	F40	UNATT
1591	NATALIE	BROWN	1239	02:22:58	1254	02:20:23	385	F	251	FSNR	UNATT
338	ADAM	PENKETH	1240	02:23:03	1255	02:20:30	855	M	272	M40	UNATT
947	DARREN	MARTIN	1241	02:23:05	1223	02:18:18	856	M	273	M40	UNATT
943	STEPHEN	ELLIOTT	1242	02:23:07	1224	02:18:20	857	M	457	MSNR	UNATT
1028	STEVE	CAMPBELL	1243	02:23:12	1231	02:18:46	858	M	103	M50	UNATT
1131	KATHERINE	BELL	1244	02:23:13	1226	02:18:25	386	F	252	FSNR	UNATT
909	THOMAS	BLAKEWAY	1245	02:23:13	1219	02:18:06	859	M	274	M40	UNATT
210	JANE	GIBSON	1246	02:23:19	1251	02:20:11	387	F	30	F50	TYNEDALE HARRIERS
384	JOHN	CHELTNAM	1247	02:23:22	1212	02:17:48	860	M	104	M50	UNATT
1592	ANNE	WAGGOT	1248	02:23:22	1222	02:18:14	388	F	253	FSNR	UNATT
546	ANNA	GEORGE	1249	02:23:26	1228	02:18:28	389	F	254	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
658	DARREN	PAPE	1250	02:23:35	1265	02:21:28	861	M	458	MSNR	UNATT
366	SARA	STEWART	1251	02:23:49	1275	02:22:55	390	F	101	F40	ALLEN VALLEY STRIDERS
468	JOHN	CARLYLE	1252	02:23:59	1250	02:20:09	862	M	275	M40	UNATT
400	DAVID	BENN	1253	02:24:10	1230	02:18:35	863	M	276	M40	UNATT
1656	ANDREW	LAWSON	1254	02:24:31	1252	02:20:11	864	M	277	M40	UNATT
1083	ANDREW	WOODCOCK	1255	02:24:32	1263	02:21:20	865	M	459	MSNR	UNATT
1019	LORNA	GRAHAM	1256	02:24:38	1253	02:20:22	391	F	102	F40	UNATT
1235	ANDREW	WOODBURN	1257	02:24:43	1240	02:19:23	866	M	460	MSNR	UNATT
1456	MARY	CLARK	1258	02:24:43	1239	02:19:19	392	F	103	F40	UNATT
1169	GEORGE	SHADWICK	1259	02:24:44	1247	02:19:43	867	M	26	M60	UNATT
714	LEE	RABY	1260	02:24:59	1242	02:19:30	868	M	461	MSNR	UNATT
198	STEPHEN	MAWSON	1261	02:24:59	1241	02:19:30	869	M	462	MSNR	UNATT
1478	PHILIP	JOHNSTONE	1262	02:25:00	1279	02:23:39	870	M	463	MSNR	UNATT
1085	SUE	CLASPER	1263	02:25:07	1261	02:21:03	393	F	104	F40	UNATT
1628	CARL	WALKER	1264	02:25:12	1283	02:24:22	871	M	278	M40	UNATT
441	RAYMENT	NEALE	1265	02:25:35	1288	02:24:50	872	M	105	M50	UNATT
443	RIC	OUTHWAITE	1266	02:25:36	1267	02:21:44	873	M	106	M50	UNATT
779	DARREN	JONES	1267	02:25:36	1273	02:22:52	874	M	464	MSNR	UNATT
801	JIM	ROONEY	1268	02:25:48	1268	02:22:28	875	M	279	M40	UNATT
1572	MARTIN	PLUMMER	1269	02:25:48	1269	02:22:28	876	M	280	M40	UNATT
1252	HELEN	ROSS	1270	02:26:04	1258	02:20:51	394	F	105	F40	UNATT
1253	GEORGE	ROSS	1271	02:26:04	1259	02:20:52	877	M	465	MSNR	UNATT
708	LIZ	TAYLOR	1272	02:26:05	1256	02:20:42	395	F	31	F50	UNATT
1197	CRAIG	BAXTER	1273	02:26:09	1276	02:23:15	878	M	466	MSNR	UNATT
1011	ANDREW	TEMPLETON	1274	02:26:13	1262	02:21:19	879	M	467	MSNR	UNATT
