

Cross Border 10K Challenge 2013

Gretna to Carlisle

Sunday 21st July, 2013



Official Timer - Winning Time UK Ltd - www.winningtime.co.uk



<i>BIB</i>	<i>FORENAME</i>	<i>SURNAME</i>	<i>RANK</i>	<i>GUN TIME</i>	<i>CHIP RANK</i>	<i>CHIP TIME</i>	<i>GEN POS</i>	<i>GENDER</i>	<i>CAT POS</i>	<i>CATEGORY</i>	<i>CLUB</i>
451	ALASTAIR	WEYMOUTH	1	0:34:39	1	0:34:37	1	M	1	MSNR	BORDER HARRIERS
497	HODGSON	BOB	2	0:35:31	2	0:35:29	2	M	2	MSNR	CARLISLE TRI
31	SAMUEL	BECKETT	3	0:36:10	3	0:36:08	3	M	3	MSNR	CROOK AND DISTRICT ATHLETICS C
500	RUSSELL	CHRISTOPHER	4	0:36:23	4	0:36:20	4	M	4	MSNR	
316	ANDREW	MORGAN	5	0:36:51	5	0:36:50	5	M	5	MSNR	RON HILL CAMBUSLANG
328	SEB	NAVARRO	6	0:37:06	6	0:37:03	6	M	6	MSNR	
32	WINDSOR	STU	7	0:37:14	7	0:37:12	7	M	1	M40	
169	IAN	HARKNESS	8	0:37:33	8	0:37:30	8	M	7	MSNR	
237	JIM	KENNY	9	0:38:17	9	0:38:15	9	M	1	M50	
352	ADAM	PEARSON	10	0:38:20	10	0:38:18	10	M	8	MSNR	
83	KEVIN	CONCHAR	11	0:38:46	11	0:38:42	11	M	2	M40	DUMFRIES RC
438	EWAN	WAITE	12	0:39:15	12	0:39:10	12	M	9	MSNR	BORDER HARRIERS
325	CHRIS	MURPHY	13	0:39:25	13	0:39:21	13	M	3	M40	
448	IAIN	WEISSER	14	0:40:27	14	0:40:12	14	M	10	MSNR	
361	STEPHEN	TYSON	15	0:40:33	15	0:40:31	15	M	11	MSNR	
214	PAUL	JACKSON	16	0:40:39	16	0:40:32	16	M	12	MSNR	CUMBERLAND AC
425	RANJIT	THOMAS	17	0:40:41	18	0:40:37	17	M	4	M40	DUMFRIES RUNNING CLUB
284	IAN	MC DOUGALL	18	0:40:43	17	0:40:36	18	M	5	M40	CUMBERLAND AC
384	DEREK	ROSE	19	0:40:55	19	0:40:40	19	M	13	MSNR	CARLISLE TRI CLUB
472	HEWITSON	DAVID	20	0:40:57	20	0:40:47	20	M	6	M40	
479	IBBOTSON	DANIEL	21	0:41:10	21	0:41:06	21	M	7	M40	
179	JAMES	TOES	22	0:41:11	22	0:41:08	22	M	14	MSNR	
116	STUART	EDGINTON	23	0:41:18	23	0:41:09	23	M	8	M40	KESWICK
455	ANDREW	WILSON	24	0:41:19	24	0:41:16	24	M	15	MSNR	
252	DAVID	LAWSON	25	0:41:29	25	0:41:19	25	M	9	M40	
441	PETER	WALKER	26	0:41:41	26	0:41:34	26	M	10	M40	DERWENT AC
101	HEIDI	DENT	27	0:41:57	27	0:41:47	1	F	1	FSNR	
434	THOMAS	TOWLE	28	0:42:00	28	0:41:57	27	M	16	MSNR	CARLISLE TRI
447	CHRISTOPHER	WEAR	29	0:42:12	29	0:42:05	28	M	11	M40	CUMBERLAND AC
463	LUKE	WORDSWORTH	30	0:42:14	30	0:42:10	29	M	17	MSNR	CARLISLE TRI CLUB
125	JOHN	ATKINSON	31	0:42:19	31	0:42:12	30	M	18	MSNR	
150	ANDREW	GRAHAM	32	0:42:21	32	0:42:15	31	M	19	MSNR	DH RUNNERS