466	ANGELA	JACKSON	1275	02:26:18	1272	02:22:48	396	F	255	FSNR	HOWGILL HARRIERS
1134	GILLIAN	CHERRY	1276	02:26:19	1266	02:21:32	397	F	256	FSNR	UNATT
941	YOUSUF	AHMED	1277	02:26:21	1289	02:25:00	880	M	468	MSNR	UNATT
253	ALISON	WRIGHT	1278	02:26:23	1280	02:24:08	398	F	257	FSNR	UNATT
1186	DEBORAH	DOCKWRAY	1279	02:26:41	1281	02:24:15	399	F	258	FSNR	UNATT
1291	TIM	SMITH	1280	02:27:17	1291	02:25:19	881	M	469	MSNR	UNATT
89	HEIDI	MARTIN	1281	02:27:37	1274	02:22:52	400	F	259	FSNR	ST BEES TRIERS
1496	ANNEKE	ROBERTS	1282	02:27:43	1270	02:22:31	401	F	106	F40	UNATT
502	ROBIN	BELL	1283	02:27:47	1282	02:24:16	882	M	281	M40	CUMBERLAND AC



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1097	SARAH	MARTINDALE	1284	02:27:52	1300	02:26:01	402	F	260	FSNR	UNATT
42	MEL	WARCIK	1285	02:28:01	1319	02:27:12	403	F	261	FSNR	UNATT
1204	NICK	BYERS	1286	02:28:02	1290	02:25:09	883	M	470	MSNR	UNATT
250	CAROLE	BURNIE	1287	02:28:08	1303	02:26:16	404	F	32	F50	UNATT
411	ANNALEE	HOLLIDAY	1288	02:28:10	1296	02:25:53	405	F	262	FSNR	UNATT
756	VERONICA	EILBECK	1289	02:28:15	1304	02:26:24	406	F	107	F40	UNATT
1434	ALAN	COATES	1290	02:28:16	1271	02:22:43	884	M	27	M60	UNATT
485	ROBERT	CHARLTON	1291	02:28:21	1277	02:23:15	885	M	471	MSNR	UNATT
948	SAMANATHA	BLAND	1292	02:28:22	1293	02:25:20	407	F	263	FSNR	UNATT
945	STEVEN	HOWE	1293	02:28:22	1292	02:25:20	886	M	472	MSNR	UNATT
1224	STUART	DAVIDSON	1294	02:28:23	1301	02:26:06	887	M	473	MSNR	UNATT
711	MIKE	ATKINSON	1295	02:28:29	1313	02:26:52	888	M	107	M50	UNATT
643	JOYCE	HARBRON	1296	02:28:32	1287	02:24:48	408	F	5	F60	UNATT
395	VIVIEN	HAMNETT	1297	02:28:47	1307	02:26:35	409	F	6	F60	UNATT
361	MATTHEW	SANDERS	1298	02:28:50	1320	02:27:15	889	M	474	MSNR	UNATT
1734	D	NICHOLSON	1299	02:28:56	1278	02:23:23	890	M	475	MSNR	UNATT
414	SARAH	HARRISON	1300	02:29:00	1310	02:26:44	410	F	264	FSNR	UNATT
235	PAM	GOULDING	1301	02:29:04	1285	02:24:32	411	F	108	F40	SOUTH RIBBLE RUNNERS
697	JUNE	HUNTER	1302	02:29:12	1315	02:26:56	412	F	265	FSNR	UNATT
956	VICTORIA	KENNEDY	1303	02:29:28	1323	02:27:34	413	F	266	FSNR	UNATT
957	HAZEL	KENNEDY	1304	02:29:28	1324	02:27:35	414	F	33	F50	UNATT
537	ROGER	LOWANS	1305	02:29:32	1306	02:26:28	891	M	28	M60	UNATT
1261	KATHLEEN	BATTY	1306	02:29:35	1297	02:25:53	415	F	267	FSNR	UNATT
1510	JENNY	LING	1307	02:29:36	1286	02:24:38	416	F	268	FSNR	UNATT
613	KAREN	BARLEY	1308	02:29:39	1295	02:25:27	417	F	109	F40	UNATT
612	ANNA	HOGG	1309	02:29:39	1294	02:25:27	418	F	110	F40	UNATT
1472	HELEN	DAVISON	1310	02:29:43	1284	02:24:22	419	F	111	F40	UNATT
1027	SARA	BEATTIE	1311	02:29:59	1308	02:26:38	420	F	269	FSNR	UNATT
332	ANDREW	SPROAT	1312	02:30:01	1312	02:26:49	892	M	476	MSNR	UNATT
719	EMMA	BRODIE	1313	02:30:02	1309	02:26:41	421	F	270	FSNR	UNATT
1055	KAREN	MUNNINGS	1314	02:30:08	1298	02:25:54	422	F	112	F40	UNATT
1650	JADE	FRANCIS	1315	02:30:20	1302	02:26:07	423	F	271	FSNR	UNATT
878	KEITH	VERNOUM	1316	02:30:36	1299	02:25:58	893	M	108	M50	UNATT
1620	PHILIP	MCKAY	1317	02:31:09	1333	02:29:24	894	M	109	M50	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
456	LOUISE	IRELAND	1318	02:31:13	1329	02:28:38	424	F	272	FSNR	UNATT
1067	BARBARA	MONK	1319	02:31:14	1314	02:26:53	425	F	273	FSNR	SOUTH RIBBLE RUNNERS
1350	DAVID	LITTLE	1320	02:31:16	1316	02:26:56	895	M	282	M40	UNATT
282	ALISON	BILLINGTON	1321	02:31:25	1318	02:27:03	426	F	113	F40	SOUTH RIBBLE RUNNERS
772	GRAEME	KEENAN	1322	02:31:28	1305	02:26:27	896	M	477	MSNR	UNATT
1366	IAN	GOODE	1323	02:31:34	1342	02:30:31	897	M	478	MSNR	UNATT
731	MARJORIE	HELME	1324	02:31:37	1317	02:26:59	427	F	7	F60	UNATT
840	SUE	CARRUTHERS	1325	02:31:53	1334	02:29:28	428	F	114	F40	UNATT
386	RACHEL	BOWMAN	1326	02:32:08	1330	02:28:39	429	F	274	FSNR	UNATT
1465	KEITH	ATKINSON	1327	02:32:09	1321	02:27:19	898	M	283	M40	UNATT
139	KEVIN	RAMSHAW	1328	02:32:09	1322	02:27:19	899	M	479	MSNR	UNATT
1214	JOANNE	WILKINSON	1329	02:32:10	1326	02:28:06	430	F	275	FSNR	UNATT
903	ANTHONY	BEVERIDGE	1330	02:32:10	1311	02:26:45	900	M	284	M40	UNATT
1658	YVONNE	CLEMENT	1331	02:32:25	1337	02:29:50	431	F	115	F40	UNATT
616	CLAIRE	HEGGIE	1332	02:32:45	1351	02:31:44	432	F	276	FSNR	UNATT
1390	MIKE	HARRIS	1333	02:32:45	1350	02:31:42	901	M	110	M50	CARLISLE TRI
793	KEITH	ABBOT	1334	02:32:50	1339	02:29:53	902	M	111	M50	BORDER HARRIERS
486	ADRIAN	CHARLTON	1335	02:32:53	1325	02:27:48	903	M	112	M50	UNATT
846	NORMAN	STEEL	1336	02:33:15	1341	02:30:23	904	M	29	M60	UNATT
817	VICKY	CLAPPERTON	1337	02:33:16	1338	02:29:52	433	F	277	FSNR	UNATT
303	PETER	MITCHELL	1338	02:33:16	1332	02:29:18	905	M	480	MSNR	UNATT
592	GEMMA	BROWN	1339	02:33:27	1345	02:30:47	434	F	278	FSNR	UNATT
886	GILLIAN	SMITH	1340	02:33:28	1328	02:28:16	435	F	279	FSNR	UNATT
1276	JAMES R	WATERS	1341	02:33:45	1327	02:28:10	906	M	30	M60	100 MARATHON CLUB
1335	JANE	WAREING	1342	02:34:09	1335	02:29:37	436	F	116	F40	SOUTH RIBBLE RUNNERS
1424	HAZEL	SWARBRICK	1343	02:34:09	1336	02:29:37	437	F	117	F40	SOUTH RIBBLE RUNNERS
733	LEE	SULLIVAN	1344	02:34:16	1357	02:33:39	907	M	285	M40	UNATT
771	ANDREA	KEENAN	1345	02:34:17	1331	02:29:15	438	F	280	FSNR	UNATT