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BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
15	NATHAN	ASHURST	33	0:42:23	33	0:42:16	2	F	2	FSNR	
29	JOANNA	BECKETT	34	0:42:36	35	0:42:30	3	F	3	FSNR	CROOK & DISTRICT AC
297	LIAM	MEDLEY	35	0:42:45	36	0:42:41	32	M	20	MSNR	BORDER HARRIERS
19	ANDY	BAILEY	36	0:42:46	37	0:42:43	33	M	21	MSNR	TRI-LAKELAND
499	RUSSELL	GEORGE	37	0:42:49	38	0:42:46	34	M	12	M40	LONFELL RC
157	RICHARD	GRICE	38	0:42:52	34	0:42:28	35	M	22	MSNR	
261	DAVID	LIDDLE	39	0:43:00	39	0:42:50	36	M	13	M40	
470	KRZYSZTOF	ZACHARSKI	40	0:43:04	42	0:43:01	37	M	23	MSNR	
324	KEV	MULVEY	41	0:43:05	41	0:42:59	38	M	24	MSNR	DH RUNNERS
498	CULLEN	MATTY	42	0:43:25	44	0:43:22	39	M	25	MSNR	
274	DAVID	MAGRI	43	0:43:29	45	0:43:24	40	M	26	MSNR	
340	RICHARD	NOBLE	44	0:43:32	43	0:43:19	41	M	14	M40	
412	GARY	STEWART	45	0:43:34	40	0:42:57	42	M	27	MSNR	
170	TOBY	HARLING	46	0:43:37	46	0:43:26	43	M	28	MSNR	BORDER HARRIERS
294	ANGUS	MCMILLAN	47	0:43:40	47	0:43:26	44	M	2	M50	
419	LAURENCE	SUTHERLAND	48	0:43:44	48	0:43:36	45	M	3	M50	
466	ALAN	YOUNG	49	0:43:53	50	0:43:41	46	M	29	MSNR	
143	CHRIS	FUNNELL	50	0:43:58	52	0:43:48	47	M	15	M40	
293	CAMERON	MCKENZIE	51	0:43:59	53	0:43:51	48	M	30	MSNR	
489	ARMSTRONG	DAYLE	52	0:44:01	55	0:43:57	49	M	31	MSNR	
457	MARK	WILSON	53	0:44:02	49	0:43:38	50	M	16	M40	
205	JAMES	IRVING	54	0:44:06	56	0:43:57	51	M	32	MSNR	
120	JOHN	EVANS	55	0:44:08	51	0:43:46	52	M	17	M40	
68	TONY	CARROLL	56	0:44:11	58	0:44:06	53	M	18	M40	
47	NICK	BRADLEY	57	0:44:16	57	0:44:04	54	M	33	MSNR	
262	STUART	LIGHTFOOT	58	0:44:17	54	0:43:53	55	M	34	MSNR	
416	VANESSA	STRICKLAND	59	0:44:17	61	0:44:10	4	F	1	F40	
362	DAVID	POSTILL	60	0:44:17	60	0:44:09	56	M	19	M40	
48	STEPHEN	BRADLEY	61	0:44:18	59	0:44:07	57	M	20	M40	
165	DAVID FONZIE	HAMMOND	62	0:44:20	62	0:44:11	58	M	4	M50	SANDS RUNNERS
322	IVAN	MUCKLE	63	0:44:27	63	0:44:20	59	M	35	MSNR	NIKE FACTORY STORE GRETNA
113	DAN	DUNBABBIN	64	0:44:30	64	0:44:23	60	M	36	MSNR	
53	JAMIE	BROWN	65	0:44:47	65	0:44:34	61	M	37	MSNR	
12	JOHN	ANDREWARTHA	66	0:45:03	68	0:44:58	62	M	38	MSNR	EDEN RUNNERS
42	CARL	BLACKBURN	67	0:45:05	66	0:44:44	63	M	39	MSNR	

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458	SAMANTHA	WILSON	68	0:45:08	70	0:45:02	5	F	4	FSNR	
440	MARK	WALKER	69	0:45:13	69	0:45:01	64	M	21	M40	
115	DEBBIE	EDGINTON	70	0:45:17	71	0:45:08	6	F	5	FSNR	KESWICK
54	ERNIE	BRYDEN	71	0:45:20	72	0:45:16	65	M	22	M40	ANNAN AND DISTRICT AC
369	PAUL	RAWLINSON	72	0:45:23	67	0:44:47	66	M	40	MSNR	
135	MICHEAL	FOSTER	73	0:45:27	73	0:45:17	67	M	41	MSNR	
188	RICHARD	HILL	74	0:45:35	74	0:45:20	68	M	23	M40	CARLISLE TRI-CLUB
109	LEE	DOSWELL	75	0:45:37	77	0:45:33	69	M	42	MSNR	
11	NICHOLAS	ANDERSON	76	0:45:41	78	0:45:33	70	M	43	MSNR	
389	GRANT	SEATON	77	0:45:47	79	0:45:43	71	M	44	MSNR	
197	ANDREW	HULLOCK	78	0:45:50	76	0:45:28	72	M	45	MSNR	
136	LISA	FOTHERGILL	79	0:45:56	82	0:45:49	73	M	46	MSNR	
25	MARK	BARTRIP	80	0:45:58	84	0:45:53	74	M	47	MSNR	
223	MARK	JOHNSTON	81	0:46:03	85	0:45:54	75	M	48	MSNR	DUMFRIES RUNNING CLUB
453	DANNY	WILKINSON	82	0:46:07	86	0:46:01	76	M	49	MSNR	CARLISLE TRI CLUB
433	NEIL	JAMIESON	83	0:46:10	87	0:46:05	77	M	1	M60	
176	TOM	HEAVISIDES	84	0:46:11	80	0:45:45	78	M	50	MSNR	
226	JAMES	JOHNSTONE	85	0:46:12	83	0:45:52	79	M	51	MSNR	
106	STEVEN	DORAN	86	0:46:14	75	0:45:27	80	M	52	MSNR	
145	PAUL	GARDINER	87	0:46:21	81	0:45:46	81	M	53	MSNR	
8	KEVIN	ALLEN	88	0:46:21	88	0:46:16	82	M	54	MSNR	
95	DEBORAH	CURLE	89	0:46:31	90	0:46:26	7	F	1	F50	
483	ETHERINGTON	TONY	90	0:46:36	89	0:46:23	83	M	24	M40	
210	PATRICK	IRWIN	91	0:46:38	92	0:46:33	84	M	25	M40	
452	WENDY	WHARTON	92	0:46:45	91	0:46:31	8	F	2	F50	
460	HELEN	WINSKILL	93	0:46:50	94	0:46:41	9	F	6	FSNR	KESWICK AC
298	TERESA	MEDLEY	94	0:46:55	95	0:46:42	10	F	2	F40	BORDER HARRIERS
162	MARK GEOFFREY	HALL	95	0:46:56	96	0:46:47	85	M	26	M40	DUMFRIES HARRIERS
39	JAMES	BERRY	96	0:46:57	93	0:46:34	86	M	55	MSNR	
326	JOHN	MURPHY	97	0:47:05	99	0:47:02	87	M	5	M50	ANNAN & DISTRICT AC
155	DAVID	GREENWOOD	98	0:47:11	100	0:47:08	88	M	56	MSNR	
216	MATTHEW	JAMES	99	0:47:17	98	0:46:53	89	M	57	MSNR	
100	GARETH	DENT	100	0:47:19	101	0:47:10	90	M	58	MSNR	
198	DANIEL	HUNTER	101	0:47:33	97	0:46:47	91	M	59	MSNR	
286	PAUL	MCCONNELL	102	0:48:10	102	0:47:28	92	M	60	MSNR	