75	SARE	HEMSLEY-ROSE	1346	02:34:19	1340	02:30:10	439	F	118	F40	CUMBERLAND AC
1675	A	ATKINSON	1347	02:34:25	1347	02:31:11	908	M	481	MSNR	UNATT
381	NOEL	WEIR	1348	02:34:45	1348	02:31:13	909	M	482	MSNR	UNATT
134	ZOE	FERGUSON	1349	02:34:53	1354	02:32:27	440	F	34	F50	UNATT
549	MARIE	ALLEN	1350	02:35:01	1355	02:32:35	441	F	119	F40	UNATT
390	LINDSEY	ARMITAGE	1351	02:35:27	1349	02:31:22	442	F	281	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
1002	SUSAN	MITTON	1352	02:35:43	1353	02:32:10	443	F	120	F40	UNATT
131	JAONNE	BENN	1353	02:35:57	1352	02:31:56	444	F	282	FSNR	UNATT
927	RYAN	CURRIE	1354	02:36:08	1346	02:30:50	910	M	483	MSNR	UNATT
52	GEORGE	LOGAN	1355	02:36:16	1343	02:30:44	911	M	484	MSNR	UNATT
1319	STEPHEN	JARVIE	1356	02:36:20	1344	02:30:45	912	M	286	M40	UNATT
830	ALLISTER	GREEN	1357	02:36:36	1356	02:33:35	913	M	485	MSNR	UNATT
438	ADAM	PEARSON	1358	02:37:30	1361	02:34:41	914	M	486	MSNR	UNATT
437	JAMIE	PEARSON	1359	02:37:31	1362	02:34:42	915	M	487	MSNR	UNATT
214	JUDY	CHANDLER	1360	02:38:44	1358	02:34:04	445	F	35	F50	UNATT
222	SHARON	COLES	1361	02:38:56	1365	02:34:54	446	F	121	F40	UNATT
871	WAYNE	HENNESSY	1362	02:39:07	1376	02:36:45	916	M	287	M40	UNATT
1724	GILLENE	SEALBY	1363	02:39:16	1363	02:34:52	447	F	283	FSNR	UNATT
1725	DAVID	ROBERT	1364	02:39:16	1364	02:34:52	917	M	488	MSNR	UNATT
108	DEBORAH	DOCHERTY	1365	02:39:20	1360	02:34:21	448	F	122	F40	UNATT
107	ANN	FORD	1366	02:39:20	1359	02:34:21	449	F	123	F40	UNATT
469	PAULINE	CARLYLE	1367	02:39:21	1369	02:35:30	450	F	284	FSNR	UNATT
1397	NATALIE	SISSON	1368	02:39:23	1366	02:35:13	451	F	285	FSNR	UNATT
317	ANGELA	ELAND	1369	02:39:50	1371	02:36:25	452	F	36	F50	UNATT
313	EMMA	HARGREAVES	1370	02:39:50	1372	02:36:26	453	F	286	FSNR	UNATT
312	ANITA	HATGREAVES	1371	02:39:50	1373	02:36:26	454	F	37	F50	UNATT
1475	GARY	GRAHAM	1372	02:40:05	1367	02:35:21	918	M	489	MSNR	UNATT
1474	LAURA	TAYLOR	1373	02:40:06	1368	02:35:22	455	F	287	FSNR	UNATT
292	SARAH	WILDING	1374	02:40:19	1370	02:35:59	456	F	288	FSNR	SOUTH RIBBLE RUNNERS
1629	KATIE	KINGHORN	1375	02:40:31	1374	02:36:28	457	F	289	FSNR	UNATT
1504	JOHN	MCCREADIE	1376	02:41:03	1383	02:39:41	919	M	490	MSNR	UNATT
1503	GEORGE	OLIVER	1377	02:41:03	1384	02:39:42	920	M	491	MSNR	UNATT
1441	EMMA	WALKER	1378	02:41:23	1375	02:36:35	458	F	290	FSNR	UNATT
1593	STACEY	MURRAY	1379	02:41:50	1379	02:38:02	459	F	291	FSNR	UNATT
615	TOM	RISTON	1380	02:42:24	1377	02:37:15	921	M	492	MSNR	UNATT
614	CHRISTABEL	RITSON	1381	02:42:25	1378	02:37:17	460	F	292	FSNR	UNATT
122	MICHELLE	ARMSTRONG	1382	02:42:34	1387	02:40:15	461	F	124	F40	NORTH EAST VETS AC
123	ALISON	GOULD	1383	02:42:35	1388	02:40:15	462	F	293	FSNR	UNATT
636	JANET	WILSON	1384	02:42:38	1380	02:38:10	463	F	8	F60	UNATT
1001	STEPHEN	FITZPATRICK	1385	02:43:11	1382	02:38:55	922	M	493	MSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
777	MICHELLE	MOFFAT	1386	02:43:41	1399	02:43:01	464	F	294	FSNR	UNATT
1154	JIM	GEORGE	1387	02:43:53	1389	02:40:54	923	M	113	M50	UNATT
492	JOANNE	BELL	1388	02:43:58	1381	02:38:53	465	F	295	FSNR	UNATT
1627	DANIEL	SETCHELL	1389	02:44:31	1394	02:41:45	924	M	494	MSNR	UNATT
348	WAYNE	THRELKELD	1390	02:44:31	1395	02:41:45	925	M	495	MSNR	UNATT
1626	ZETA	THRELKELD	1391	02:44:31	1396	02:41:46	466	F	296	FSNR	UNATT
704	WENDY	CHARLTON	1392	02:45:01	1390	02:40:54	467	F	297	FSNR	UNATT
705	ANDREA	SKINNER	1393	02:45:02	1391	02:40:54	468	F	298	FSNR	UNATT
510	GAYLE	WILKINSON	1394	02:45:13	1385	02:40:13	469	F	299	FSNR	UNATT
514	JENNIFER	MUNCASTER	1395	02:45:13	1386	02:40:14	470	F	300	FSNR	UNATT
1748	CAROLYN	BROUGH	1396	02:46:13	1402	02:44:55	471	F	38	F50	UNATT
527	VICKI	COULTAS	1397	02:46:26	1392	02:41:02	472	F	301	FSNR	UNATT
491	WENDY	CHARLTON	1398	02:46:43	1393	02:41:38	473	F	125	F40	UNATT
745	PAUL	HADDOCK	1399	02:46:49	1397	02:42:47	926	M	288	M40	UNATT
1171	PAUL	MURPHY	1400	02:48:00	1398	02:42:49	927	M	289	M40	UNATT
732	TONY	HELME	1401	02:48:08	1400	02:43:31	928	M	31	M60	UNATT
327	KELLY	ELLIOTT	1402	02:48:48	1401	02:44:11	474	F	302	FSNR	UNATT
1124	ALAN	MURRAY	1403	02:49:15	1403	02:46:12	929	M	496	MSNR	UNATT
454	HAYLEY	BLAKEY	1404	02:49:31	1404	02:46:37	475	F	303	FSNR	UNATT
403	JUDITH	ROBSON	1405	02:51:48	1406	02:49:31	476	F	126	F40	UNATT
265	TONY	BATNES	1406	02:53:05	1405	02:47:25	930	M	290	M40	UNATT
493	TOM	BELL	1407	02:55:32	1407	02:50:27	931	M	497	MSNR	UNATT
490	CARL	WINDER	1408	02:56:02	1408	02:50:55	932	M	498	MSNR	UNATT
1141	MICHAEL	THEOBALD	1409	02:56:06	1411	02:54:20	933	M	114	M50	UNATT
1096	STEPH	PRESTON	1410	02:57:32	1410	02:54:18	477	F	304	FSNR	UNATT
138	NICK	ONG	1411	02:58:42	1409	02:53:52	934	M	499	MSNR	UNATT
1196	NICOLA	HARKNESS	1412	02:59:01	1415	02:56:07	478	F	305	FSNR	UNATT
120	JONATHAN	HAYWARD	1413	02:59:31	1413	02:55:56	935	M	500	MSNR	UNATT
57	ANDREA	POWELL	1414	02:59:32	1414	02:55:56	479	F	306	FSNR	UNATT
450	STUART	KINGHORN	1415	03:00:13	1418	02:59:02	936	M	501	MSNR	UNATT
786	GLEN	SPEDDING	1416	03:00:20	1421	02:59:33	937	M	502	MSNR	UNATT
404	JANE	ALLEN	1417	03:00:45	1417	02:58:25	480	F	127	F40	UNATT