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307	TONY	MILLS	103	0:48:15	103	0:47:35	93	M	27	M40	
142	JILL	FRASER	104	0:48:16	108	0:48:09	11	F	3	F40	
13	MARK	ARMSTRONG	105	0:48:20	104	0:47:56	94	M	61	MSNR	
477	KNOX	CHRISTOPHER	106	0:48:29	105	0:48:01	95	M	6	M50	
182	CRAIG	HETHERINGTON	107	0:48:30	110	0:48:17	96	M	62	MSNR	STIRLING TRIATHLON CLUB
220	SUE	JEFFREY	108	0:48:37	109	0:48:12	12	F	7	FSNR	
34	IAN	BELL	109	0:48:41	107	0:48:08	97	M	28	M40	
385	LUKE	RUSSELL	110	0:48:42	111	0:48:21	98	M	63	MSNR	
92	DION	CROZIER	111	0:48:44	116	0:48:40	99	M	64	MSNR	
446	STEVE	STAMPER	112	0:48:46	115	0:48:39	100	M	65	MSNR	
172	DAVID	HARRISON	113	0:48:50	113	0:48:31	101	M	7	M50	
323	DANIEL	MULLINDER	114	0:48:53	106	0:48:03	102	M	29	M40	
319	MARTIN	MOSS	115	0:49:05	114	0:48:37	103	M	8	M50	
206	MALLY	IRVING	116	0:49:08	112	0:48:27	104	M	30	M40	
131	DAVID	FORSTER	117	0:49:13	118	0:48:58	105	M	9	M50	
484	FERGUSON	JOCK	118	0:49:19	120	0:49:05	106	M	10	M50	
45	JEFF	BOX	119	0:49:20	121	0:49:15	107	M	11	M50	
229	PAUL	JORDAN	120	0:49:22	119	0:49:01	108	M	31	M40	SHEEPMOUNT RC
260	GRAEME	LEWIS	121	0:49:23	117	0:48:54	109	M	66	MSNR	
87	ANDREW	CRABTREE	122	0:49:23	122	0:49:19	110	M	67	MSNR	
241	PAUL	KING	123	0:49:34	124	0:49:24	111	M	32	M40	CLYDERUNNERS
309	BOB	MITCHELL	124	0:49:35	123	0:49:20	112	M	12	M50	
257	CAROLINE	LEGG	125	0:49:40	125	0:49:27	13	F	3	F50	
75	TONI	CHAPLIN-ARMER	126	0:49:52	126	0:49:29	14	F	4	F40	BORDER HARRIERS
159	ALISON	GROAT	127	0:50:08	128	0:49:44	15	F	8	FSNR	DUMFRIES RUNNING CLUB
444	STEPHEN	WARWICK	128	0:50:32	129	0:50:15	113	M	33	M40	
146	AUDREY	OKELLY	129	0:50:33	130	0:50:18	16	F	5	F40	
247	ANDREW	LAIDLOW	130	0:50:34	127	0:49:32	114	M	34	M40	
174	NATALIE	HAYES	131	0:50:39	132	0:50:19	115	M	68	MSNR	
375	RICHARD C	RIDLEY	132	0:50:42	135	0:50:28	116	M	69	MSNR	
331	ANDY	NELSON	133	0:50:43	133	0:50:26	117	M	35	M40	DERWENT AC COCKERMOUTH
390	ANDREW	SEFTON	134	0:50:46	136	0:50:32	118	M	36	M40	
436	ADAM	VAUGHAN	135	0:50:47	142	0:50:41	119	M	70	MSNR	
383	PAUL	ROGERSON	136	0:50:48	138	0:50:37	120	M	37	M40	
144	COLIN	GALLOWAY	137	0:50:50	134	0:50:27	121	M	71	MSNR	

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55	LAURA	BUCHANAN	138	0:50:51	141	0:50:39	17	F	9	FSNR	CLYDERUNNERS
9	SAM	ALLISON	139	0:50:55	140	0:50:38	18	F	6	F40	
471	GARDINER	JILL	140	0:50:56	131	0:50:18	19	F	10	FSNR	
40	ANDREW	BEWLEY	141	0:50:57	139	0:50:37	122	M	72	MSNR	
402	LIZ	SOCHACKA	142	0:51:04	137	0:50:35	20	F	7	F40	CARLISLE TRI CLUB
338	WILLIAM	NIXON	143	0:51:08	145	0:50:54	123	M	13	M50	
184	LORRAINE	HETHERINGTON	144	0:51:11	146	0:50:58	21	F	11	FSNR	
397	RICHARD	SMALL	145	0:51:18	144	0:50:53	124	M	38	M40	
86	DAVID	COPELAND	146	0:51:26	149	0:51:14	125	M	39	M40	
21	JOYCE	BAIRD	147	0:51:33	150	0:51:21	22	F	8	F40	CLYDERUNNERS
22	PHILIP	BALLANTYNE	148	0:51:45	143	0:50:51	126	M	73	MSNR	
154	CLAIRE	GRAY	149	0:51:48	151	0:51:24	23	F	9	F40	SHEEPMOUNT RUNNING CLUB
133	LIZ	FORSYTH	150	0:51:51	148	0:51:11	24	F	10	F40	
108	LEANNE	DOSWELL	151	0:51:59	159	0:51:54	25	F	12	FSNR	
23	LEE	BARKER	152	0:52:00	147	0:50:58	127	M	74	MSNR	
180	PAULA	HERBERT	153	0:52:06	154	0:51:41	26	F	13	FSNR	CUMBERLAND AC
7	JOYCE	ALLARDICE	154	0:52:11	162	0:52:02	27	F	11	F40	CLYDE RUNNERS
321	SIMON	MOUNSEY	155	0:52:12	156	0:51:49	128	M	75	MSNR	
171	CRAIG	HARPER	156	0:52:14	152	0:51:34	129	M	76	MSNR	
445	WAYNE	WATSON	157	0:52:14	153	0:51:36	130	M	40	M40	
482	DAVIDSON	MICHAEL	158	0:52:20	161	0:51:55	131	M	77	MSNR	
334	ANTHONY	NICHOLSON	159	0:52:23	160	0:51:54	132	M	41	M40	
76	IAN	CHAPPELL	160	0:52:26	157	0:51:50	133	M	42	M40	
270	JAMES	LLOYD	161	0:52:26	158	0:51:50	134	M	43	M40	
196	CLARE	HOUGHTON	162	0:52:29	163	0:52:09	28	F	12	F40	
94	DAN	CULLEN	163	0:52:30	155	0:51:45	135	M	78	MSNR	
414	PETER	STOCKDALE	164	0:52:32	164	0:52:09	136	M	79	MSNR	
168	LEAH	HARDMAN	165	0:52:32	165	0:52:15	29	F	14	FSNR	
366	GRANT	QUIGG	166	0:52:37	168	0:52:27	137	M	80	MSNR	CLYDERUNNERS
487	KANE	GARY	167	0:52:37	167	0:52:27	138	M	81	MSNR	
393	EMMA	SHERLOCK	168	0:52:40	166	0:52:18	30	F	15	FSNR	
207	NICOLA	IRVING	169	0:52:54	169	0:52:32	31	F	16	FSNR	
461	CHRISTOPHER	WINSPEAR	170	0:52:55	171	0:52:36	139	M	44	M40	
26	TIMOTHY	BAUGH	171	0:53:05	172	0:52:44	140	M	45	M40	
392	BOBBY	SHERLOCK	172	0:53:10	173	0:52:48	141	M	82	MSNR	

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320	DAVID	MOSSOP	173	0:53:11	170	0:52:33	142	M	46	M40	
251	NICOLA	LATIMER	174	0:53:11	174	0:52:52	32	F	13	F40	WIGTON ROAD RUNNERS
314	ANGELA	MOORE	175	0:53:19	176	0:52:58	33	F	17	FSNR	
181	CHRISTOPHER	HETHERINGTON	176	0:53:25	179	0:53:12	143	M	83	MSNR	
380	ANDREW	ROBINSON	177	0:53:30	175	0:52:54	144	M	84	MSNR	
474	STORY	STEVEN	178	0:53:32	178	0:53:11	145	M	47	M40	
114	KAREN	DUNBAR	179	0:53:34	180	0:53:22	34	F	14	F40	CLYDERRUNNERS
382	HAZEL	ROGERSON	180	0:53:37	181	0:53:27	35	F	18	FSNR	
496	LLOYD	ASHLEY	181	0:53:47	177	0:53:10	36	F	19	FSNR	
488	ROBINSON	DAVID	182	0:53:54	184	0:53:33	146	M	48	M40	
435	LISA	VARTY	183	0:54:02	183	0:53:31	37	F	20	FSNR	
28	CHRISTOPHER	BAYLISS	184	0:54:03	182	0:53:29	147	M	14	M50	
394	HELEN	SHORT	185	0:54:07	188	0:53:48	38	F	15	F40	
129	MOODY	JENNIFER	186	0:54:08	186	0:53:39	39	F	21	FSNR	
140	ANDREW	FRASER	187	0:54:13	189	0:53:49	40	F	16	F40	
350	CRAIG	PARKINSON	188	0:54:14	185	0:53:38	148	M	15	M50	
464	MAX	WRIGHT	189	0:54:14	187	0:53:44	149	M	85	MSNR	
71	SAMANTHA	CARTMEL	190	0:54:16	191	0:53:52	41	F	22	FSNR	
288	CRAIG	MCDUGALL	191	0:54:16	190	0:53:51	150	M	49	M40	
276	CHRIS	MARSHALL	192	0:54:17	192	0:53:52	42	F	4	F50	KESWICK
417	JOHN	SULLIVAN	193	0:54:22	198	0:54:13	151	M	16	M50	
51	ADAM	BROWN	194	0:54:28	197	0:54:04	152	M	86	MSNR	
302	ANN	MILBURN	195	0:54:32	196	0:54:02	43	F	23	FSNR	
377	HELEN	ROBERTS	196	0:54:35	193	0:53:54	44	F	17	F40	
354	MARK	PEARSON	197	0:54:38	204	0:54:38	153	M	87	MSNR	
267	RACHAEL	LITTLE	198	0:54:39	195	0:53:58	45	F	24	FSNR	
195	FIONA	HORN	199	0:54:39	194	0:53:57	46	F	25	FSNR	
406	ROSE	SPENCER	200	0:54:42	200	0:54:34	47	F	26	FSNR	
85	NIGEL	COOMBES	201	0:54:43	201	0:54:35	154	M	88	MSNR	
399	DAVID	SMITH	202	0:54:47	202	0:54:37	155	M	89	MSNR	
46	SARAH	BOXALL	203	0:54:55	199	0:54:25	48	F	27	FSNR	SANDS RUNNERS
396	ELAINE	SMALL	204	0:55:02	203	0:54:37	49	F	18	F40	
480	CLEMMITT	LYNN	205	0:55:08	205	0:54:39	50	F	19	F40	TRICLUB
105	YANN	DOLEYRES	206	0:55:09	208	0:54:58	156	M	90	MSNR	
432	JULIE	TIFFEN	207	0:55:13	211	0:55:02	51	F	20	F40	