557	STEVEN	SIMPSON	1418	03:01:03	1412	02:55:36	938	M	503	MSNR	UNATT
1267	LYNSEY	ROBERTSON	1419	03:01:42	1416	02:56:59	481	F	307	FSNR	UNATT



The Great Cumbrian Run 2010

Sheepmount Stadium, Carlisle

Sunday 10th October, 2010

<i>Bib</i>	<i>Forename</i>	<i>Surname</i>	<i>Rank</i>	<i>Gun Time</i>	<i>Chip Rank</i>	<i>Chip Time</i>	<i>Gen Pos</i>	<i>Gender</i>	<i>Cat Pos</i>	<i>Category</i>	<i>Club</i>
529	TRACEY	PAPE	1420	03:03:13	1419	02:59:09	482	F	308	FSNR	UNATT
1270	LINDA	RUBY	1421	03:04:06	1420	02:59:22	483	F	39	F50	UNATT
778	PAULA	ANDREWS	1422	03:04:50	1424	03:03:16	484	F	309	FSNR	UNATT
1637	PAUL	TEBBUTT	1423	03:05:44	1422	03:00:54	939	M	504	MSNR	UNATT
1638	MAUREEN	SMITH	1424	03:05:44	1423	03:00:54	485	F	310	FSNR	UNATT
368	DAWN	BALL	1425	03:08:01	1425	03:04:15	486	F	311	FSNR	UNATT
1706	MEKDES	WOOD	1426	03:11:07	1431	03:11:05	487	F	312	FSNR	UNATT
1562	DEBBIE	BAGLEE	1427	03:11:10	1428	03:07:01	488	F	313	FSNR	UNATT
780	LYNETTE	WILKINSON	1428	03:11:31	1430	03:09:57	489	F	314	FSNR	UNATT
713	ALAN	RABY	1429	03:11:55	1426	03:06:25	940	M	291	M40	UNATT
1515	JENNA	CAIRNS	1430	03:11:57	1427	03:06:26	490	F	315	FSNR	UNATT
452	MARTIN	BELL	1431	03:12:29	1432	03:11:15	941	M	292	M40	UNATT
1199	JOHN	PEACOCK	1432	03:12:29	1433	03:11:17	942	M	293	M40	UNATT
835	A	MATTINSON	1433	03:13:48	1429	03:09:21	491	F	316	FSNR	UNATT
448	ASHEIGH	WARD	1434	03:14:39	1434	03:11:45	492	F	317	FSNR	UNATT
455	MICHAEL	STORY	1435	03:15:10	1435	03:12:26	943	M	505	MSNR	UNATT
1198	JAMES	BROWN	1436	03:15:10	1436	03:12:26	944	M	294	M40	UNATT
1203	STUART	BAXTER	1437	03:15:10	1437	03:12:26	945	M	295	M40	UNATT
767	ALWIN	STOCKDALE	1438	03:18:14	1438	03:15:41	946	M	1	M70	CUMBERLAND AC
224	DIANNE	PATERSON	1439	03:20:13	1442	03:18:39	493	F	128	F40	UNATT
1513	MCIHAELA	SHIELDS	1440	03:21:33	1439	03:16:02	494	F	318	FSNR	UNATT
1115	JEANETTE	QUINN	1441	03:21:34	1440	03:16:02	495	F	40	F50	UNATT
712	PATRICIA	RABY	1442	03:21:34	1441	03:16:03	496	F	129	F40	UNATT
1732	ROBERT	CARTER	1443	03:23:52	1444	03:19:37	947	M	506	MSNR	UNATT
475	ERIC	DENINSON	1444	03:23:53	1443	03:19:16	948	M	32	M60	UNATT
436	DIANNE	BELL	1445	03:26:43	1445	03:25:09	497	F	319	FSNR	UNATT
1202	ALLISON	MARSHALL	1446	03:26:43	1446	03:25:09	498	F	320	FSNR	UNATT
874	KAREN	POTTER	1447	03:32:03	1447	03:26:24	499	F	321	FSNR	UNATT
242	BETTY	MARTIN	1448	03:34:01	1448	03:28:22	500	F	322	FSNR	UNATT
1667	SIMONE	HAWERKAMP	1449	04:00:21	1449	03:58:09	501	F	130	F40	UNATT
1042	TANYA	FLYNN	1450	04:00:22	1450	03:58:10	502	F	323	FSNR	UNATT