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291	LAURA	MCINTYRE	208	0:55:14	209	0:54:59	52	F	28	FSNR	
485	FOSTER	KAREN	209	0:55:19	213	0:55:05	157	M	50	M40	
211	CARLY	JACKSON	210	0:55:19	218	0:55:13	53	F	29	FSNR	
428	SIMON	THOMPSON	211	0:55:19	215	0:55:12	158	M	91	MSNR	
330	ADAM	NELSON	212	0:55:24	214	0:55:06	159	M	92	MSNR	
79	SHARRON	CLARK	213	0:55:31	216	0:55:12	54	F	21	F40	WIGTON ROAD RUNNERS
398	CLAIRE	SMITH	214	0:55:31	217	0:55:12	55	F	22	F40	
315	PETER	MOREY	215	0:55:32	206	0:54:46	160	M	17	M50	
238	ALISON	DUNCAN	216	0:55:35	210	0:55:01	56	F	23	F40	
346	TRACEY	OWEN	217	0:55:35	212	0:55:04	57	F	30	FSNR	CUMBERLAND AC
148	NEIL	GILLESPIE	218	0:55:37	207	0:54:54	161	M	51	M40	
130	HAILEY	FLETCHER	219	0:55:48	219	0:55:16	58	F	31	FSNR	
33	MALLIN	DEBBIE	220	0:55:52	220	0:55:19	59	F	24	F40	
351	JAYNE	PARTRIDGE	221	0:55:52	221	0:55:24	60	F	25	F40	
374	OLIVER	RIDLEY	222	0:56:05	226	0:55:53	162	M	93	MSNR	UNATT
491	ROGERSON	ALISON	223	0:56:05	222	0:55:24	61	F	26	F40	
368	AUSTEN	RAINE	224	0:56:26	230	0:56:08	163	M	2	M60	WIGTON RR
102	STEVE	DIXON	225	0:56:28	225	0:55:51	164	M	52	M40	
469	DENISE	ZACHARIASZ	226	0:56:30	229	0:56:05	62	F	27	F40	
58	EDYTA	BURGESS	227	0:56:30	223	0:55:45	63	F	32	FSNR	
253	STEVEN	LAWSON	228	0:56:35	233	0:56:28	165	M	94	MSNR	
273	ANNA	MAGRI	229	0:56:36	234	0:56:31	64	F	33	FSNR	
156	WAYNE	GREIG	230	0:56:36	231	0:56:08	166	M	95	MSNR	CARLISLE TRI CLUB
153	LINDSAY	GRAHAM	231	0:56:38	227	0:55:58	65	F	34	FSNR	DH RUNNERS
329	JOANNE	NEEDHAM	232	0:56:41	224	0:55:49	66	F	35	FSNR	DUMFRIES RUNNING CLUB
400	KELLY	SMITH	233	0:56:45	228	0:56:04	67	F	36	FSNR	
439	EMMA	WALKER	234	0:56:46	235	0:56:32	68	F	37	FSNR	DERWENT AC
277	HEIDI	MARSHALL	235	0:56:47	237	0:56:41	69	F	38	FSNR	
215	BILLY	JAMES	236	0:57:06	232	0:56:19	167	M	3	M60	
128	NICOLA	FELL	237	0:57:19	239	0:56:49	70	F	39	FSNR	SANDS RUNNERS
313	KIM	MITCHINSON	238	0:57:20	236	0:56:37	71	F	28	F40	
183	DAVID	HETHERINGTON	239	0:57:27	238	0:56:41	168	M	18	M50	
213	MARIE	JACKSON	240	0:57:30	243	0:57:10	72	F	40	FSNR	
56	ROMAN	BULLOCK	241	0:57:34	241	0:57:01	169	M	96	MSNR	
36	PHIL	BELL	242	0:57:43	240	0:56:52	170	M	53	M40	

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224	ANDREW	JOHNSTONE	243	0:57:45	244	0:57:18	171	M	97	MSNR	
450	ROB	WESTGARTH	244	0:57:52	247	0:57:40	172	M	19	M50	
96	SANDRA	DAVIDSON	245	0:57:58	245	0:57:29	173	M	54	M40	
218	FIONA	JARDINE	246	0:58:00	242	0:57:07	73	F	29	F40	DUMFRIES RUNNING CLUB
147	BARRY	GIBSON	247	0:58:01	251	0:57:49	174	M	98	MSNR	
194	ELIZABETH	HOPE	248	0:58:05	252	0:58:00	74	F	41	FSNR	
473	HOPE	STEPHEN	249	0:58:06	253	0:58:01	175	M	99	MSNR	
304	CAROLE	MILLER	250	0:58:09	246	0:57:29	176	M	55	M40	CARLISLE TRI
10	CLAIR	ANDERSON	251	0:58:12	248	0:57:40	75	F	5	F50	
141	GEORGE	FRASER	252	0:58:31	249	0:57:41	177	M	4	M60	ANNAN AND DISTRICT A.C.
81	RACHEL	COLLINS	253	0:58:37	254	0:58:12	76	F	30	F40	KESWICK
240	CHRIS	KERR	254	0:58:40	250	0:57:45	178	M	100	MSNR	
278	SOPHIE	MARSHALL	255	0:58:51	255	0:58:23	77	F	42	FSNR	CARLISLE TRI
311	KAREN	MITCHELL	256	0:59:04	258	0:58:33	78	F	43	FSNR	
381	GEOFF	ROBINSON	257	0:59:05	257	0:58:29	179	M	20	M50	
43	RACHEL	BLAIR	258	0:59:06	256	0:58:28	79	F	44	FSNR	
127	HELEN	FELL	259	0:59:07	259	0:58:38	80	F	45	FSNR	
359	CHARLOTTE	POLLOCK	260	0:59:09	262	0:58:52	81	F	46	FSNR	
164	RACHEL	HALLIBURTON	261	0:59:10	260	0:58:46	82	F	31	F40	
360	JASON	POLLOCK	262	0:59:11	263	0:58:53	180	M	56	M40	
91	ALISON	CROSSLEY	263	0:59:13	261	0:58:51	83	F	47	FSNR	
110	AMANDA	DOUGLAS	264	0:59:22	264	0:58:58	84	F	48	FSNR	
90	ANGELA E R	CROPPER	265	0:59:22	265	0:58:59	85	F	32	F40	
38	SANDRA	BENTLEY	266	0:59:46	271	0:59:16	86	F	33	F40	
430	LEE	THOMSON	267	0:59:47	269	0:59:14	181	M	101	MSNR	
279	EMMA	MARSHALSEA	268	0:59:55	267	0:59:02	87	F	49	FSNR	
61	MELANIE	BURNS	269	0:59:55	270	0:59:14	88	F	50	FSNR	
449	LESLEY	WELLS	270	0:59:55	266	0:59:01	89	F	51	FSNR	DUMFRIES RUNNING CLUB
49	ANDREW	BRADSHAW	271	1:00:13	268	0:59:13	182	M	102	MSNR	
490	LIGHTFOOT	DEAN	272	1:00:19	275	1:00:12	183	M	57	M40	
310	JIM	MITCHELL	273	1:00:34	278	1:00:18	184	M	58	M40	
333	BRYONY	NICHOLLS	274	1:00:37	272	1:00:01	90	F	52	FSNR	
336	PETER	NICHOLSON	275	1:00:42	279	1:00:20	185	M	59	M40	
431	GORDON	THORBURN	276	1:00:47	274	1:00:04	186	M	21	M50	
204	EMMA	IRVING	277	1:00:50	273	1:00:03	91	F	53	FSNR	

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344	JENNIFER	OBRIEN	278	1:00:57	289	1:00:50	92	F	54	FSNR	
289	DAVID	MCGINN	279	1:01:01	281	1:00:24	187	M	60	M40	
462	LEANNE	WOODFORD	280	1:01:06	290	1:00:54	93	F	55	FSNR	
67	TONY	CARRIGAN	281	1:01:06	276	1:00:15	188	M	61	M40	
343	JANE	OAKLEY	282	1:01:07	283	1:00:26	94	F	34	F40	HOWGILL HARRIERS
243	BECKY	KIRKBRIDE	283	1:01:08	282	1:00:25	95	F	56	FSNR	
341	BEN	NORTH	284	1:01:08	288	1:00:44	189	M	103	MSNR	
212	DI	JACKSON	285	1:01:08	280	1:00:23	96	F	57	FSNR	
111	MELANIE	DOWDELL	286	1:01:09	277	1:00:16	97	F	35	F40	
126	ANDREA	FELL	287	1:01:16	286	1:00:41	98	F	36	F40	CUMBERLAND AC
175	WENDY	HEAP	288	1:01:21	284	1:00:30	99	F	37	F40	MILITARY X TRAINING
77	SUE	CHAPPELL	289	1:01:27	285	1:00:39	100	F	38	F40	
365	TRACEY	PYPER	290	1:01:28	287	1:00:43	101	F	39	F40	
134	ELIZABETH	FORSYTH	291	1:01:37	292	1:00:57	102	F	6	F50	CARLISLE TRI CLUB
335	EMMA	NICHOLSON	292	1:01:43	291	1:00:55	103	F	58	FSNR	
185	LYNN	HETHERINGTON	293	1:01:46	293	1:00:59	104	F	59	FSNR	
37	SARAH	BELL	294	1:01:53	294	1:01:06	105	F	60	FSNR	
88	REBECCA	CRELLIN	295	1:01:58	304	1:01:53	106	F	61	FSNR	
339	COLIN	NOBLE	296	1:02:06	305	1:02:00	190	M	62	M40	
173	MARTYN	HARRISON	297	1:02:06	306	1:02:02	191	M	104	MSNR	
410	KATE	STARK	298	1:02:09	297	1:01:31	107	F	62	FSNR	
317	REBECCA	MORGAN	299	1:02:10	302	1:01:48	108	F	63	FSNR	
355	JO	PENNINGTON	300	1:02:14	295	1:01:21	109	F	64	FSNR	DUMFRIES RUNNING CLUB
119	ALISON	EVANS	301	1:02:16	300	1:01:45	110	F	40	F40	
16	DAVID	ASHWORTH	302	1:02:22	308	1:02:10	192	M	105	MSNR	
478	IBBOTSON	KAREN	303	1:02:27	298	1:01:36	111	F	7	F50	
57	ANDREW	BURDEN	304	1:02:28	296	1:01:28	193	M	63	M40	
281	JUSTINE	MATHERS	305	1:02:30	299	1:01:42	112	F	65	FSNR	
364	DAVID	PRING	306	1:02:32	303	1:01:49	194	M	106	MSNR	
495	HARGREAVES	ROBIN	307	1:02:39	301	1:01:47	195	M	64	M40	
378	LOUISE	ROBERTSON	308	1:02:45	307	1:02:06	113	F	66	FSNR	
492	ROBERTSON	IAN	309	1:02:58	309	1:02:17	196	M	22	M50	
41	LINDSAY	BISHOP	310	1:03:00	310	1:02:29	114	F	67	FSNR	
6	CATHERINE	ALDERSON	311	1:03:01	311	1:02:33	197	M	23	M50	
443	MEL	WARWICK	312	1:03:03	312	1:02:33	115	F	68	FSNR	SANDS CENTRE RUNNING CLUB

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342	BRADSHAW	JUDITH	313	1:03:03	313	1:02:34	116	F	41	F40	
423	JENNA	TAYLOR	314	1:03:15	320	1:03:15	117	F	69	FSNR	UNATT
245	AMANDA	KIRTLEY	315	1:03:18	314	1:02:43	118	F	42	F40	
20	KATIE	BAILEY	316	1:03:23	316	1:02:48	119	F	70	FSNR	CUMBERLAND AC
255	RACHEL	LEE	317	1:03:23	317	1:03:04	120	F	8	F50	DH RUNNERS
391	JONNY	SHEARD	318	1:03:24	318	1:03:04	198	M	107	MSNR	
283	JOANNE	MATTINSON	319	1:03:32	315	1:02:44	121	F	71	FSNR	
122	MIKE	FARREN	320	1:03:39	321	1:03:16	199	M	108	MSNR	
118	REBECCA	ERRINGTON	321	1:03:49	319	1:03:11	122	F	72	FSNR	
465	SUSAN	WRIGHT	322	1:03:59	322	1:03:28	123	F	43	F40	
200	BILL	HUTCHINSON	323	1:04:10	323	1:03:31	200	M	5	M60	
104	WILLIAM	DOIDGE	324	1:04:31	325	1:03:51	201	M	6	M60	LOW FELL R C
244	CARRIEANN	KIRKUP	325	1:04:33	324	1:03:35	124	F	73	FSNR	
103	BARBARA	DOIDGE	326	1:04:33	326	1:03:53	125	F	9	F50	LOW FELL R C
60	CAROLE	BURNIE	327	1:04:38	328	1:04:03	126	F	10	F50	CUMBERLAND AC
236	VICKY	KENDALL	328	1:04:41	329	1:04:03	127	F	74	FSNR	
403	LOUISE	SOONES	329	1:04:42	330	1:04:04	128	F	75	FSNR	
422	HELEN	TAYLOR	330	1:04:49	340	1:04:38	129	F	44	F40	
65	RACHEL	CAMERON	331	1:04:52	335	1:04:21	130	F	76	FSNR	
80	PATRICIA	COATES	332	1:04:53	327	1:03:57	131	F	11	F50	
149	JOANNE	GOODFELLOW	333	1:04:55	331	1:04:07	132	F	77	FSNR	
107	KELLY	DORAN	334	1:04:55	332	1:04:08	133	F	78	FSNR	
234	DAVID	KEENAN	335	1:05:03	333	1:04:13	202	M	7	M60	
411	LORNA	STEAD	336	1:05:03	339	1:04:36	134	F	79	FSNR	
486	NICHOLSON	JILL	337	1:05:08	334	1:04:19	135	F	45	F40	
52	GILL	BROWN	338	1:05:08	336	1:04:25	136	F	1	F60	KESWICK A C
235	NICCI	KELSALL	339	1:05:13	341	1:04:51	137	F	80	FSNR	
353	KAREN	PEARSON	340	1:05:15	344	1:05:07	138	F	81	FSNR	
308	ZOE	MILLS	341	1:05:22	337	1:04:34	203	M	65	M40	
481	SULLIVAN	WENDY	342	1:05:24	345	1:05:15	139	F	12	F50	
233	ANDREA	KEENAN	343	1:05:31	338	1:04:34	140	F	46	F40	
246	BEATA	KNYCHALA	344	1:05:39	342	1:04:54	141	F	82	FSNR	
192	JULIE	HOLLIS	345	1:05:51	343	1:04:57	142	F	47	F40	
117	NINA	ERRINGTON	346	1:05:55	346	1:05:15	143	F	83	FSNR	
201	JO	HUTCHINSON	347	1:05:57	347	1:05:18	144	F	2	F60	

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112	MARK	DRUMMOND	348	1:06:11	348	1:05:31	204	M	109	MSNR	
301	LINDSAY	MICHELE	349	1:06:29	356	1:06:02	145	F			
97	KATIE	DAVIS	350	1:06:29	352	1:05:55	146	F	84	FSNR	
74	CHERYL	CHANEY	351	1:06:29	355	1:06:01	147	F	85	FSNR	
231	TINA	KAVANAGH	352	1:06:29	353	1:05:55	148	F	86	FSNR	
290	KAREN	MCINTYRE	353	1:06:29	351	1:05:54	149	F	87	FSNR	
493	CANNON	MICHAEL	354	1:06:32	349	1:05:40	205	M	66	M40	
494	LENNOX	JOHN	355	1:06:32	350	1:05:40	206	M	67	M40	
139	REBECCA	FRANCIS	356	1:06:43	354	1:05:57	150	F	88	FSNR	
388	KATH	SAUNDERS	357	1:06:45	358	1:06:06	151	F	13	F50	
138	CHARLIE	FRANCIS	358	1:06:51	357	1:06:05	207	M	24	M50	
5	STEVEN	GAUGHY	359	1:06:54	359	1:06:08	208	M	110	MSNR	
132	VIVIENNE	FORSTER	360	1:06:59	361	1:06:20	152	F	48	F40	CARLISLE TRI
209	ADELE	IRWIN	361	1:07:05	366	1:06:51	153	F	49	F40	
475	BRADFORD	CHRISTOPHER	362	1:07:06	360	1:06:08	209	M	68	M40	
421	MELISSA	TAGGART	363	1:07:12	362	1:06:22	154	F	89	FSNR	
99	CHERYL	DE VAAL	364	1:07:22	364	1:06:38	155	F	90	FSNR	
405	NICOLA	SPEIRS	365	1:07:27	365	1:06:39	156	F	91	FSNR	DUMFRIES HARRIERS
476	BRADFORD	STEVEN	366	1:07:32	363	1:06:34	210	M	111	MSNR	
14	STUART	ARMSTRONG	367	1:07:39	367	1:07:06	211	M	112	MSNR	
272	AMANDA	MACDONALD	368	1:07:47	369	1:07:38	157	F	92	FSNR	
208	SHARON	IRVING	369	1:07:49	368	1:07:11	158	F	93	FSNR	
418	SHAUNA	SULLIVAN	370	1:07:51	371	1:07:42	159	F	94	FSNR	
24	CELIDH	BARRON	371	1:07:55	372	1:07:42	160	F	95	FSNR	
124	BRIONY	FAWCETT	372	1:08:14	373	1:07:52	161	F	96	FSNR	
123	ANGELA	FAWCETT	373	1:08:15	374	1:07:53	162	F	97	FSNR	
367	REBECCA	QUIN	374	1:08:23	375	1:07:57	163	F	98	FSNR	
357	ANNE	PILKINGTON	375	1:08:24	370	1:07:41	164	F	99	FSNR	
62	HEATHER	BURRIDGE	376	1:08:27	379	1:08:10	165	F	50	F40	
259	HADDOCK	LESLEY	377	1:08:31	377	1:08:04	166	F	51	F40	
287	MARK	MCCREADY	378	1:08:35	376	1:08:01	212	M	113	MSNR	
271	JOANNE	LLOYD	379	1:08:40	380	1:08:15	167	F	100	FSNR	
358	BARBARA	PINGUEY	380	1:08:41	378	1:08:07	168	F	101	FSNR	
17	MARIE	BADDICK	381	1:09:17	381	1:08:49	169	F	102	FSNR	
193	LORNA	HOOK	382	1:09:18	382	1:08:49	170	F	52	F40	

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348	LAUREN	PARKER	383	1:10:11	383	1:09:44	171	F	103	FSNR	
89	EMILY	CRIBBIN	384	1:11:11	385	1:10:46	172	F	104	FSNR	
35	JOYCE	BELL	385	1:11:22	391	1:11:04	173	F	53	F40	
163	MICHELLE	HALL	386	1:11:22	390	1:11:03	174	F	54	F40	
2	JACQUI	AIREY	387	1:11:32	394	1:11:10	175	F	55	F40	
295	ROBERT	MCMILLAN	388	1:11:38	386	1:10:49	213	M	69	M40	
349	RUTH	PARKER	389	1:11:39	395	1:11:11	176	F	14	F50	
70	PAULA	CARRUTHERS	390	1:11:39	384	1:10:42	177	F	105	FSNR	
203	EMMA	ILLING	391	1:11:41	392	1:11:05	178	F	106	FSNR	
404	EMMA	SPEEDING	392	1:11:41	388	1:10:58	179	F	107	FSNR	
442	KERRY	WARD	393	1:11:43	393	1:11:07	180	F	108	FSNR	
401	SALLY	SNEDDON	394	1:11:46	387	1:10:57	181	F	56	F40	
177	CLAIRE	HEGGIE	395	1:11:49	389	1:10:58	182	F	109	FSNR	
239	HISLOP	DONNA	396	1:12:08	396	1:11:40	183	F	57	F40	
221	EVE	JOHNSON	397	1:12:08	397	1:11:41	184	F	110	FSNR	
217	CAROLINE	JARDINE	398	1:12:08	398	1:11:41	185	F	111	FSNR	
248	DAWN	LAMB	399	1:12:08	399	1:11:41	186	F	112	FSNR	
27	ALI	BAXTER	400	1:13:30	400	1:12:34	187	F	113	FSNR	
303	ALISON	MILLER	401	1:13:31	401	1:12:34	188	F	114	FSNR	
305	HOLLY	MILLS	402	1:13:36	402	1:13:13	189	F	115	FSNR	
424	PAUL	TEBBUTT	403	1:13:39	403	1:13:19	214	M	114	MSNR	
318	BETH	MORRIS	404	1:13:52	406	1:13:36	190	F	116	FSNR	
161	AMANDA	HALL	405	1:14:25	404	1:13:34	191	F	58	F40	
268	HAZEL	LIVINGSTONE	406	1:14:25	405	1:13:34	192	F	3	F60	
337	CHRIS	NIXON	407	1:14:29	407	1:14:16	215	M	115	MSNR	
258	JANE	LENZA	408	1:15:09	408	1:14:16	193	F	15	F50	
312	VAL	MITCHELL	409	1:15:09	409	1:14:16	194	F	4	F60	DUMFRIES HARRIERS
167	DAVID	HANTON	410	1:17:09	411	1:16:53	216	M	70	M40	
408	BRENDAN	STANWELL	411	1:17:25	410	1:16:40	217	M	116	MSNR	
158	KYLE	GRIEVE	412	1:17:31	413	1:17:17	218	M	117	MSNR	
269	DARREN	LLOYD	413	1:17:36	414	1:17:17	219	M	71	M40	
219	WENDY	JARDINE	414	1:17:36	415	1:17:18	195	F	117	FSNR	
121	DEBRA	FAIRLAMB	415	1:17:37	412	1:17:16	196	F	59	F40	
4	EMMA	AITKEN	416	1:18:06	417	1:17:47	197	F	118	FSNR	
407	MICHELLE	STACY	417	1:18:16	416	1:17:27	198	F	60	F40	

Cross Border 10K Challenge 2013

Gretna to Carlisle

Sunday 21st July, 2013

BIB	FORENAME	SURNAME	RANK	GUN TIME	CHIP RANK	CHIP TIME	GEN POS	GENDER	CAT POS	CATEGORY	CLUB
82	RICHARD	COLLINS-BUTTERW	418	1:18:33	418	1:17:50	220	M	72	M40	
266	KATIE	LITTLE	419	1:18:56	421	1:18:26	199	F	119	FSNR	
263	DAVID	LITTLE	420	1:18:56	420	1:18:26	221	M	73	M40	
3	LYNSAY	AITCHISON	421	1:19:00	419	1:18:21	200	F	120	FSNR	
420	CHERIE	SYKES	422	1:19:03	422	1:18:32	201	F	61	F40	
429	SUZANNE	THOMPSON	423	1:19:39	423	1:19:02	202	F	121	FSNR	
72	SASHA	HUGHES	424	1:19:47	425	1:19:29	203	F	122	FSNR	
372	EMMA	RICHARDSON	425	1:20:03	426	1:19:34	204	F	123	FSNR	
78	STEVEN	CLARINGBOLD	426	1:20:03	424	1:19:26	222	M	118	MSNR	DH RUNNERS
347	RACHEL	PARK	427	1:20:15	427	1:20:03	205	F	124	FSNR	
227	REBECCA	JOHNSTONE	428	1:21:41	428	1:21:02	206	F	125	FSNR	
371	KAREN	RICH	429	1:22:39	429	1:22:18	207	F	126	FSNR	
242	MELISSA	KIRK	430	1:22:40	430	1:22:22	208	F	127	FSNR	
166	DAVE	HANDYSIDE	431	1:23:04	431	1:22:22	223	M	74	M40	
376	CLAIRE	RIPLEY	432	1:24:52	432	1:24:08	209	F	128	FSNR	RED TOMATO RUNNING CLUB
373	JAMIE	RICHARDSON	433	1:25:36	433	1:24:57	210	F	129	FSNR	
222	ALISON	JOHNSTON	434	1:27:03	434	1:26:12	211	F	130	FSNR	
409	LIZ	STANWELL	435	1:28:19	435	1:27:35	212	F	131	FSNR	THE RED TOMATO RUNNING CLUB
84	VANESSA	CONNELL	436	1:31:05	436	1:30:47	213	F	16	F50	
386	MARGARET	SALAMAN	437	1:31:05	437	1:30:48	214	F	62	F40	
1	SUSAN	ADAMS	438	1:31:06	438	1:30:48	215	F	132	FSNR	
285	ALAINA	MCADAM	439	1:47:25	439	1:46:43	216	F	133	FSNR	